



GDI-8523-02 / GDI-8523-03 / GDI-8523-04

GDI-8526-02 / GDI-8526-03 / GDI-8526-04

3 & 6 Person Hybrid Saunas



Owner's Manual

SAUNA IS FOR INDOOR/OUTDOOR USE
240VAC 40AMP Circuit Required

Carefully and thoroughly read this Owner's Manual before using/operating the sauna. We recommend keeping this Owner's Manual for regular review and future reference. Follow your local codes and ordinances. The stove heater power requirements do vary among manufacturer. The stove heater must be installed by a certified licensed electrician per the manufacturer's manual. The stove heater must be installed per the electrical code in your area with reference to the breaker and wire sizes. Models are subject to change.

Thank you for your purchase. As you remove the parts from the boxes, be sure to examine them for damages. If your unit has any damages or missing parts, please contact Golden Designs Inc. See the Warranty section for more information.

A Certified Licensed Electrician will be needed to install the electrical wiring. Due to the heat of the sauna, it is required that copper wire with 90° Celsius rating be used. Aluminum wiring cannot be used in this application. Consult with your electrician regarding the electrical requirements in your area. All wiring must be in accordance with all national, state, and local codes and regulations. Your electrician will supply the needed wiring and connections.

Excluding models specifically designed to be placed directly in the outdoor weather elements, your sauna can be placed either indoors or outdoors. Sauna models without a specific outdoor roofing cannot be placed directly in the weather elements. These models, if placed outdoors, can be placed under a covered structural such as a patio. Before assembling, make sure the surface in which the sauna will be placed on is level/dry and can support the weight of the sauna and its occupants. **The entire floor panel of the sauna room must be completely level and well supported.** We recommend a concrete base or wood deck to support the sauna. If you will be placing the sauna directly on the ground, you must use such materials as concrete cinder blocks or other similar supporting structure to prevent the sauna from settling into the ground over time.

For sauna models specifically designed to be outdoors and those with exterior wood construction, these models can withstand the weather elements. For models with exterior wood panels, the exterior will need to be properly maintained regularly by applying a water repellent sealant to the exterior wood within a month of assembly and 2-3 times per year from there on. The outdoor model saunas were designed to be placed in the rain and sun. Please note that the natural weathering elements will change the color of the wood over time. For sauna models placed directly in the weather elements, you will have some water seepage. The water seepage will not damage the sauna and usually dries quickly when the sauna is in operation. Do not use outdoor sauna models during rain storms.

The information provided in this Owner's Manual is for informational purposes only and may not be construed as medical advice or instruction. The information is not recommended for any particular treatment and in all cases, it is recommended that you consult with your medical physician before using. This product does not constitute or imply any medical endorsement. Persons with surgical implants (metal pins/rods, artificial joints, silicone, or other types of surgical implants) typically do not experience any adverse effects, but should also consult their medical physician or surgeon before using the sauna room. The pictures and diagrams shown within this Owner's Manual are representations of this model(s). Actual model may vary.

FOLLOW ALL INSTRUCTIONS AND BE CAUTIOUS OF SAFETY SYMBOLS.
All electrical wiring must be performed by a certified licensed electrician.
Although this manual is a universal manual, the information within this manual is applicable to each sauna.



High Voltage Symbol: Be cautious as there is the presence of a high voltage current that flows through the equipment!



General Caution Symbol: Be cautious as the equipment uses electrical current that can cause serious injury.

ATTENTION

⚠ WARNING

1. Please read this Owner's Manual thoroughly before use. This will allow the user to become familiar with the operation of the control system. Please keep the Owner's Manual available for future reference. If any technical assistance or repairing is needed, please contact the manufacturer.
2. The sauna can be installed indoors or can be installed outdoors. If installed outdoors and over time, water may seep into the sauna room. When not in use and placed outdoors, a rain cover is recommended to cover the sauna room if your model does not come with an actual outdoor roof. Please note that water seepage will not hurt the wood and will usually dry quickly due to the heated environment. If you want to keep the sauna completely dry, you will need to install the sauna under a covered structure.
3. To reduce the risk of electric shock and/or fire, do not expose the control system to direct water contact or rain. Do not open the cover to the control system as there are high tension fittings that can be dangerous. Only dealer authorized qualified technicians should make any needed or necessary repairs at any time.
4. Any repairs, alterations, or modifications to the control system are not authorized unless by an approved repair technician. Any non-authorized repairs, alterations, or modifications can lead to serious injuries and can cause the unit to work outside its intended specification parameters.
5. Any non-authorized repairs, alterations, or modifications will void the warranty.
6. Before connecting the unit to a power source, please make sure that all wires, cords, and connections are connected properly. If there are any concerns, please consult with a certified electrician.
7. Make sure that the sauna is placed in a well-ventilated area. It should not be placed in an area with other thermal-radiating objects. Make sure that the vents will not be obstructed for proper air flow.

8. When the equipment is not going to be used for an extended period of time, you can disconnect the sauna from the power source or turn OFF the dedicated circuit breaker.
9. Allow 30 seconds between turning the control system “On” and “Off”. By allowing 30 seconds between powering the control system “On” and “Off” will prolong the life of the unit.
10. Confirm that you adhere to the correct power requirements of the control system. Connecting the control system to other than the required voltage can damage the control system and possibly cause serious injury. It is very important that the load parameters are consistent with that needed by the control system. Always consult with a certified electrician.
11. Canadian Red Cedar (pertaining only to sauna models constructed of Red Cedar) and its rich aroma can cause an extremely small percentage of the population to have an adverse reaction known as Multiple Chemical Sensitivity (MCS). While this is not a universally recognized disorder in the medical field, certain consumers have an adverse physical reaction to low levels of many common chemicals and cannot tolerate any aromatic oils, shampoos with perfumes infused or certain herbs with natural aromas. However, for the majority of the population, Canadian Red Cedar is the sauna wood of choice.
12. Children must use the sauna under the care of adults and only after consulting with a medical doctor. Never play in or around the sauna. Never put animals into the sauna room.
13. The power cord and plug must be located out of the reach of children and away from any water source. Please consult with a certified electrician for safety concerns.
14. Never insert body parts or any other objects into the heater. Never put any foreign objects on or in the heater. Please follow the heater instructions and safety precautions.
15. Never use or store flammable liquids/gases near or inside the sauna.
16. Never store items or objects on top of the sauna.
17. Never use the sauna or heater if the power cord is damaged. Contact Customer Service immediately and do not use the sauna.
18. Never touch the control panel, heater parts, or any electrical parts with wet hands.
19. Never use the sauna in a weather storm.
20. Make sure that the sauna sits on a level surface and the surface can support the weight of the sauna (when filled with users) which can exceed 1000 lbs. A concrete slab, concrete pavers, gravel, cinder blocks, or solid wood deck is always best for outdoor installations. In addition, be sure that the support cradles rest on cinder blocks or other structures so as to prevent sinking/settling into the ground.
21. For every (4) hours of use, the sauna should be shut down for (1) to prevent overheating and premature deterioration of the equipment.
22. Never complete unauthorized repairs on the sauna or the heater.

- 23.** Never use the sauna in combination with alcohol, medication, or drugs.
- 24.** Pregnant women should never use the sauna. Women should also not use the sauna during their menstrual cycle.
- 25.** If you have any medical condition, you must consult with your medical doctor before using the sauna.
- 26.** Be cautious not to over extend yourself after an intense exercise workout by using the sauna. You can let the body cool down for 10 - 20 minutes before entering the sauna. Do not spend more than 40 minutes in the sauna at any one time.
- 27.** Prolonged exposure to high temperatures can cause burns. Stop using the sauna immediately if you experience overheating, dizziness, weakness, sleepiness, or fainting.
- 28.** Consult with your medical doctor before using the sauna if you suffer from diabetes, blood circulation disease, blood pressure issues, heart disease, or obesity.
- 29.** Watch your head when entering and exiting the sauna.
- 30.** Never clean the sauna with chemical-based cleaners or detergents. You can clean the sauna with any non-toxic, water-based cleaners.
- 31.** Make sure the vents are always unobstructed.
- 32.** Being that the sauna will operate in different climates (some areas are colder than others), it is not recommended to use the Infrared sauna above 140 degrees Fahrenheit / 60 degrees Celsius and the traditional sauna above 190 degrees Fahrenheit / 88 degrees Celsius.
- 33.** To avoid a hazard, do clean the sauna floor of all perspiration and debris after each sauna session.

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WARNING: Visually inspect all heaters before assembly to make sure they are not damaged. Any excessive vibrations during transport could cause damage to the heating elements. **DO NOT START** the sauna if damage is detected! Contact your dealer or manufacturer for troubleshooting and replacement parts. The wood is naturally resistant to the weather elements, but the weathering elements can affect the wood over time.

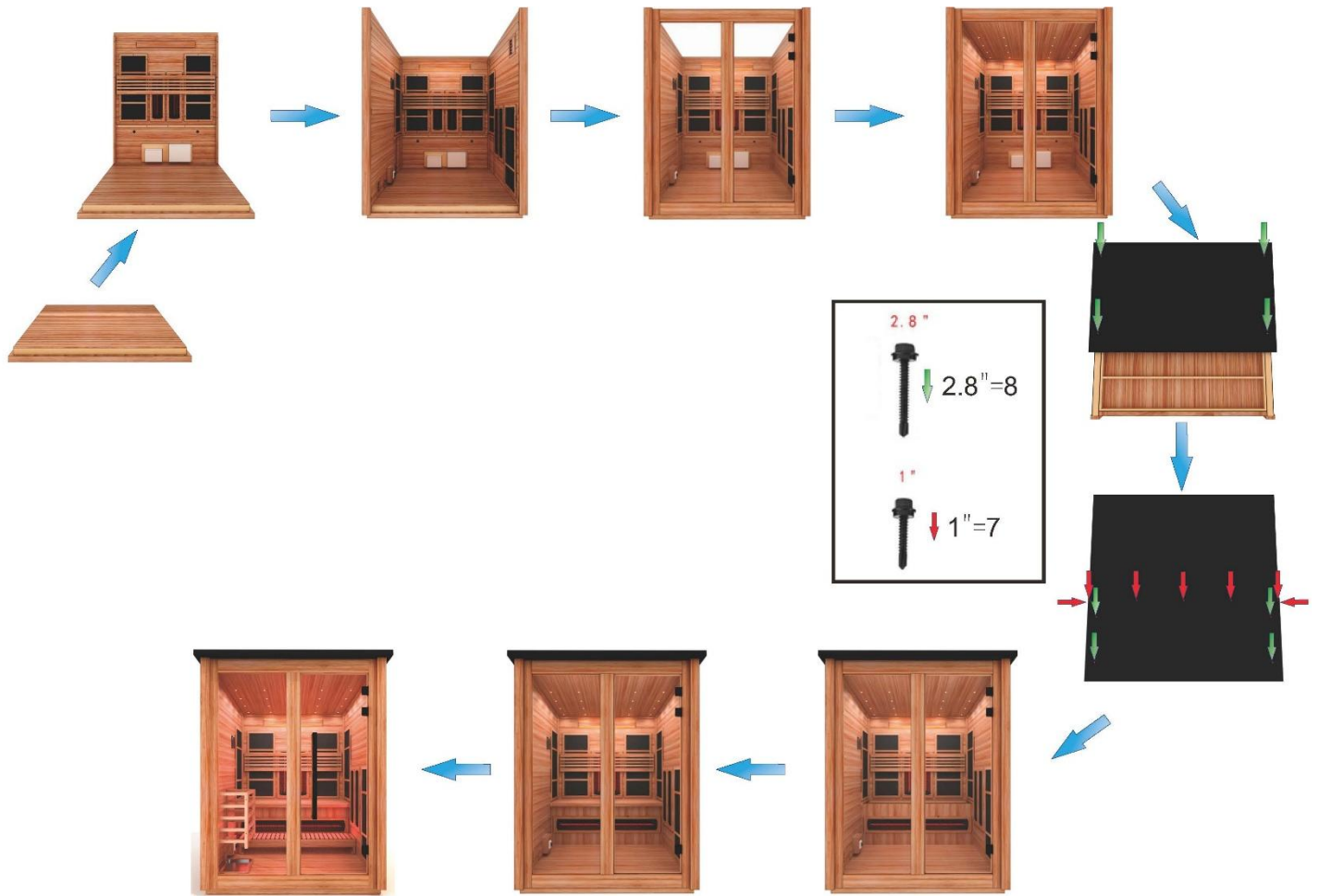
PLEASE NOTE: The pictures and diagrams shown within this owner's manual are representations of this model. Sauna Model GDI-8523-02/GDI-8526-02 was used in the making of this Owner's Manual. Actual models may vary. Design and construction are subject to change. If installed outdoors and over time, water may seep between the gaps of the construction. This would be considered normal. When not in use and placed outdoors, a water proof cover is recommended to cover the sauna room.

CAUTION: Exit Sauna Immediately If You Feel Dizzy, Sleepy, Or Any Discomfort.

PLEASE READ INSTRUCTIONS THOROUGHLY BEFORE ASSEMBLY

VISUAL ASSEMBLY DIAGRAM

GDI-8523-02 (SJ-8351)

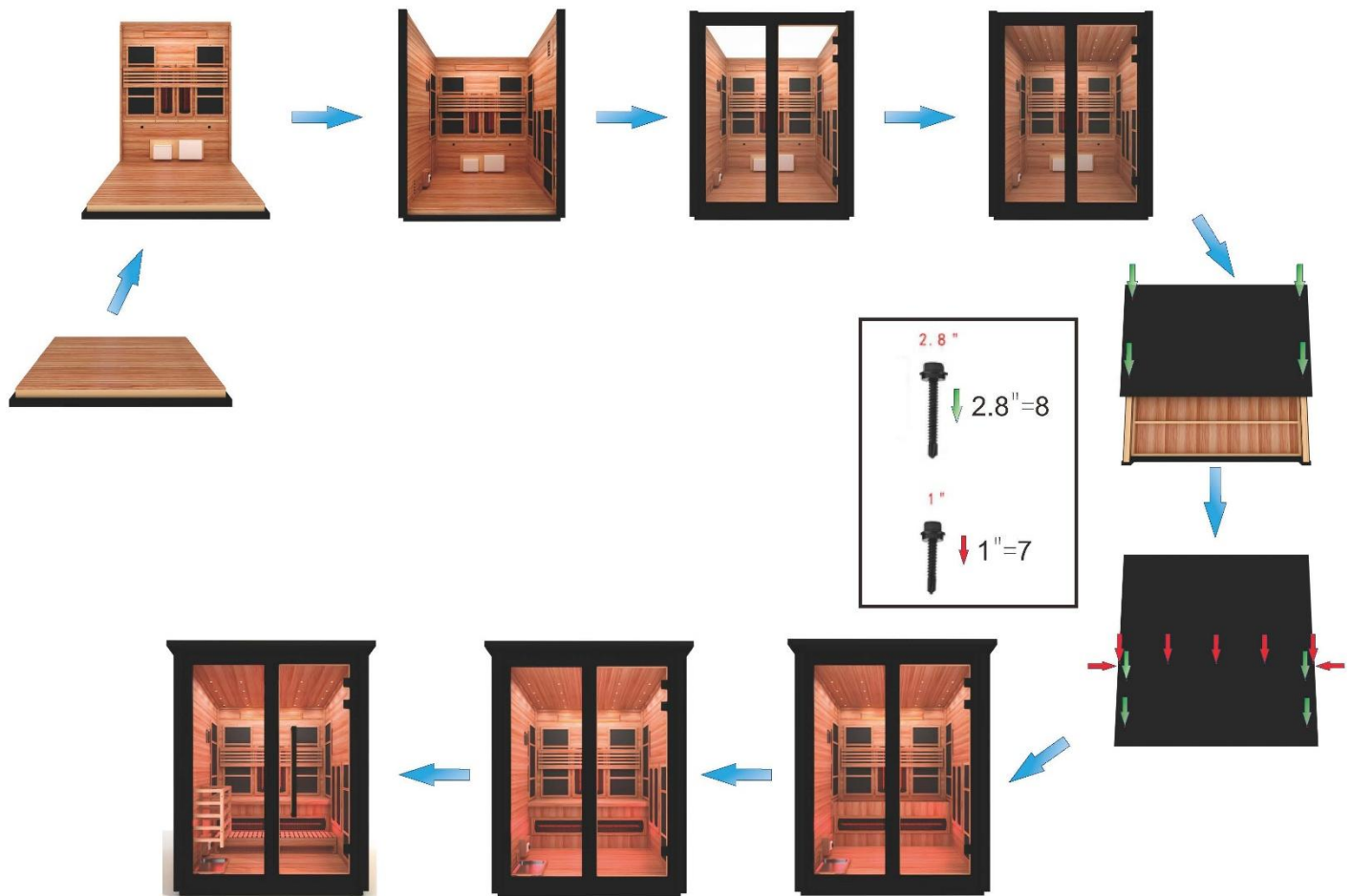


***THE ABOVE ASSEMBLY DIAGRAM IS FOR A QUICK REFERENCE VISUAL GUIDE ONLY. ALL SAUNA MODELS MAY NOT BE SHOWN. PARTS AND ACCESSORIES DO VARY AND ARE SUBJECT TO CHANGE. PLEASE NOTE THAT THE HEATER COMPONENTS ARE ALREADY MOUNTED ON THE WALL PANELS.**

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VISUAL ASSEMBLY DIAGRAM

GDI-8523-03 (SJ-8351)

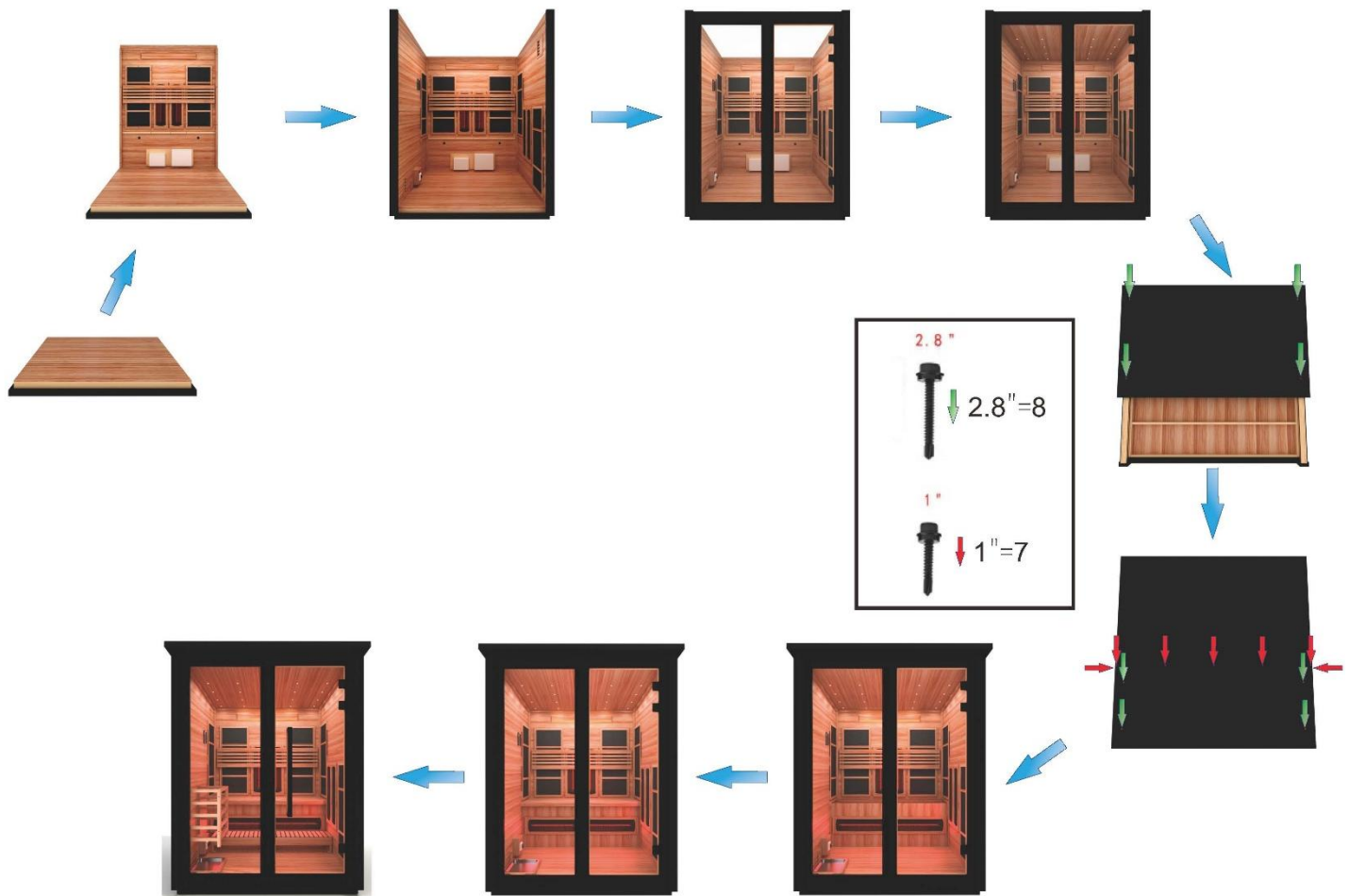


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VISUAL ASSEMBLY DIAGRAM

GDI-8523-04 (SJ-8351)

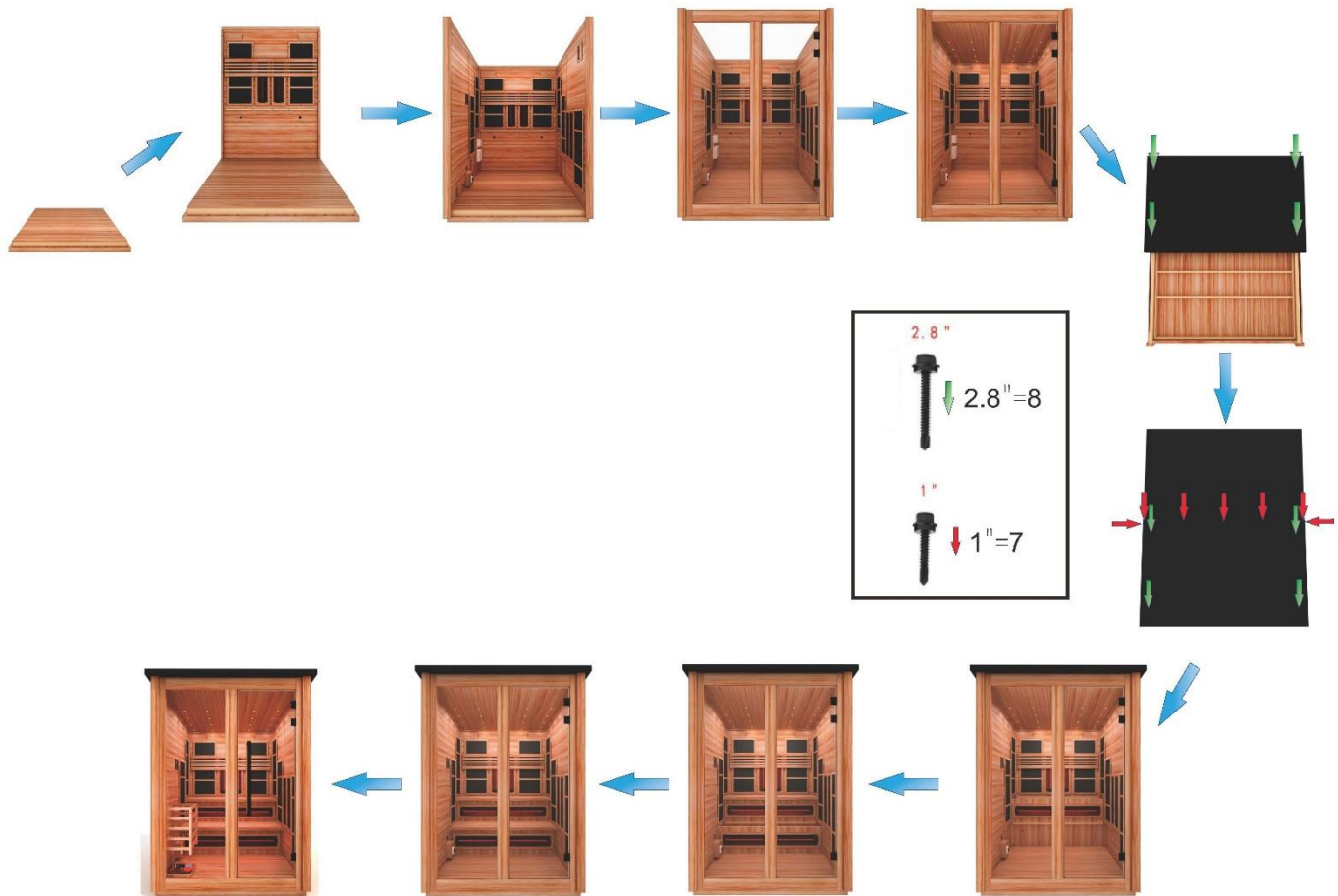


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VISUAL ASSEMBLY DIAGRAM

GDI-8526-02 (SJ-8451)

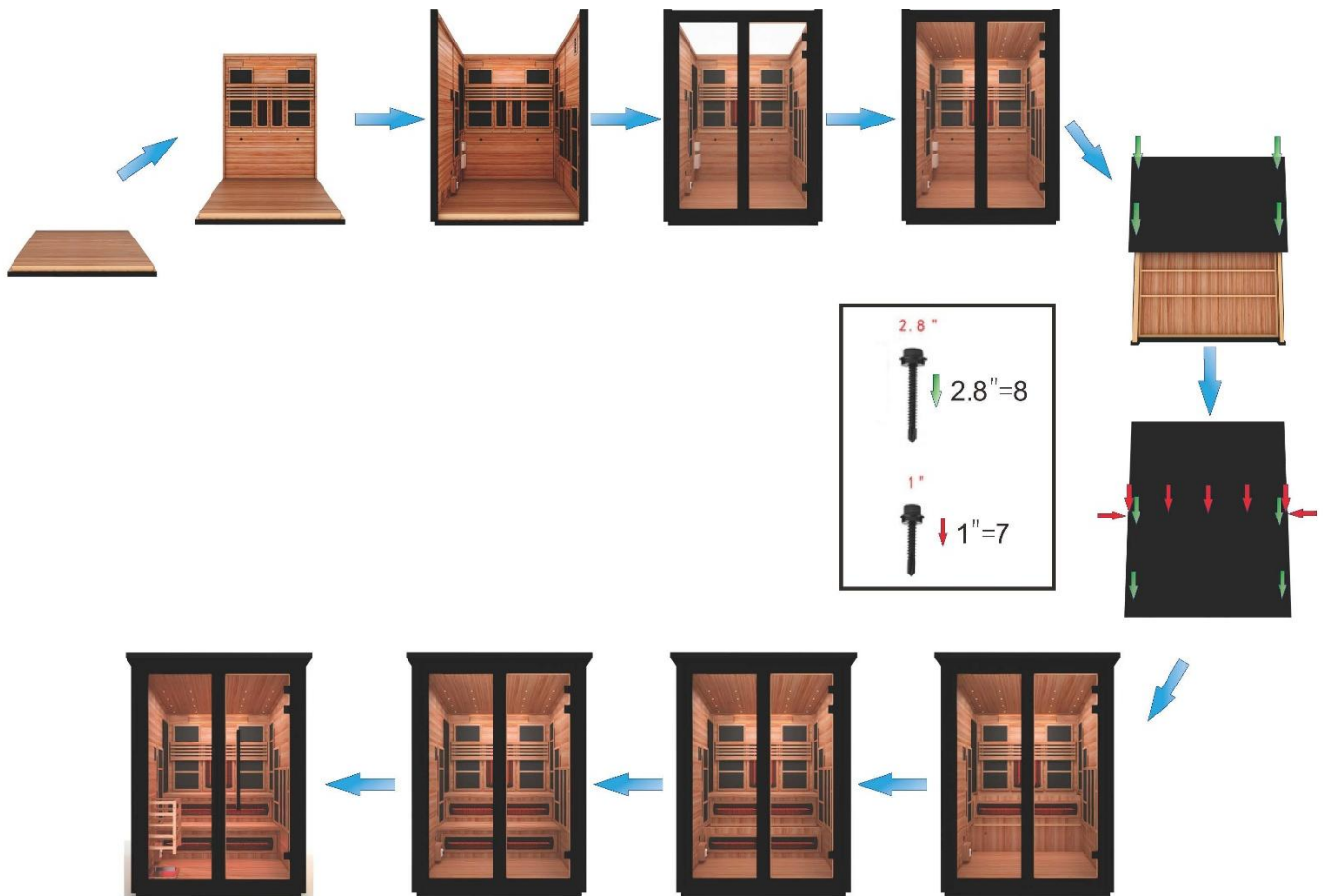


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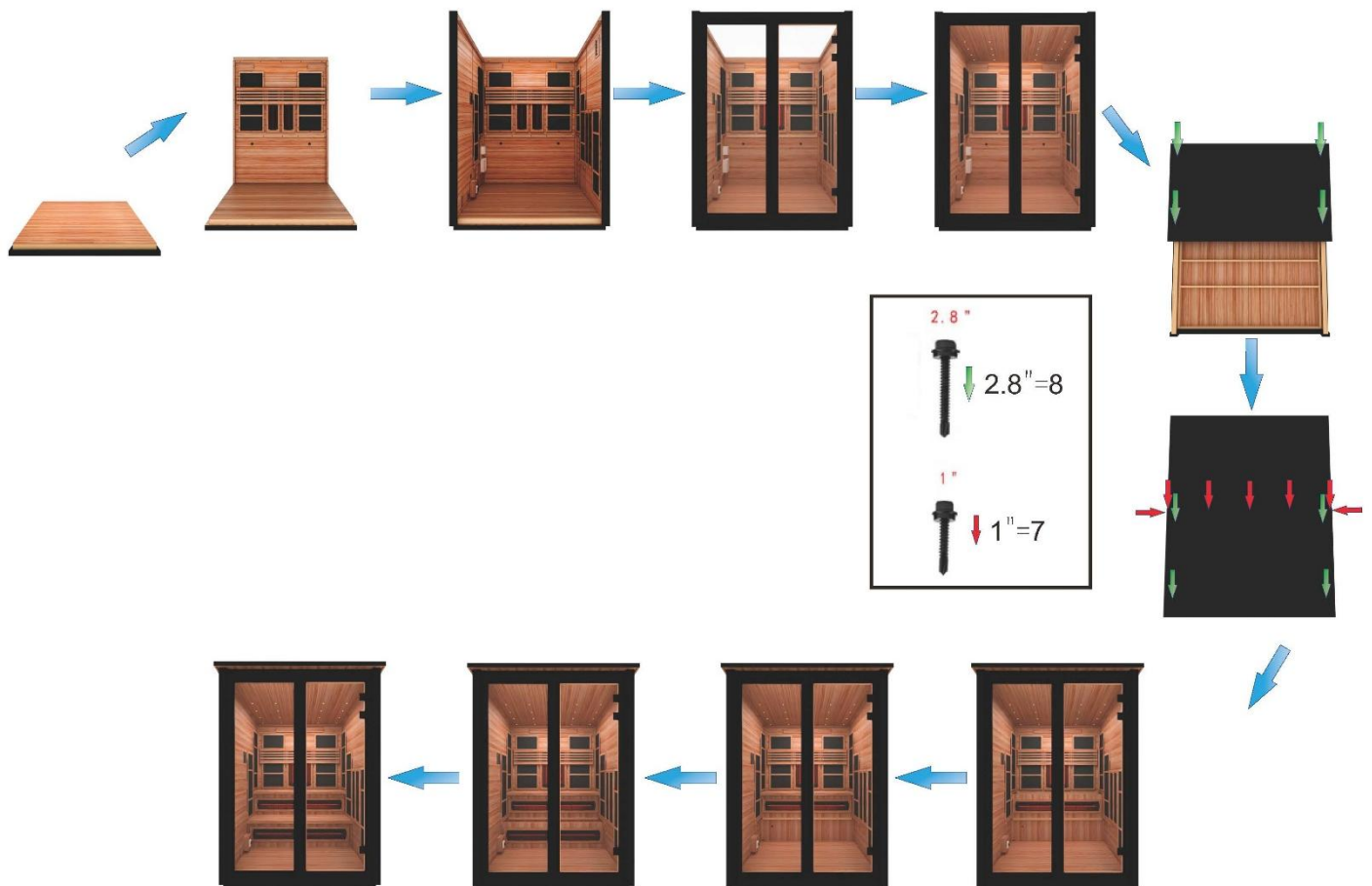


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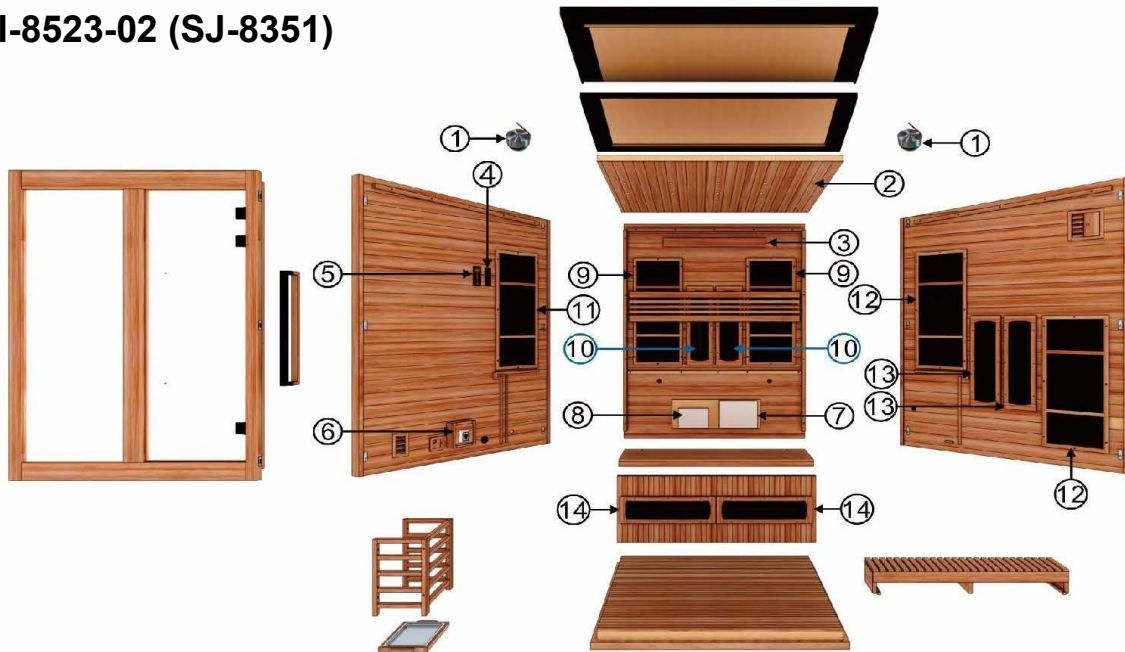


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SCHEMATIC

GDI-8523-02 (SJ-8351)



Electronic Components			
No.	Name	No.	Name
1	Speaker	6	Main Power Switch
2	Star Lighting	7	Power Supply for Lights
3	Accent Lighting	8	Power Supply for Infrared Heaters
4	Light Control Panel		
5	Infrared Heaters Control Panel		

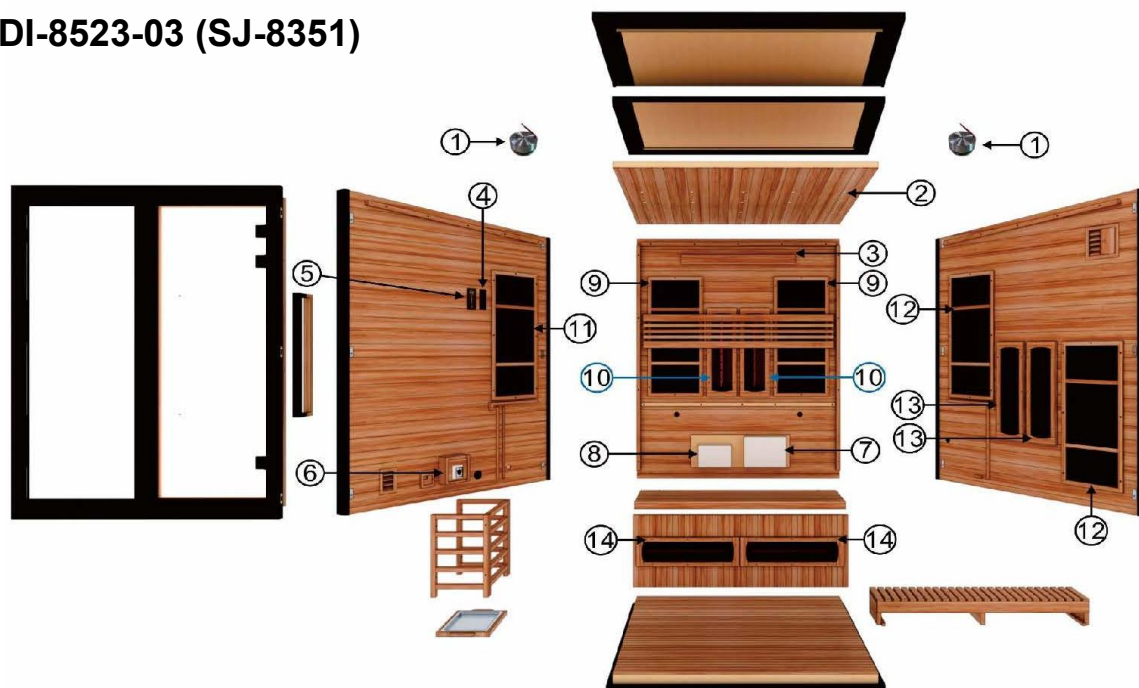
Power Layout			
Location	No.	Dimension	Name
Rear Wall Panel	9	1000*400mm=2Pcs	400W
	10	NIR Heater 700*300mm=2Pcs	400W
Left Wall Panel	11	1000*400mm=1Pc	400W
Right Wall Panel	12	1000*400mm=2Pcs	400W
	13	NIR Heater 700*300mm=2Pcs	400W
Bench Support	14	NIR Heater 700*300mm=2Pcs	400W
TOTAL			4400W

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4	Light Control Panel		
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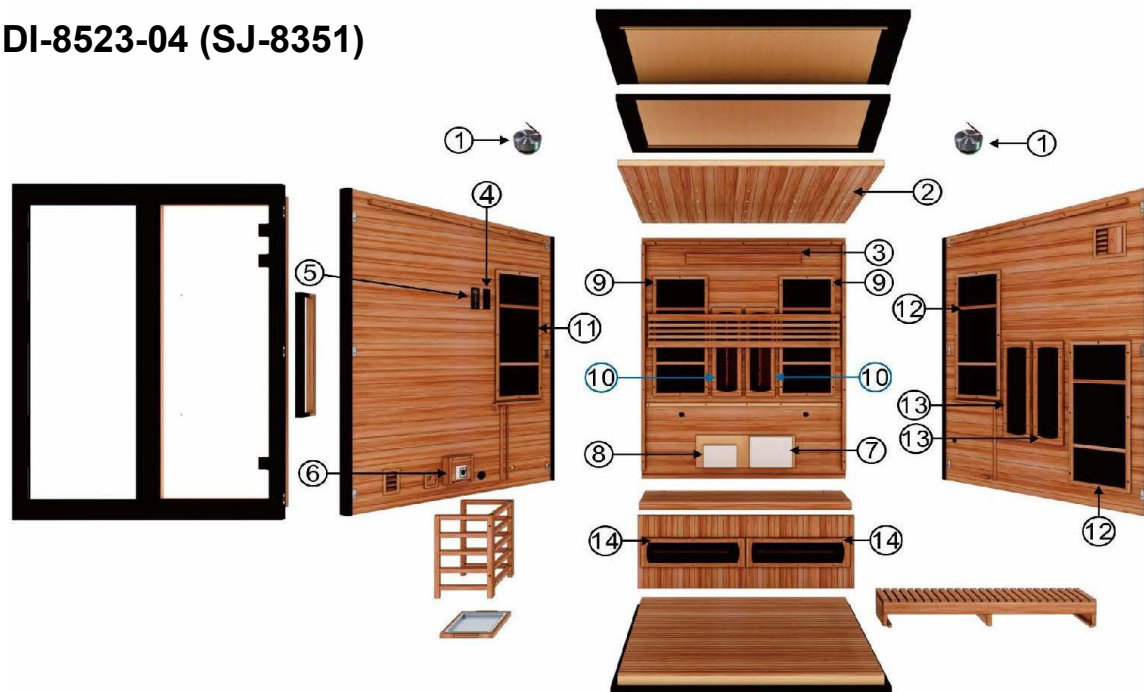
Power Layout			
Location	No.	Dimension	Name
Rear Wall Panel	9	1000*400mm=2Pcs	400W
	10	NIR Heater 700*300mm=2Pcs	400W
Left Wall Panel	11	1000*400mm=1Pc	400W
Right Wall Panel	12	1000*400mm=2Pcs	400W
	13	NIR Heater 700*300mm=2Pcs	400W
Bench Support	14	NIR Heater 700*300mm=2Pcs	400W
TOTAL			4400W

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SCHEMATIC

GDI-8523-04 (SJ-8351)



Electronic Components			
No.	Name	No.	Name
1	Speaker	6	Main Power Switch
2	Star Lighting	7	Power Supply for Lights
3	Accent Lighting	8	Power Supply for Infrared Heaters
4	Light Control Panel		
5	Infrared Heaters Control Panel		

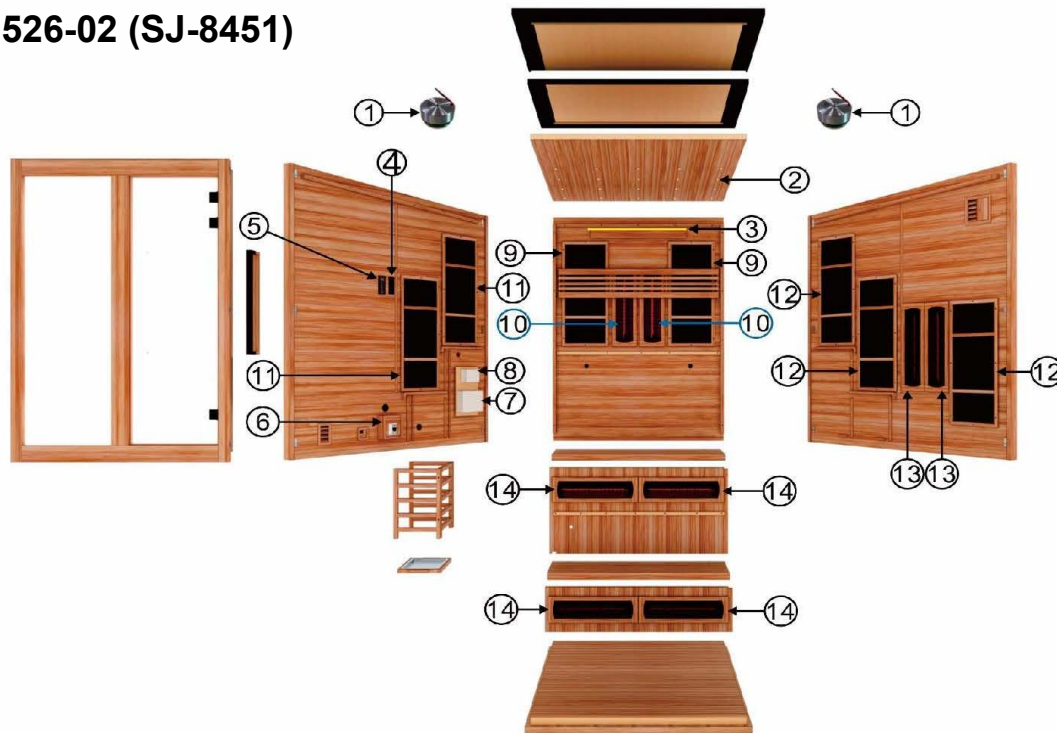
Power Layout			
Location	No.	Dimension	Name
Rear Wall Panel	9	1000*400mm=2Pcs	400W
	10	NIR Heater 700*300mm=2Pcs	400W
Left Wall Panel	11	1000*400mm=1Pc	400W
Right Wall Panel	12	1000*400mm=2Pcs	400W
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Bench Support	14	NIR Heater 700*300mm=2Pcs	400W
TOTAL			4400W

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SCHEMATIC

GDI-8526-02 (SJ-8451)



Electronic Components			
No.	Name	No.	Name
1	Speaker	6	Main Power Switch
2	Star Lighting	7	Power Supply for Lights
3	Accent Lighting	8	Power Supply for Infrared Heaters
4	Light Control Panel		
5	Infrared Heaters Control Panel		

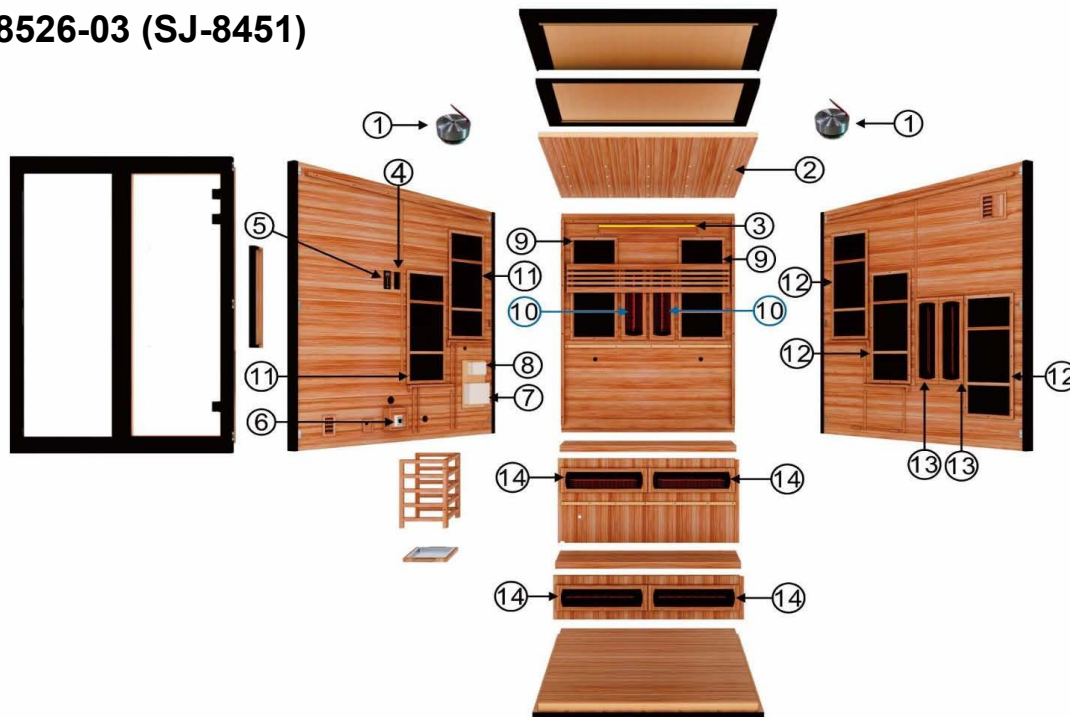
Power Layout			
Location	No.	Dimension	Name
Rear Wall Panel	9	1000*400mm=2Pcs	400W
	10	NIR Heater 700*300mm=2Pcs	400W
Left Wall Panel	11	1000*400mm=2Pcs	400W
Right Wall Panel	12	1000*400mm=3Pcs	400W
	13	NIR Heater 700*300mm=2Pcs	400W
Bench Support	14	NIR Heater 700*300mm=4Pcs	400W
TOTAL			6000W

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SCHEMATIC

GDI-8526-03 (SJ-8451)



Electronic Components			
No.	Name	No.	Name
1	Speaker	6	Main Power Switch
2	Star Lighting	7	Power Supply for Lights
3	Accent Lighting	8	Power Supply for Infrared Heaters
4	Light Control Panel		
5	Infrared Heaters Control Panel		

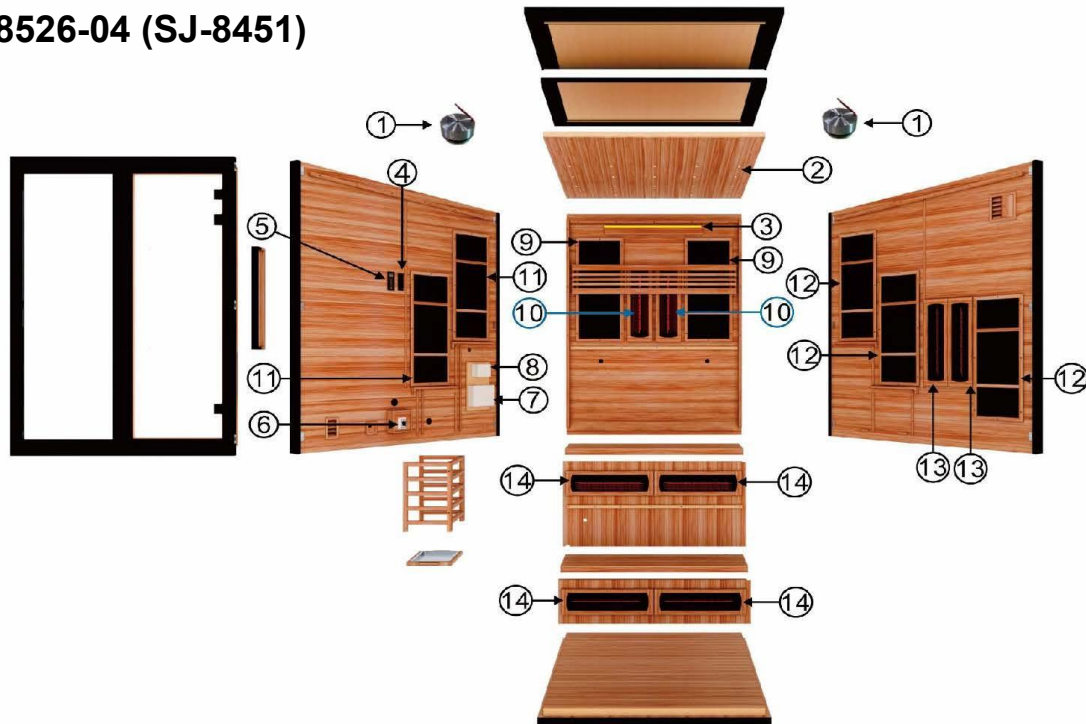
Power Layout			
Location	No.	Dimension	Name
Rear Wall Panel	9	1000*400mm=2Pcs	400W
	10	NIR Heater 700*300mm=2Pcs	400W
Left Wall Panel	11	1000*400mm=2Pcs	400W
Right Wall Panel	12	1000*400mm=3Pcs	400W
	13	NIR Heater 700*300mm=2Pcs	400W
Bench Support	14	NIR Heater 700*300mm=4Pcs	400W
TOTAL			6000W

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GDI-8526-04 (SJ-8451)



Electronic Components			
No.	Name	No.	Name
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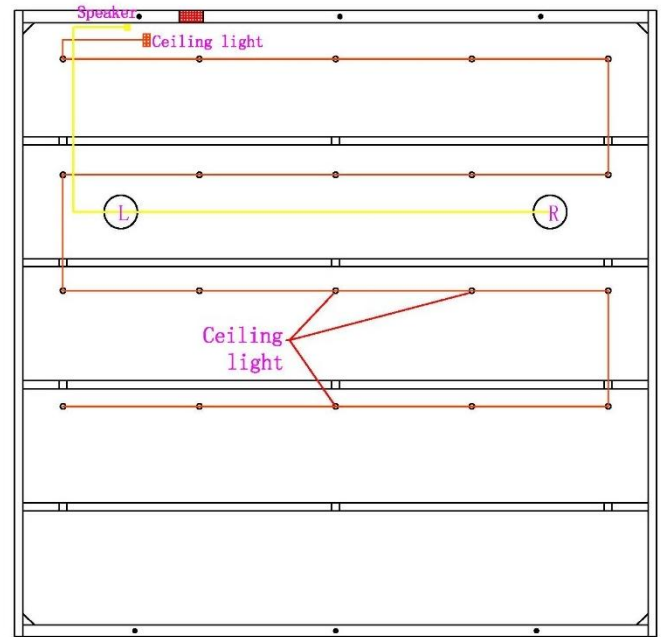
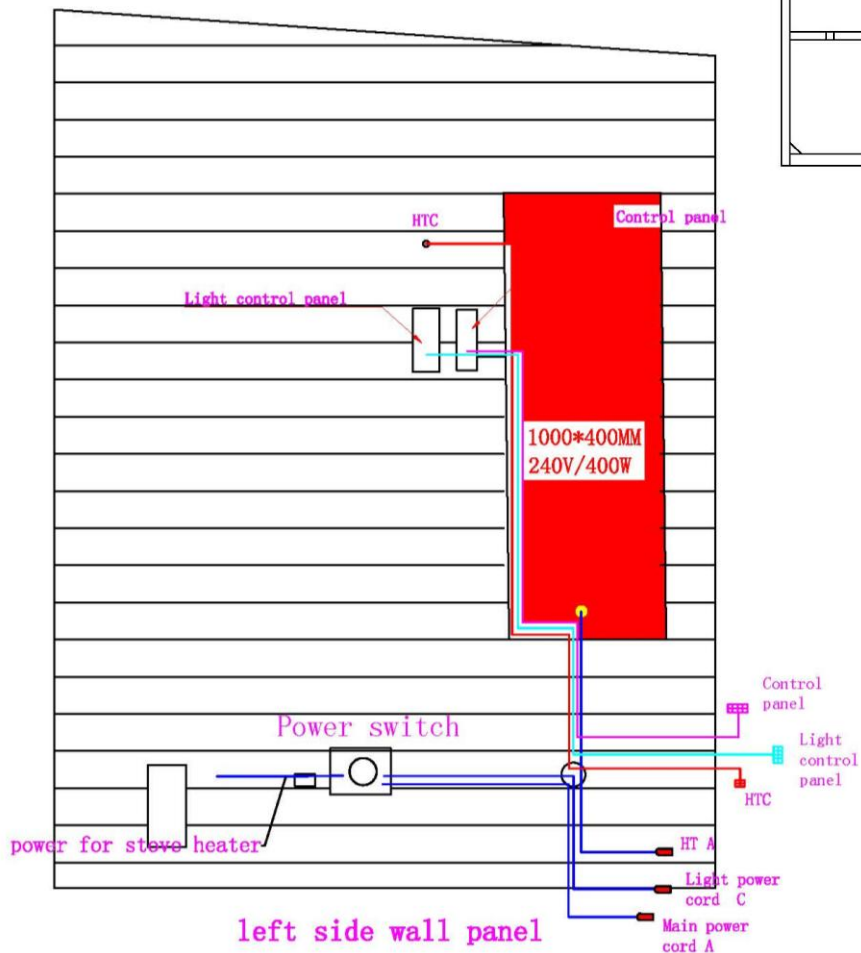
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Location	No.	Dimension	Name
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Left Wall Panel	11	1000*400mm=2Pcs	400W
Right Wall Panel	12	1000*400mm=3Pcs	400W
	13	NIR Heater 700*300mm=2Pcs	400W
Bench Support	14	NIR Heater 700*300mm=4Pcs	400W
TOTAL			6000W

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SCHEMATIC LAYOUT

GDI-8523-02 (SJ-8351)



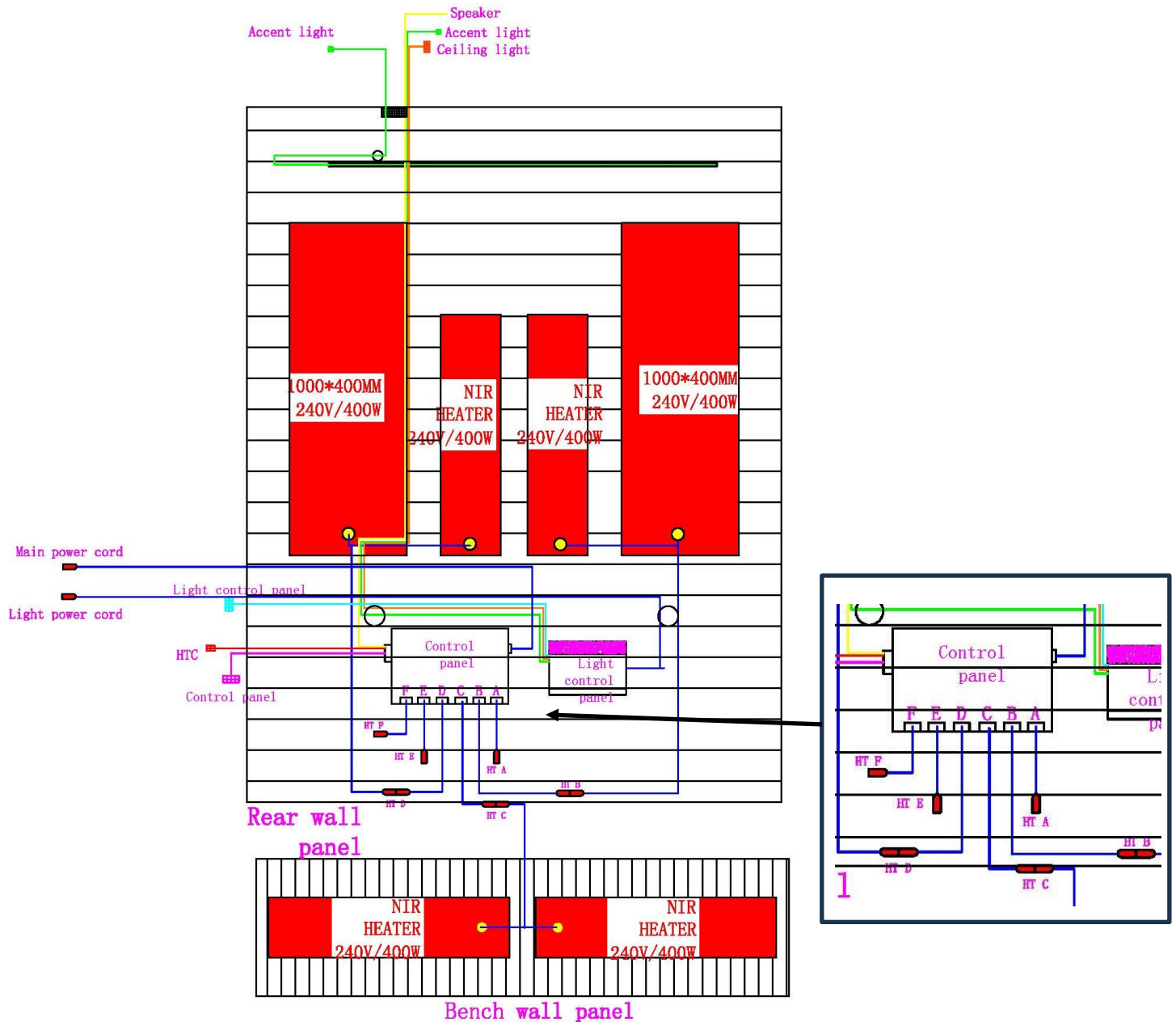
Roof wall panel

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SCHEMATIC LAYOUT (cont'd)

GDI-8523-02 (SJ-8351)

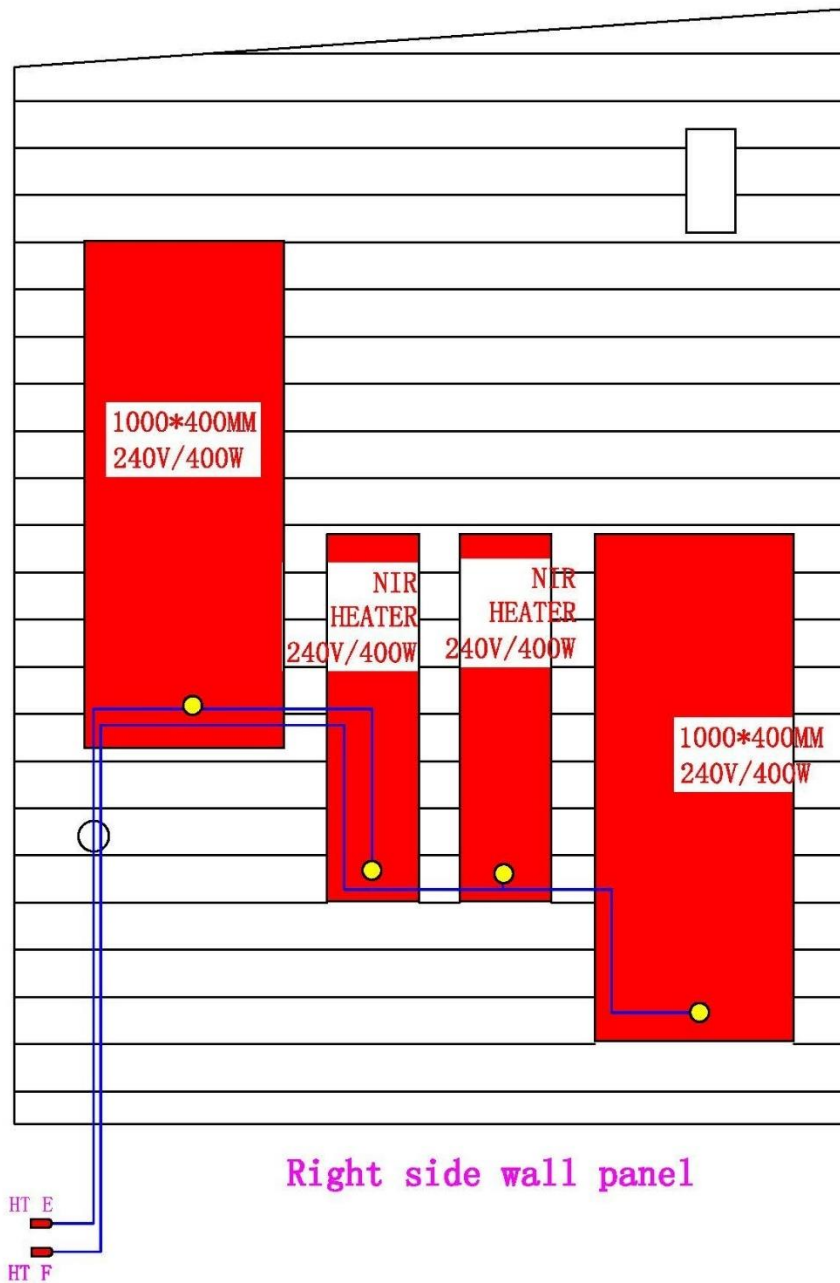


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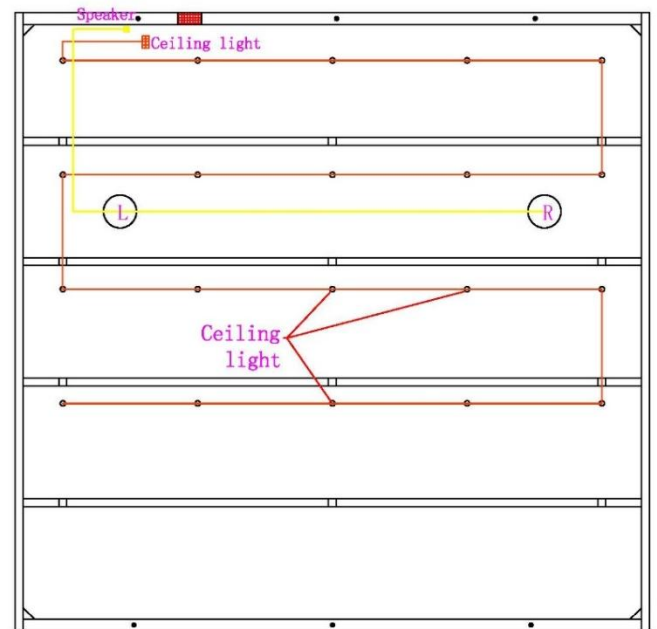
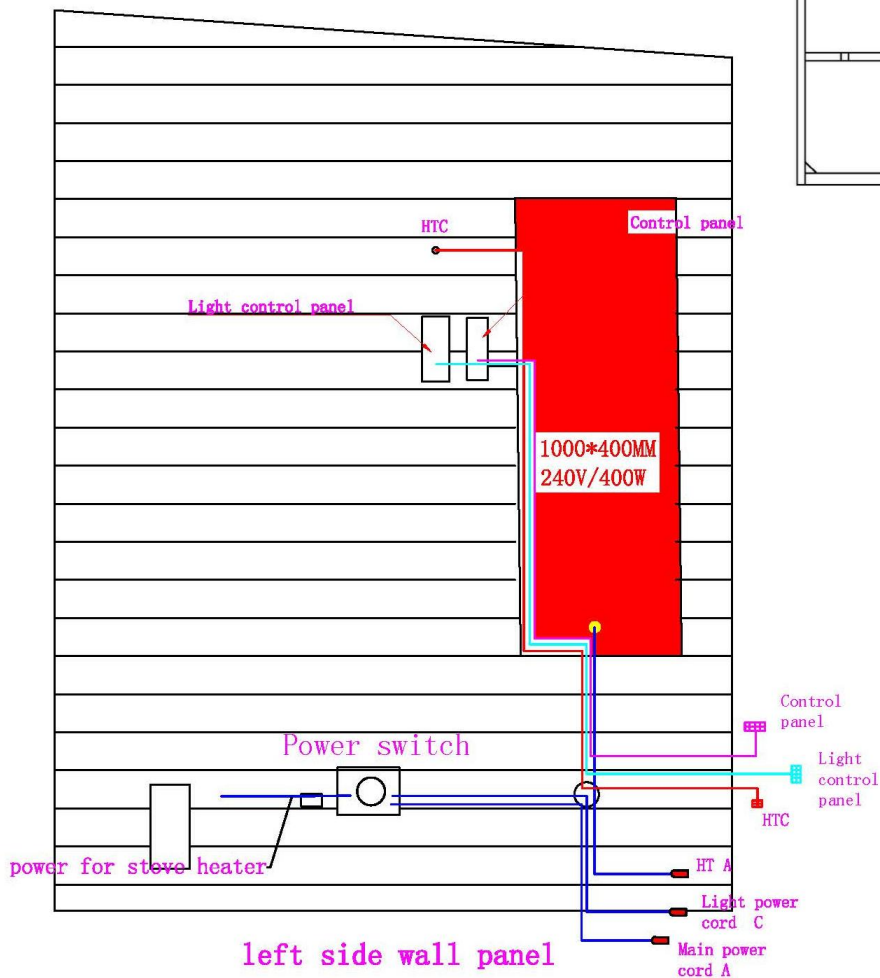


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SCHEMATIC LAYOUT

GDI-8523-03 (SJ-8351)



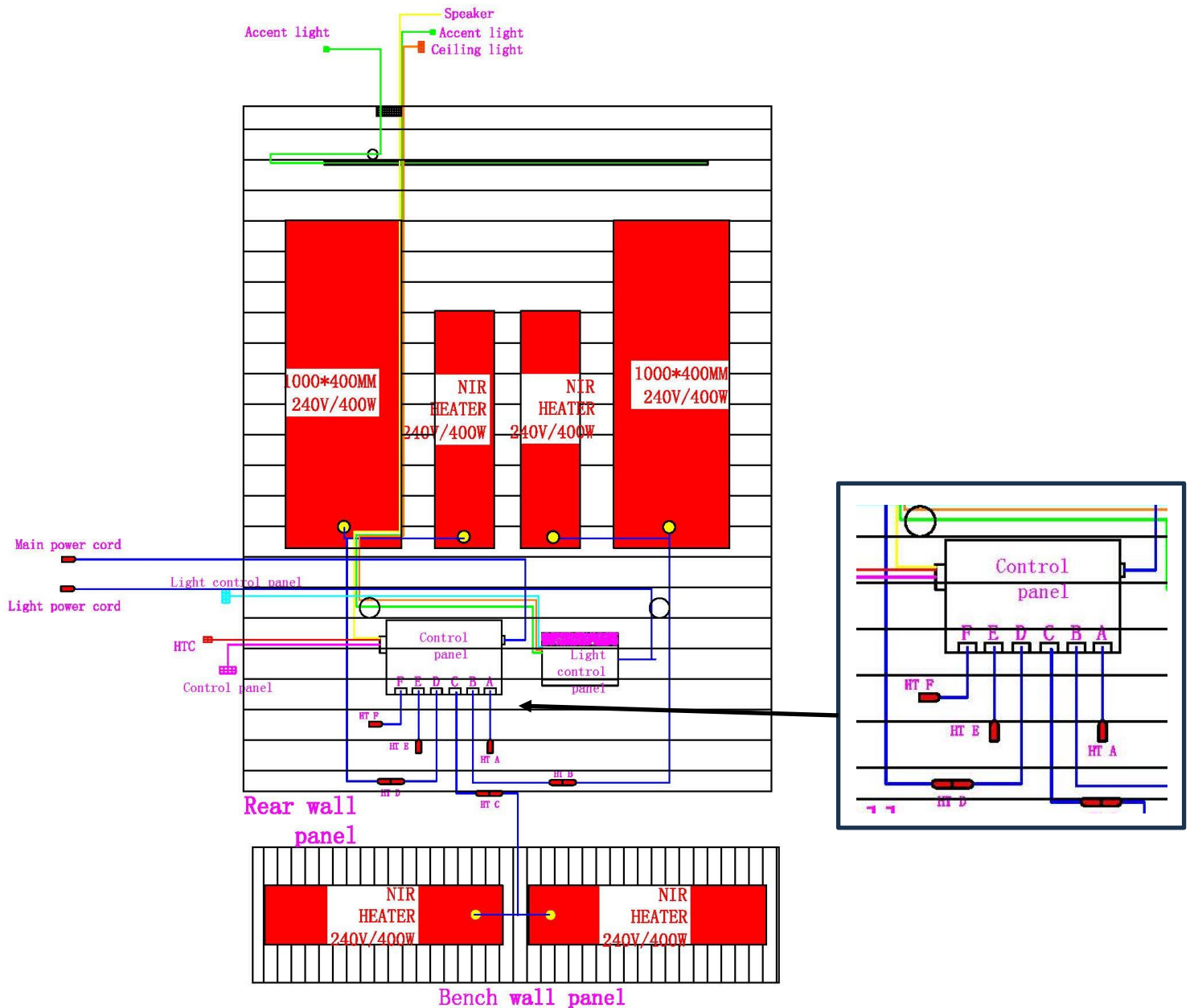
Roof wall panel

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SCHEMATIC LAYOUT (cont'd)

GDI-8523-03 (SJ-8351)

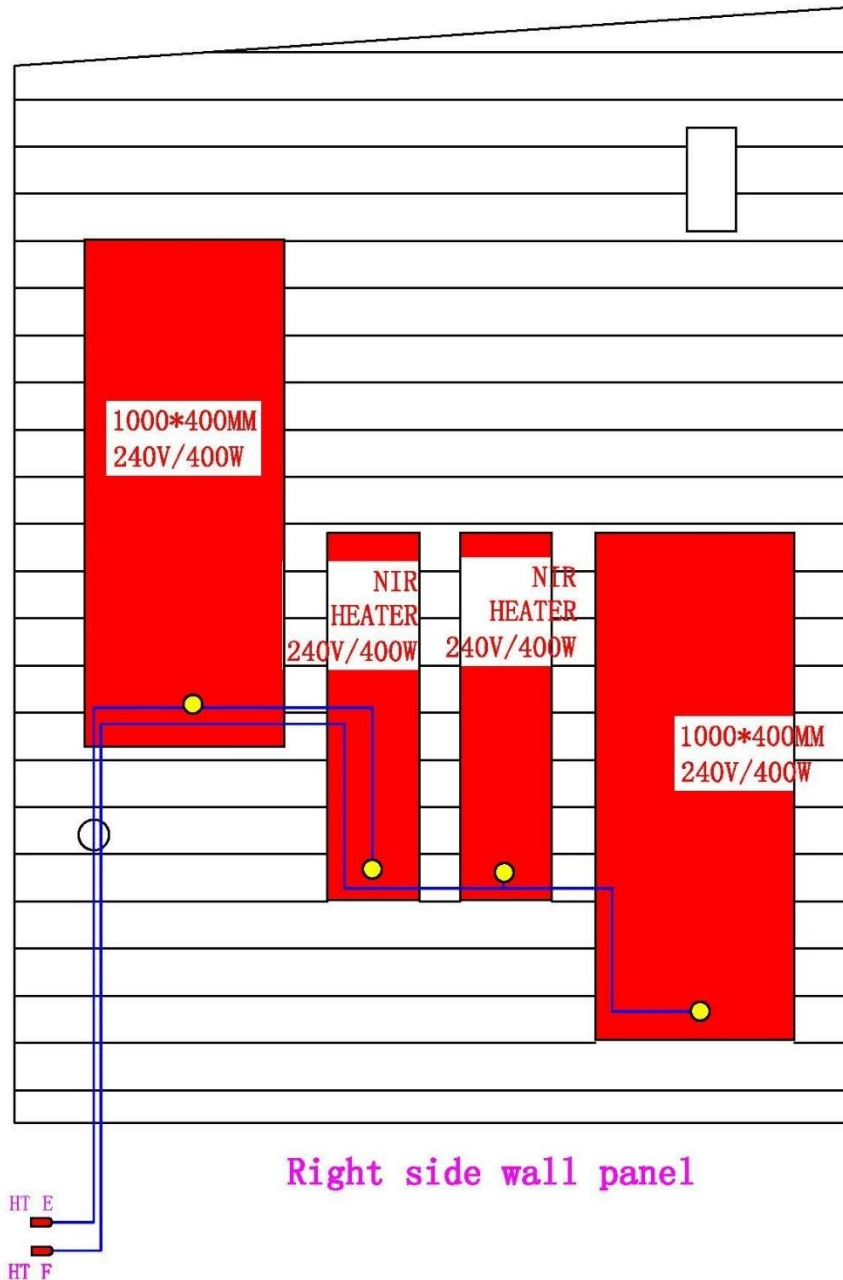


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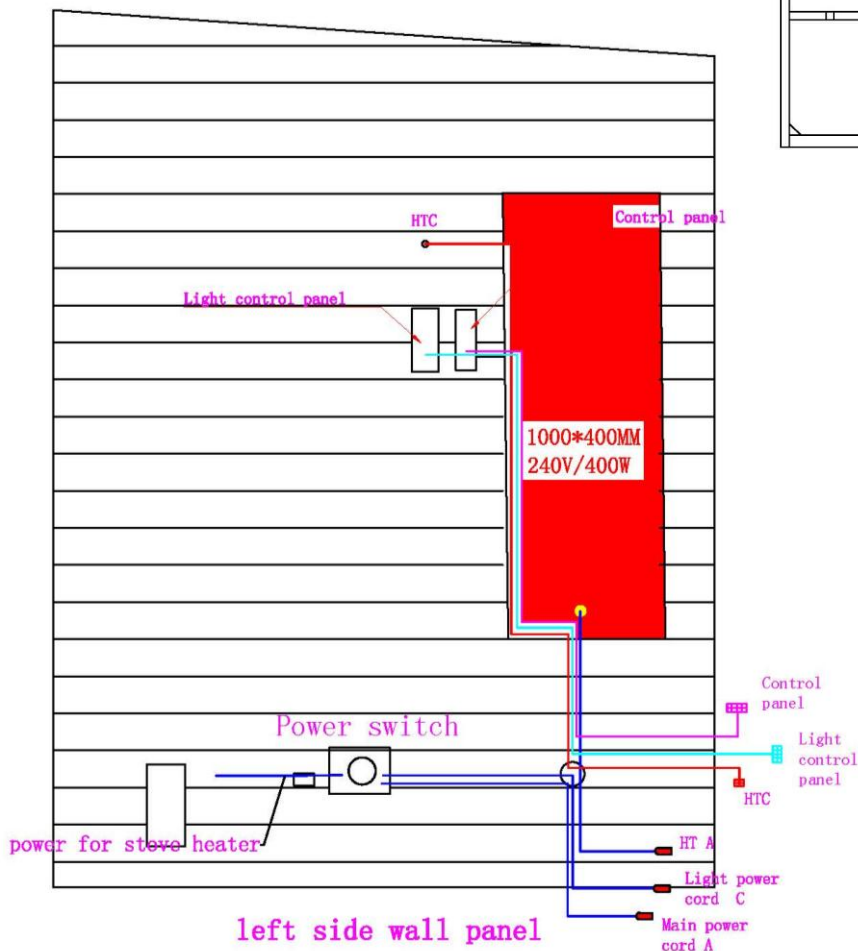
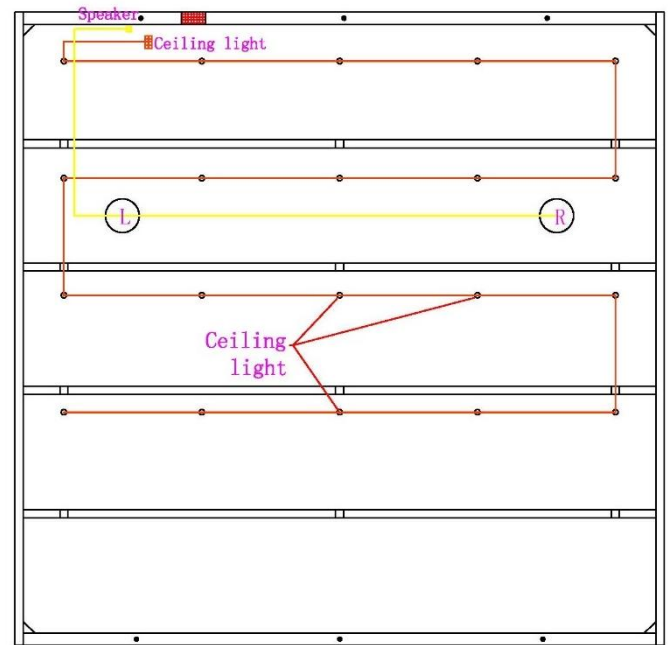


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SCHEMATIC LAYOUT

GDI-8523-04 (SJ-8351)

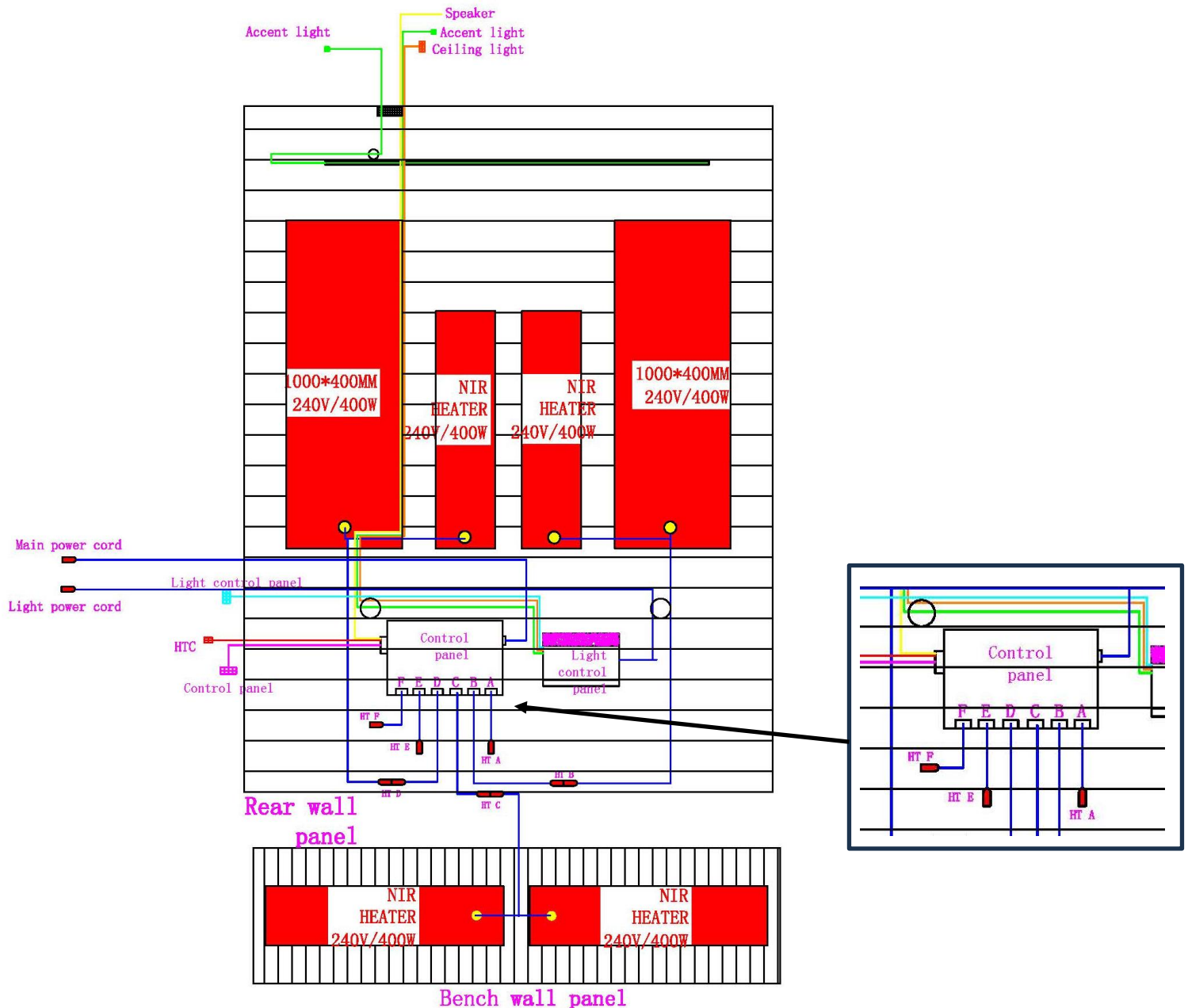


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SCHEMATIC LAYOUT (cont'd)

GDI-8523-04 (SJ-8351)

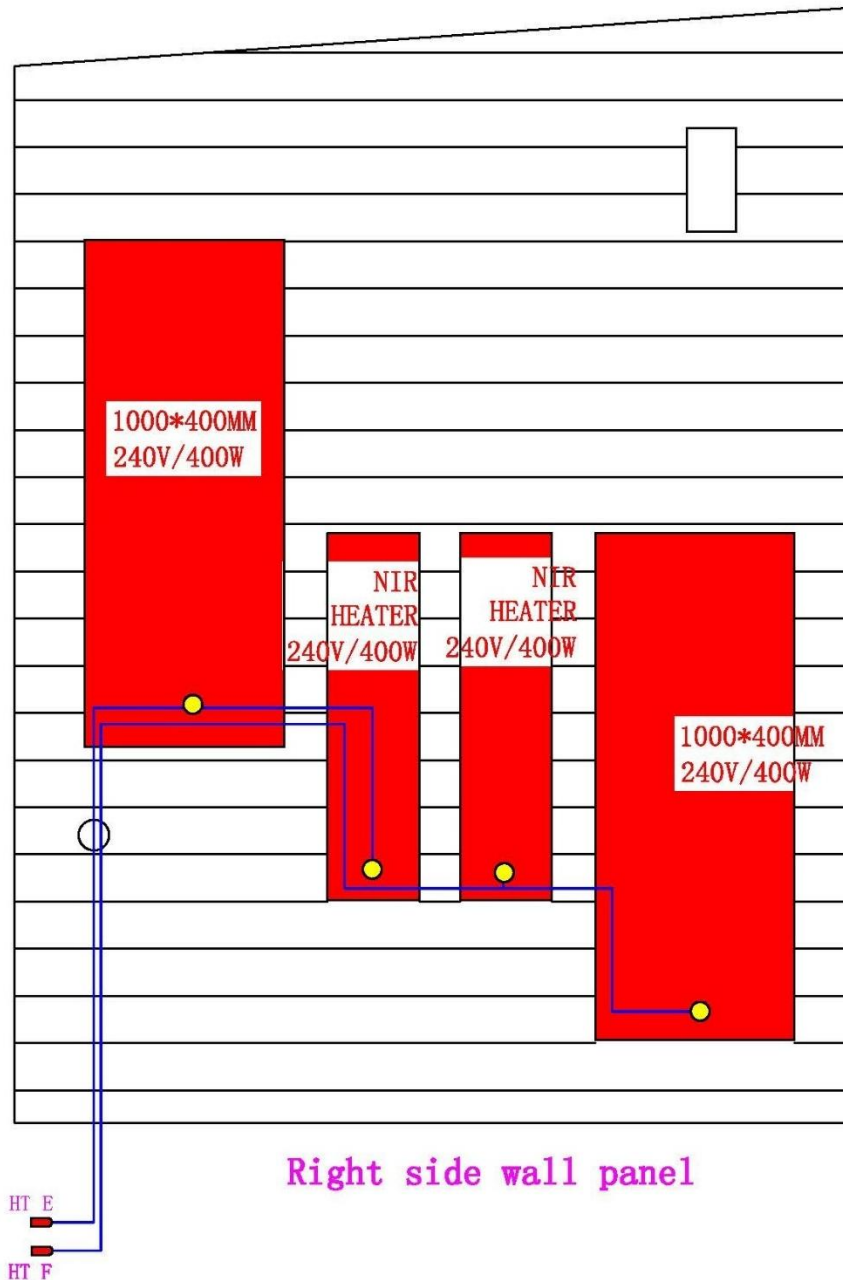


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SCHEMATIC LAYOUT (cont'd)

GDI-8523-04 (SJ-8351)

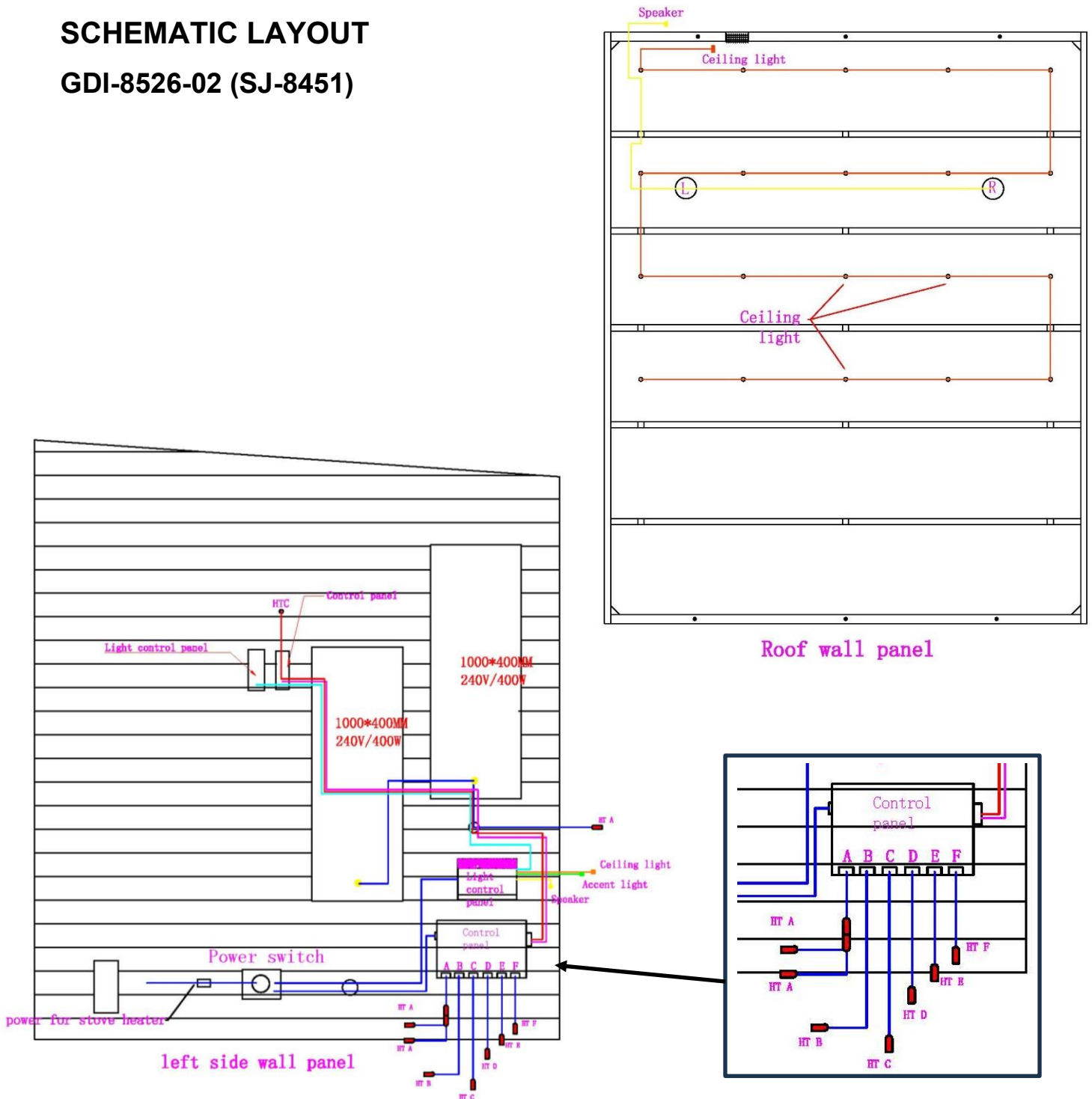


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SCHEMATIC LAYOUT

GDI-8526-02 (SJ-8451)

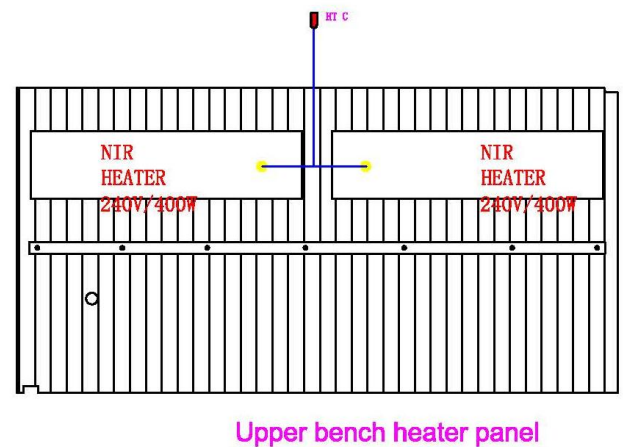
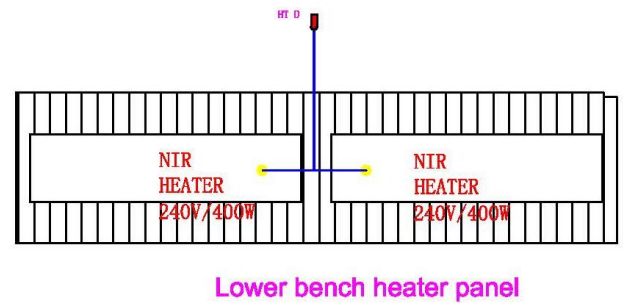
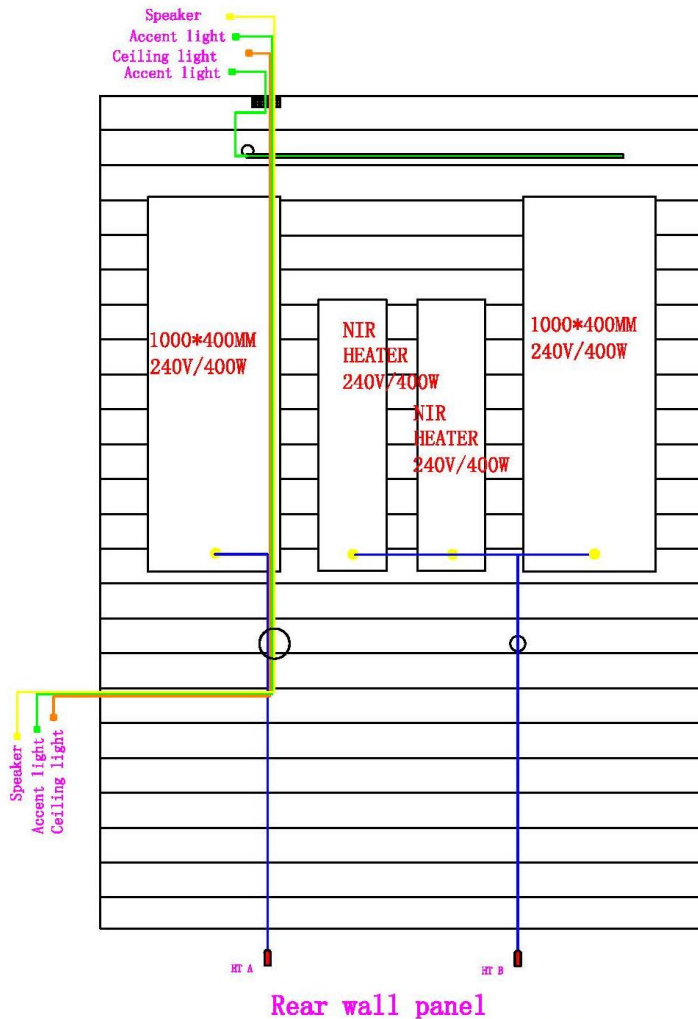


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SCHEMATIC LAYOUT (cont'd)

GDI-8526-02 (SJ-8451)

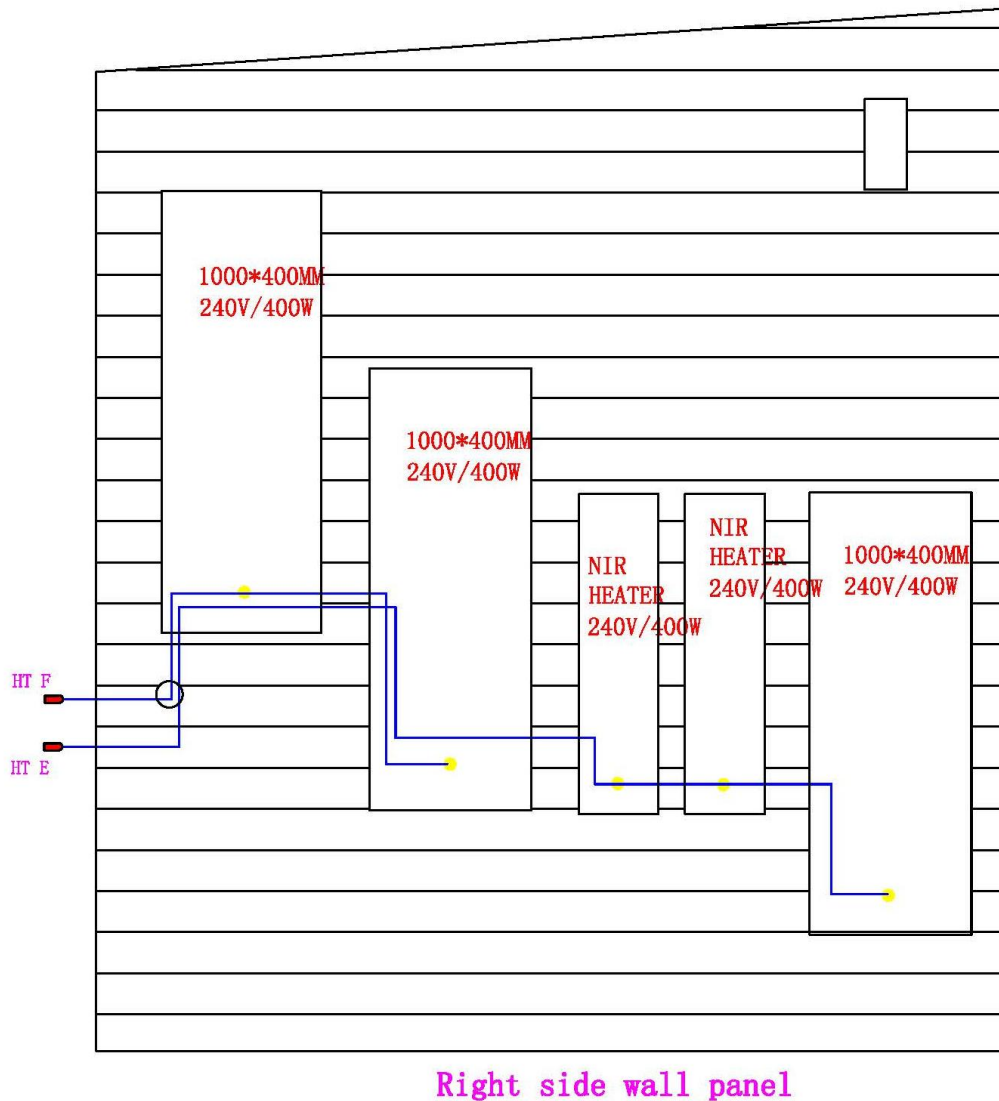


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SCHEMATIC LAYOUT (cont'd)

GDI-8526-02 (SJ-8451)

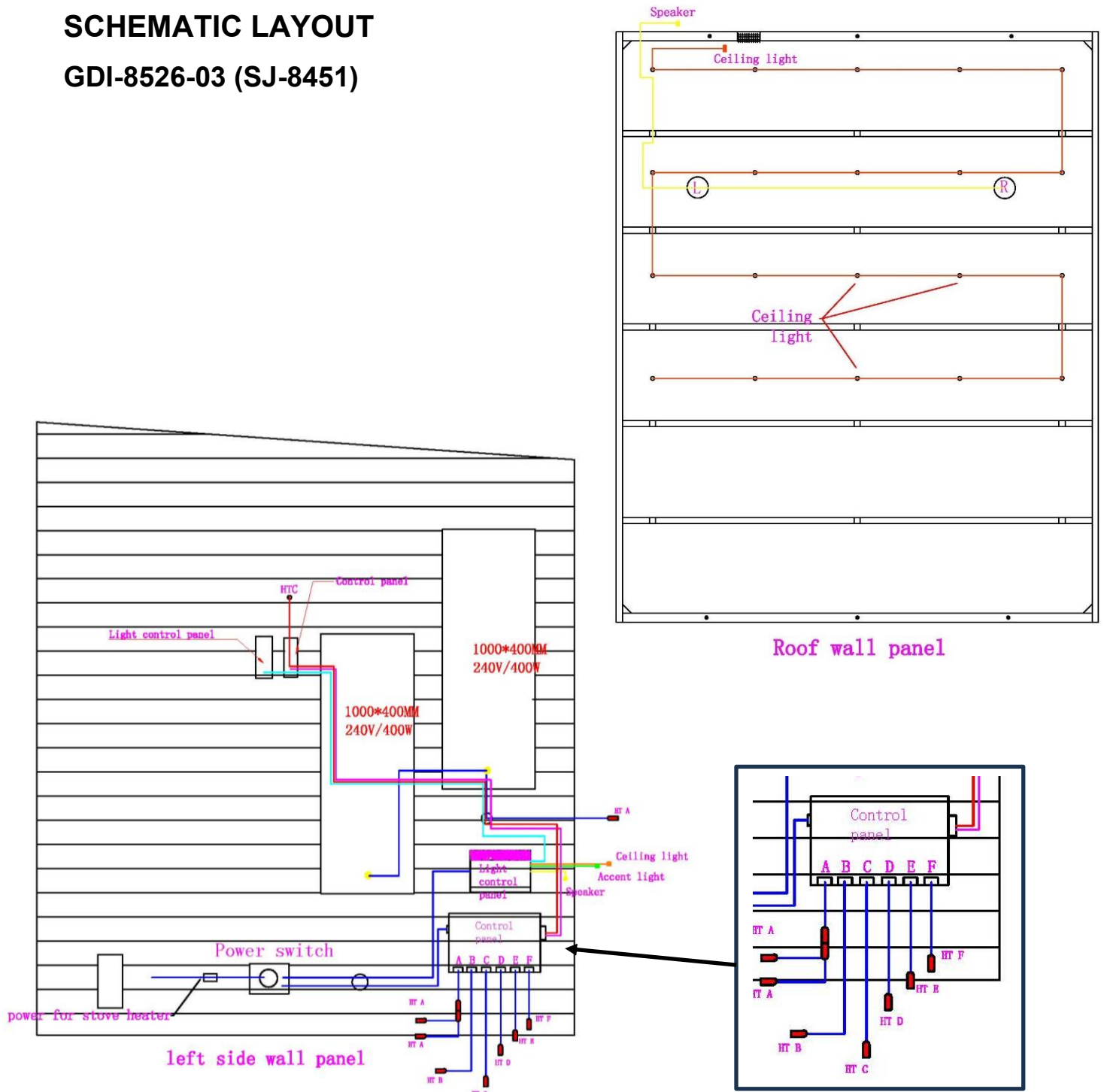


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SCHEMATIC LAYOUT

GDI-8526-03 (SJ-8451)

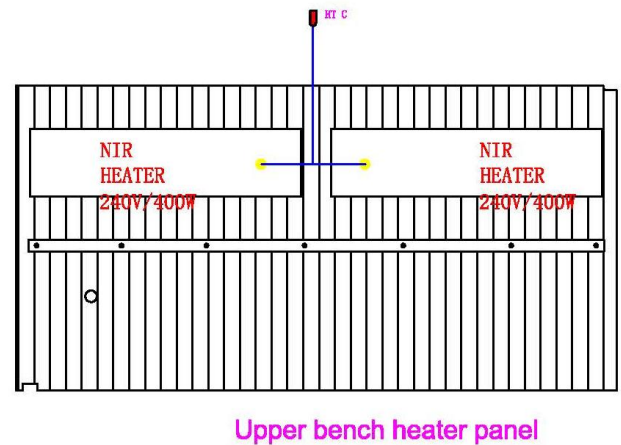
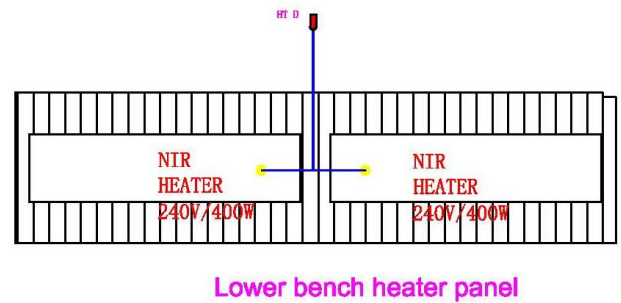
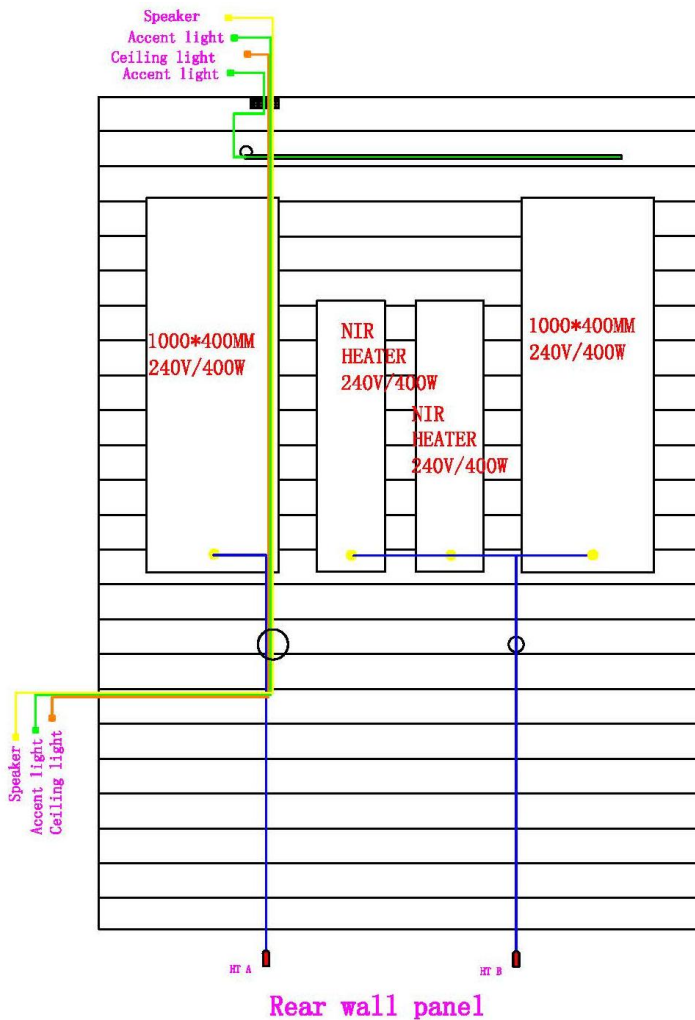


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SCHEMATIC LAYOUT (cont'd)

GDI-8526-03 (SJ-8451)

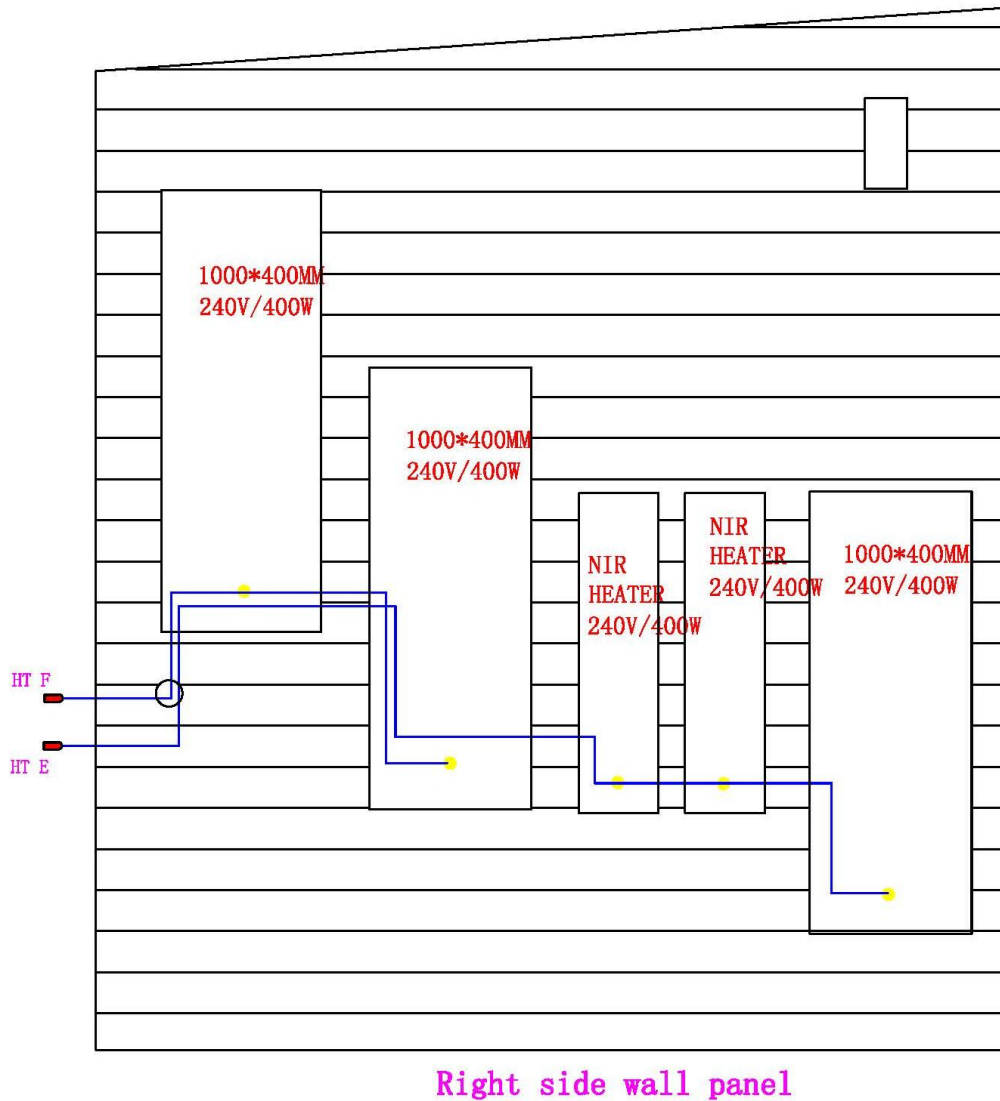


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SCHEMATIC LAYOUT (cont'd)

GDI-8526-03 (SJ-8451)

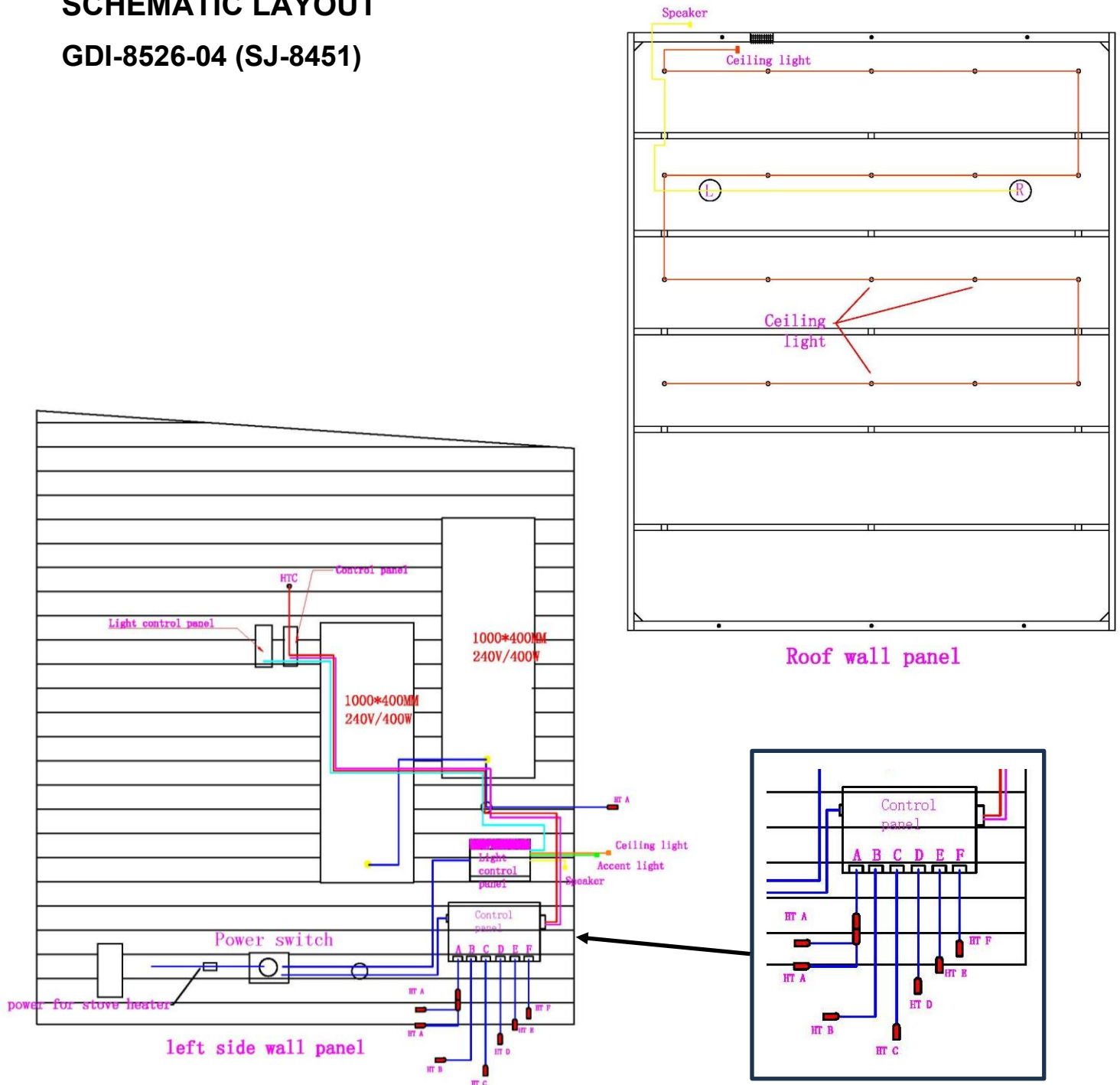


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SCHEMATIC LAYOUT

GDI-8526-04 (SJ-8451)

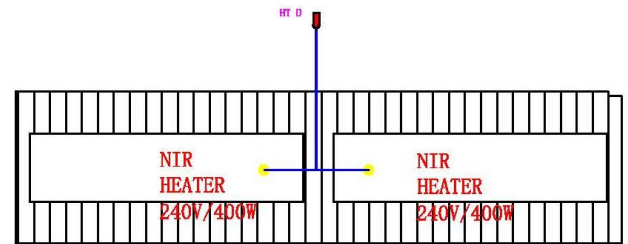
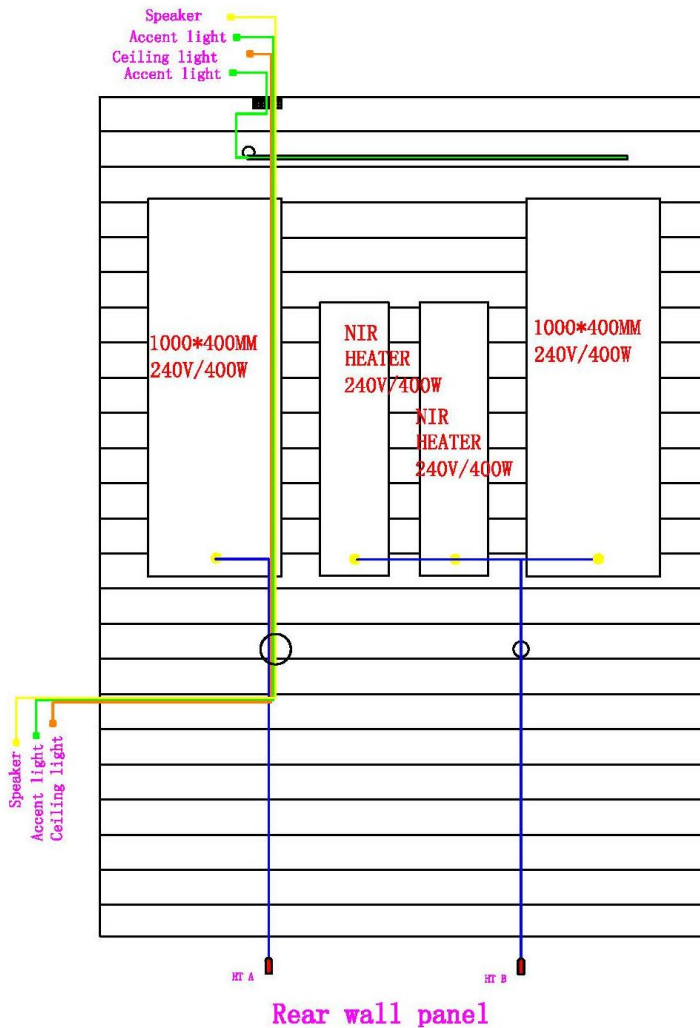


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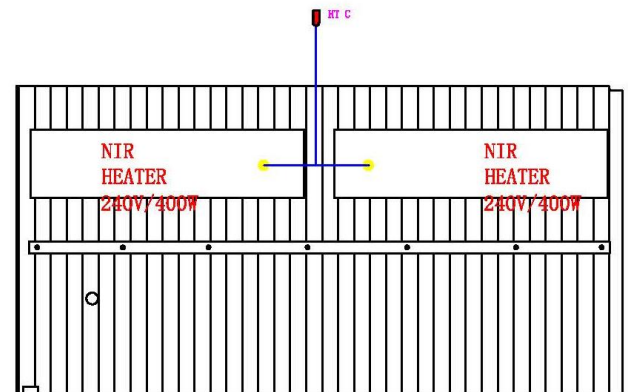
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SCHEMATIC LAYOUT (cont'd)

GDI-8526-04 (SJ-8451)



Lower bench heater panel



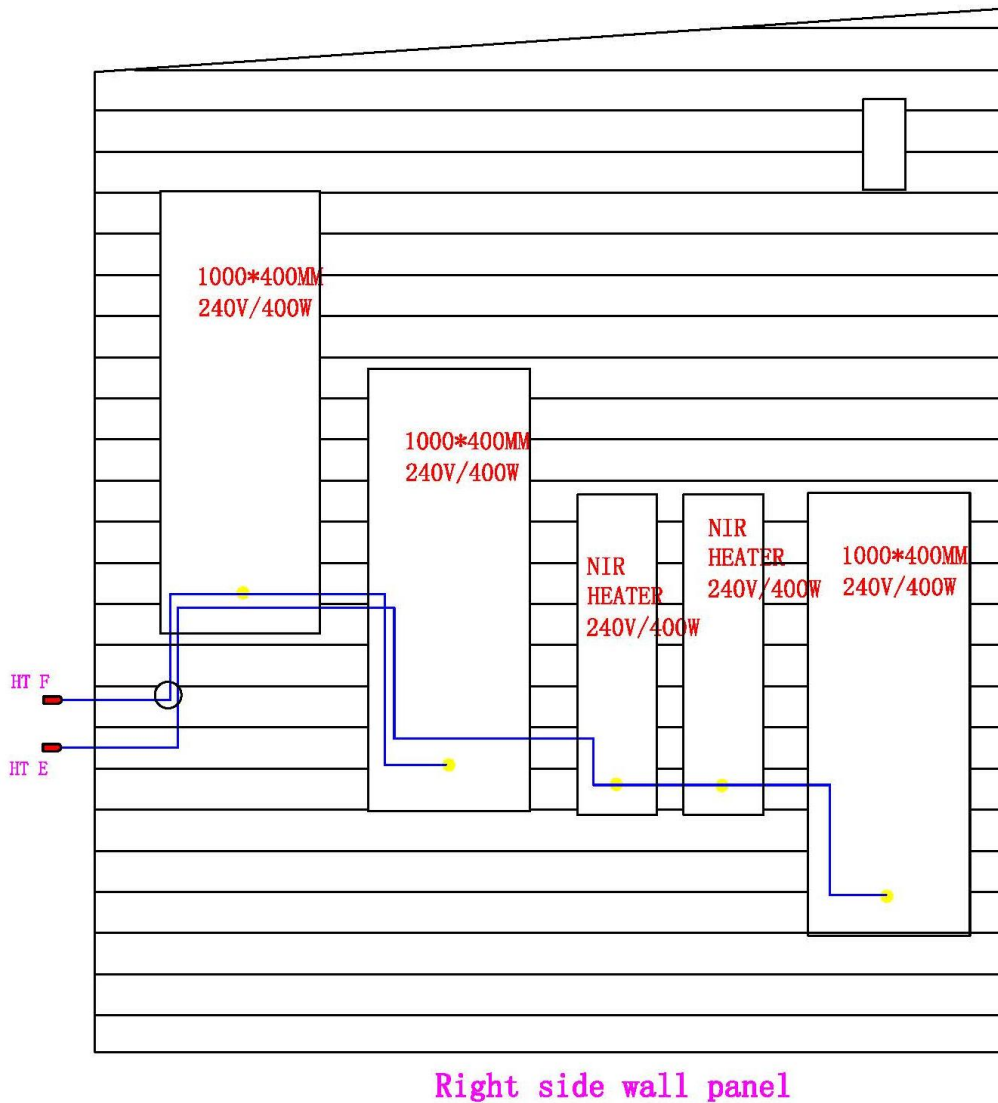
Upper bench heater panel

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SCHEMATIC LAYOUT (cont'd)

GDI-8526-04 (SJ-8451)

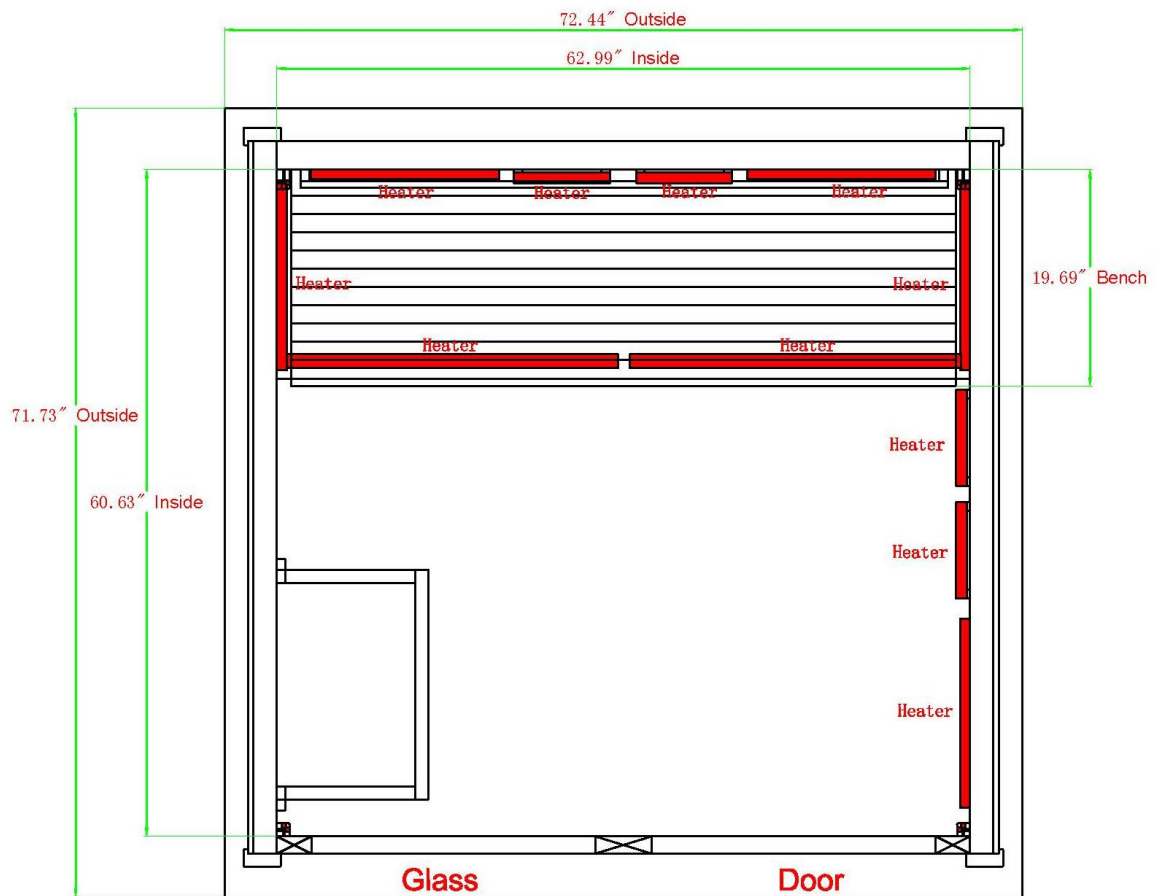


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DIMENSIONAL DIAGRAM

GDI-8523-02 (SJ-8351)

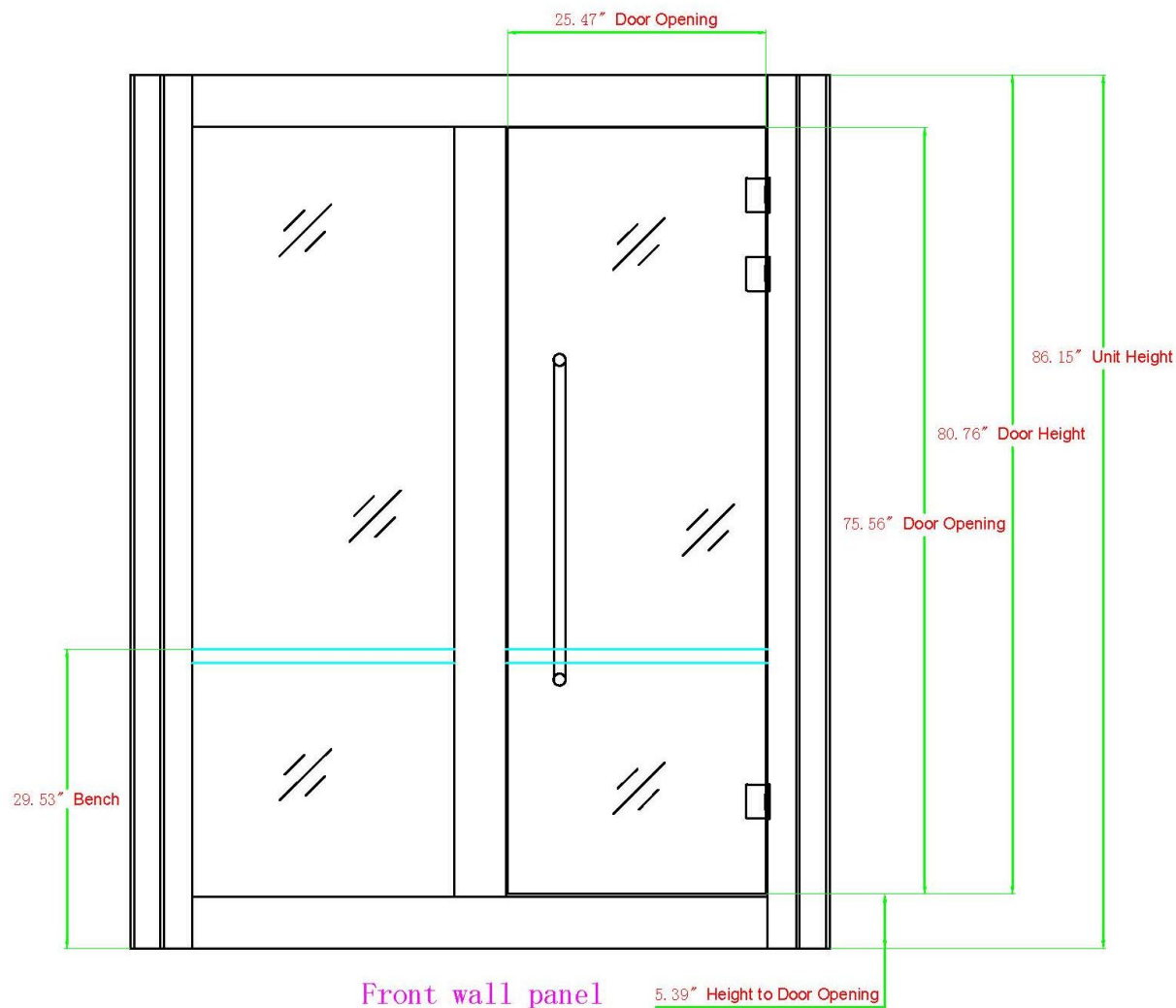


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DIMENSIONAL DIAGRAM (cont'd)

GDI-8523-02 (SJ-8351)

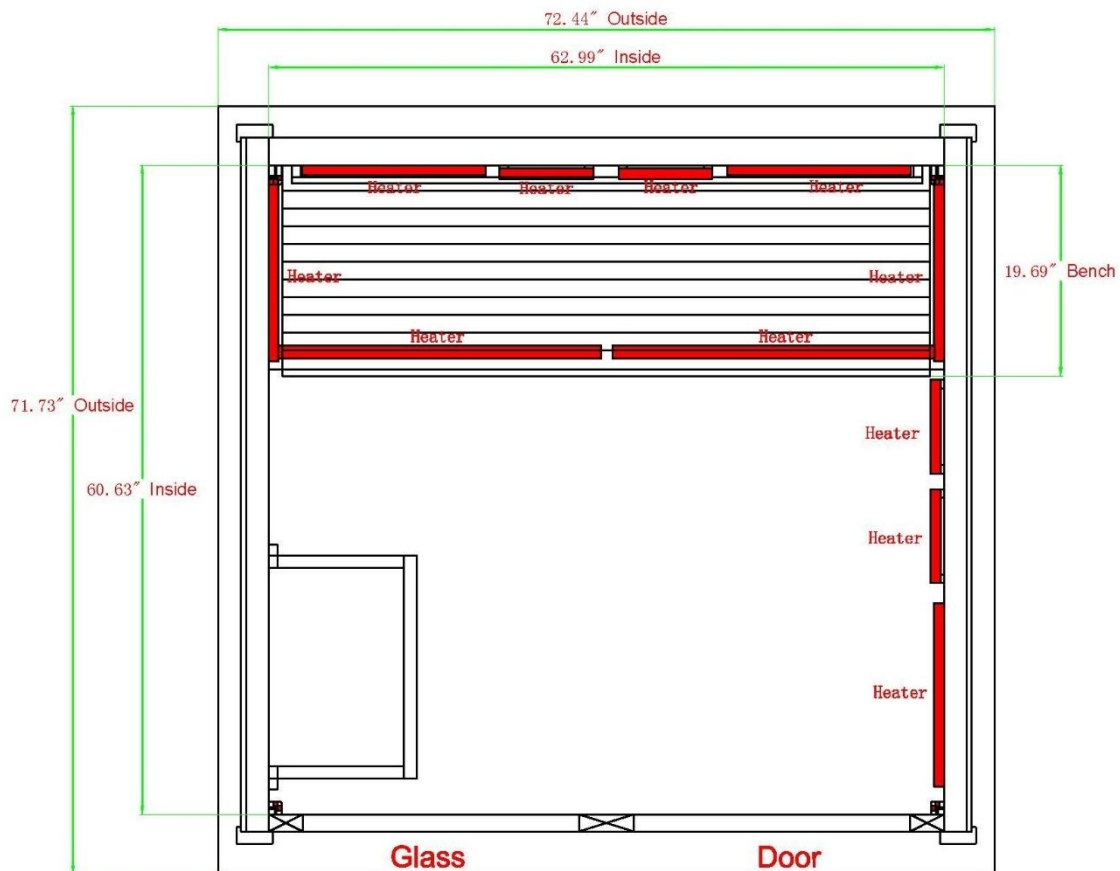


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DIMENSIONAL DIAGRAM

GDI-8523-03 (SJ-8351)

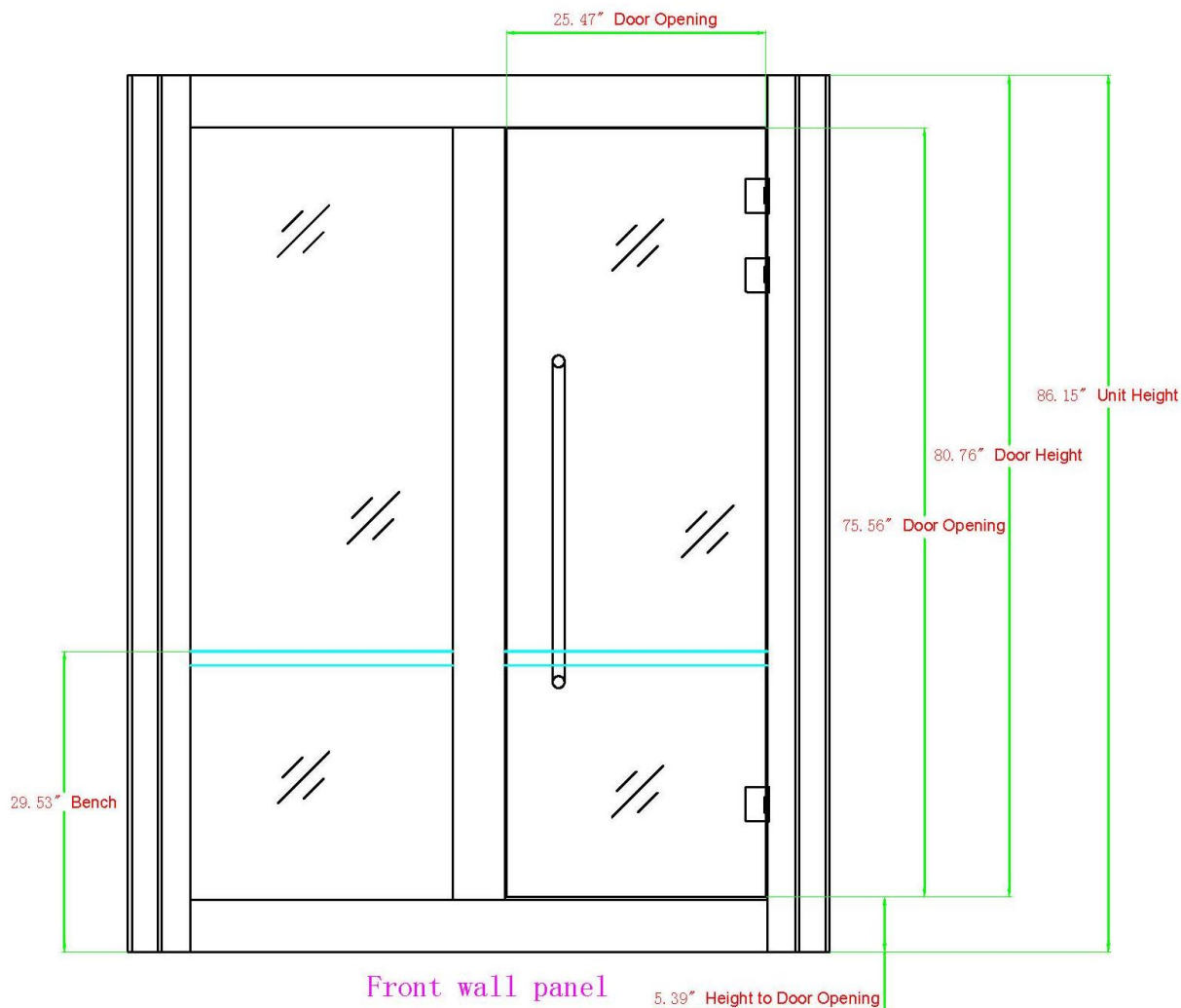


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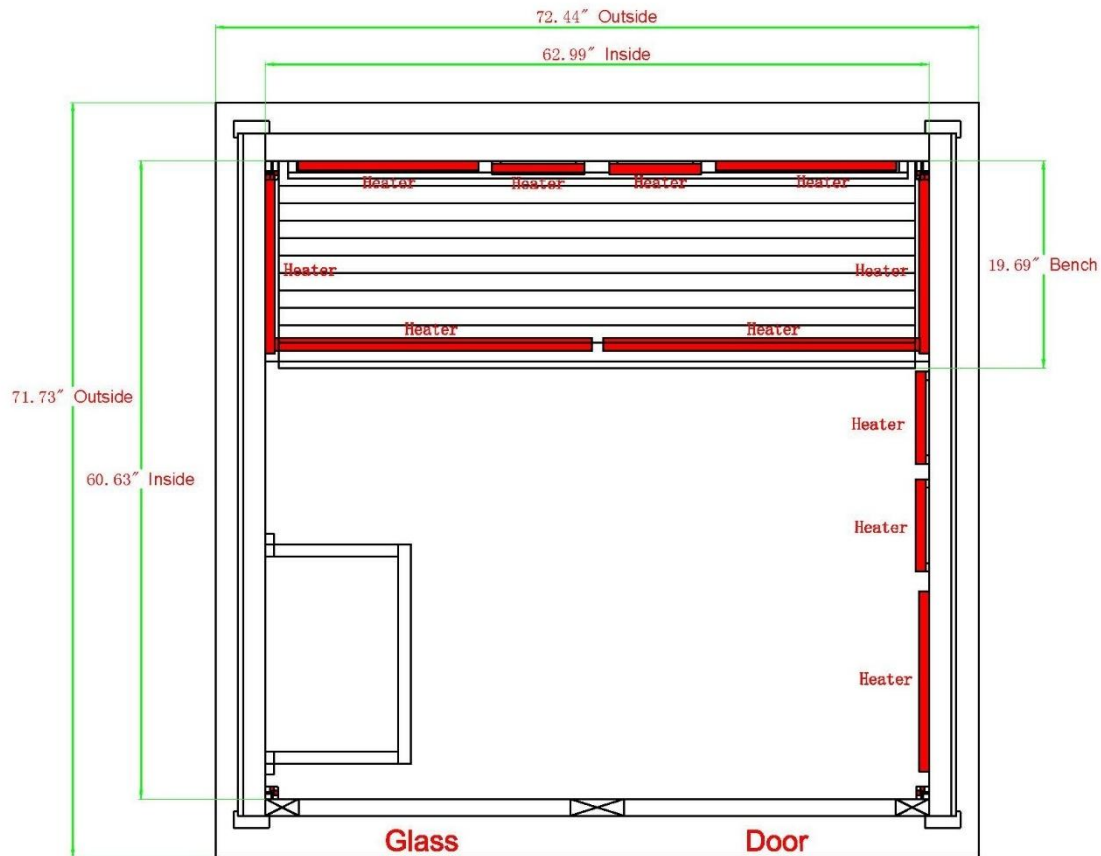


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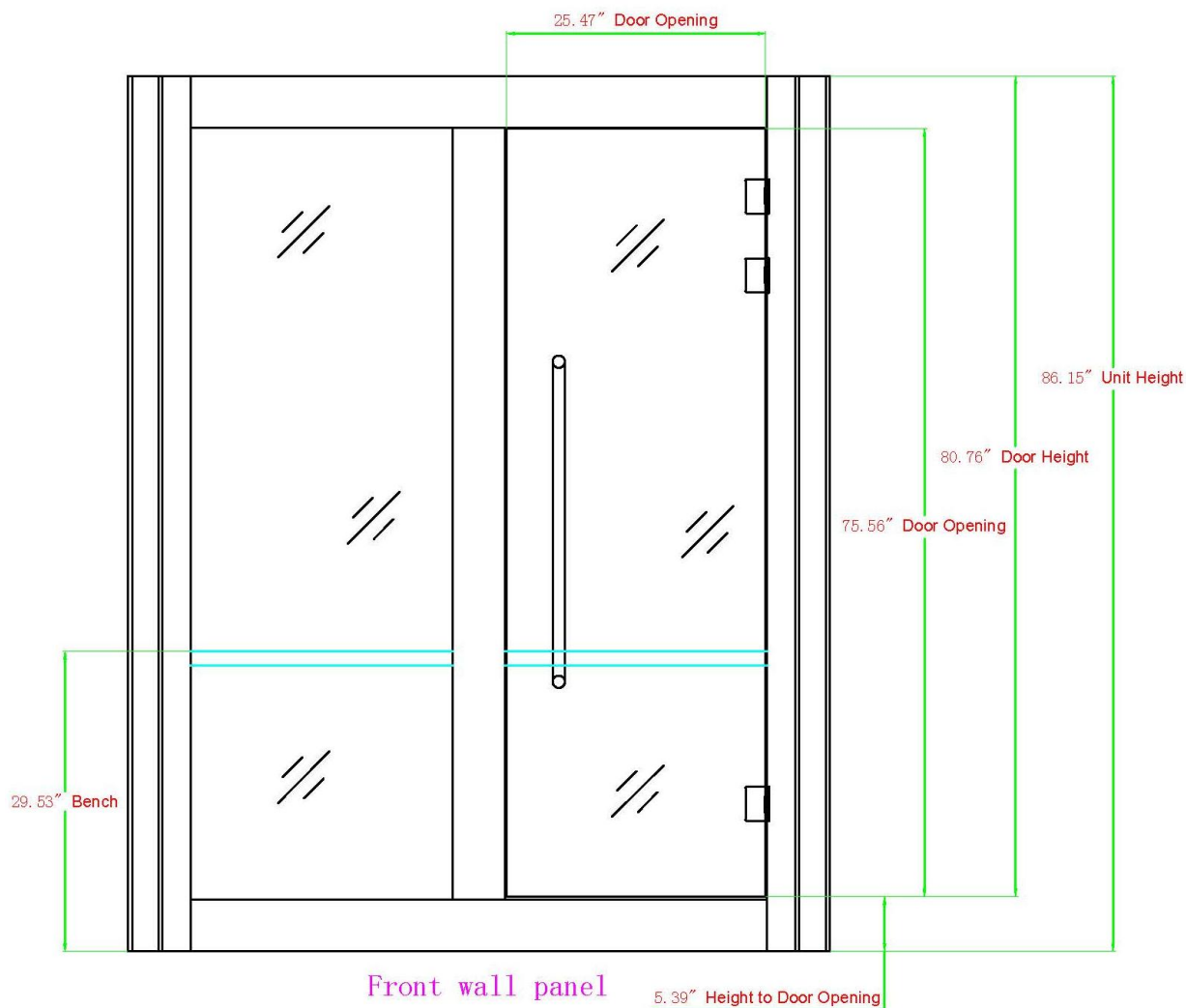


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DIMENSIONAL DIAGRAM (cont'd)

GDI-8523-04 (SJ-8351)

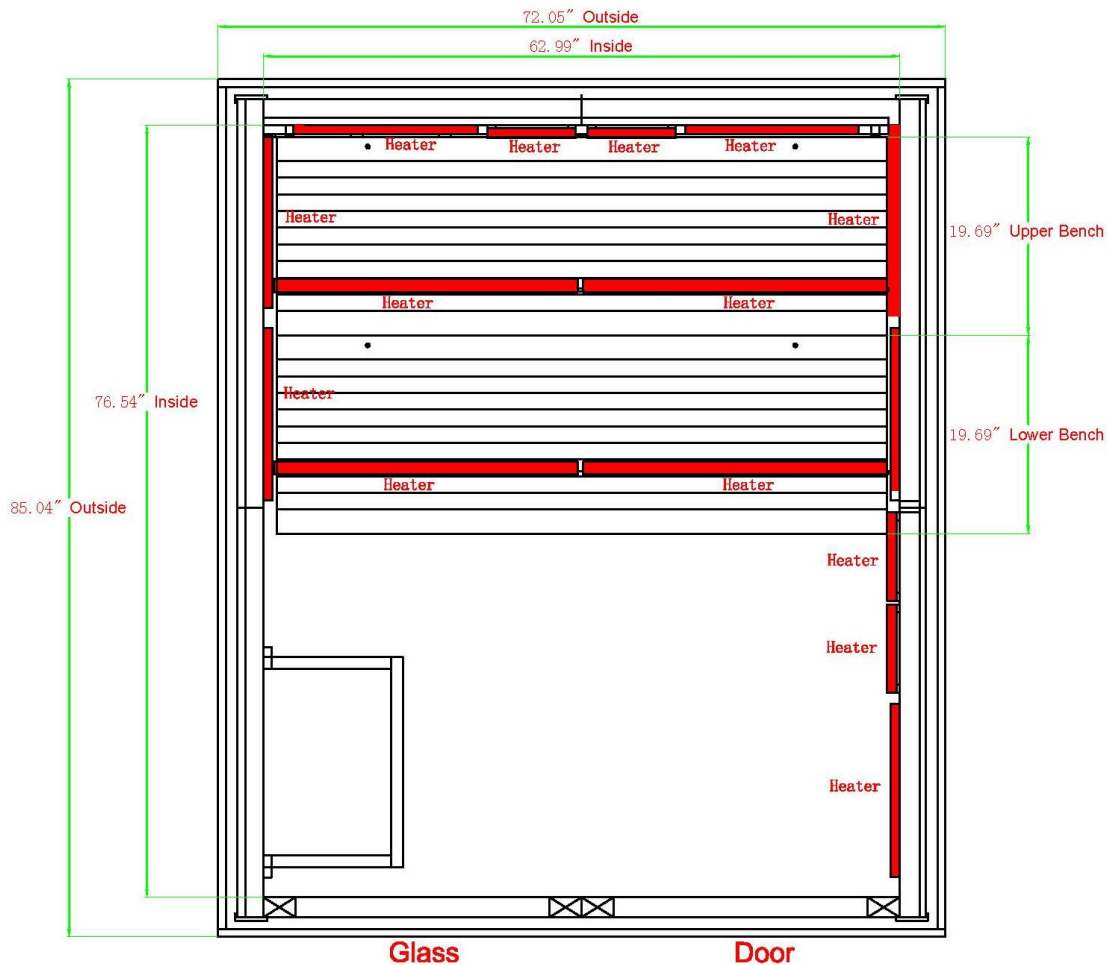


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DIMENSIONAL DIAGRAM

GDI-8526-02 (SJ-8451)

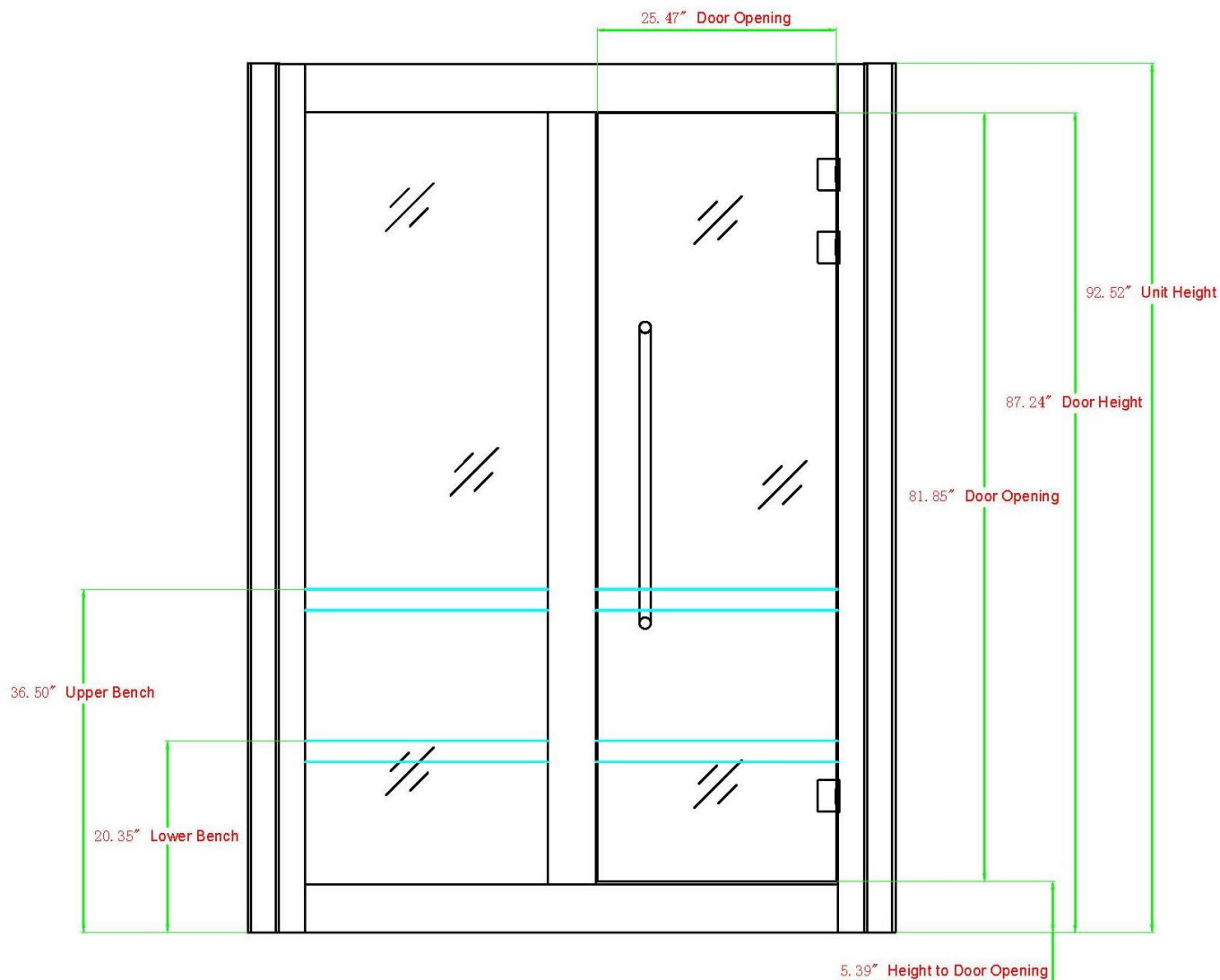


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DIMENSIONAL DIAGRAM (cont'd)

GDI-8526-02 (SJ-8451)

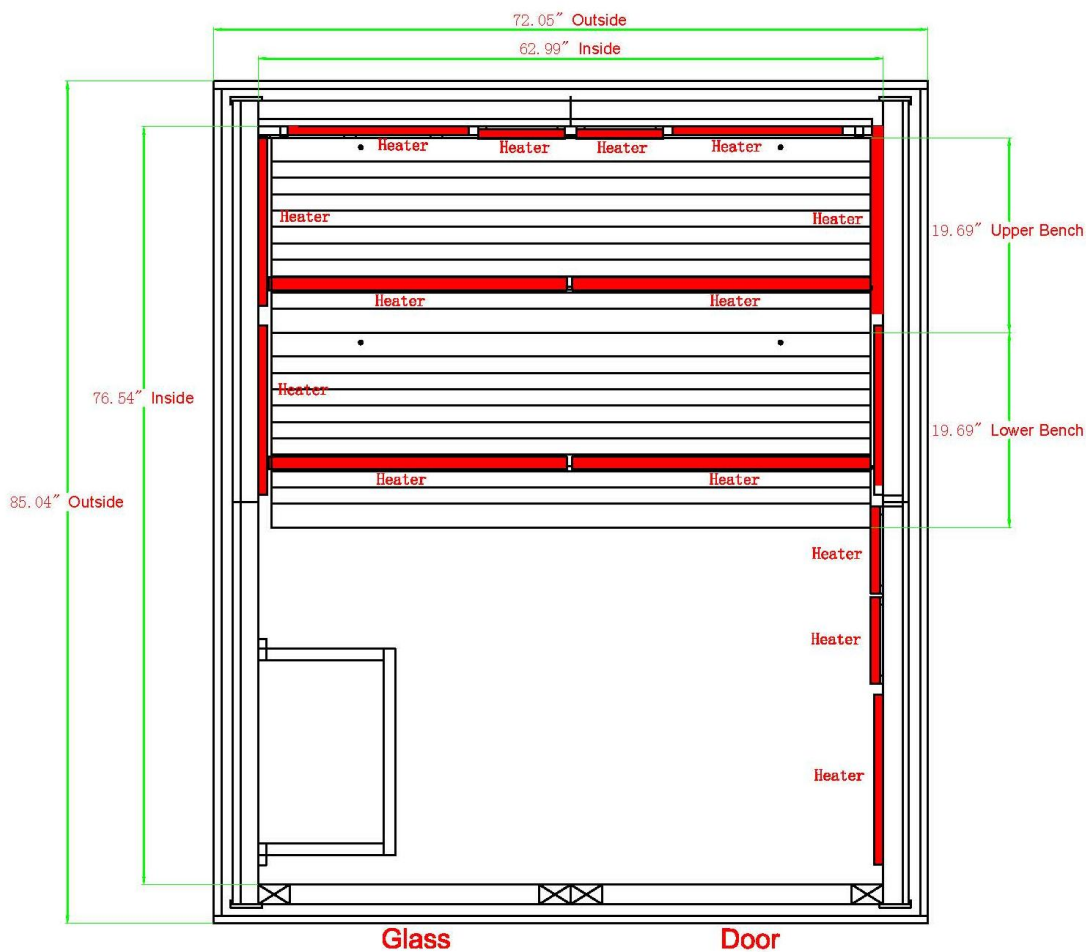


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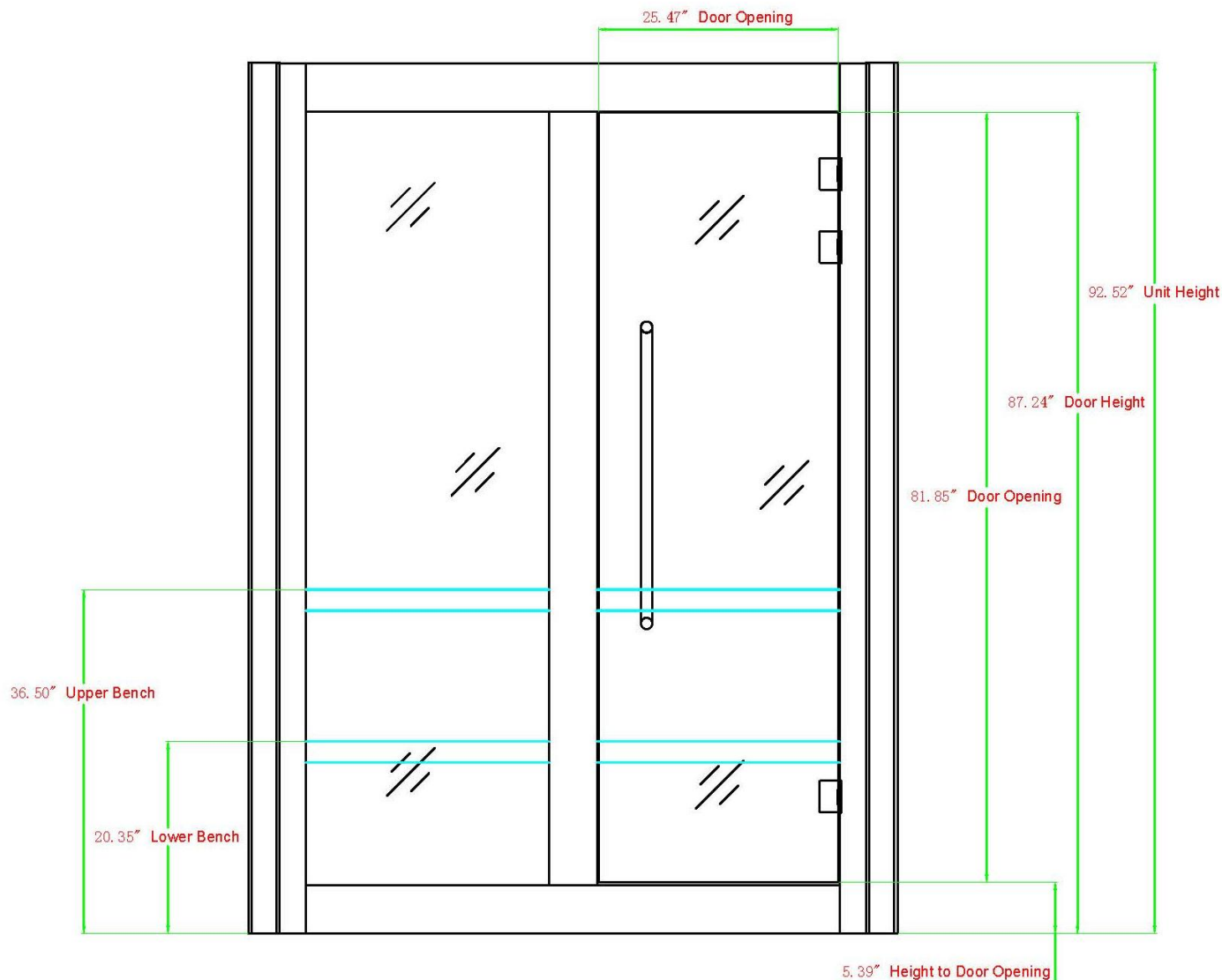


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DIMENSIONAL DIAGRAM (cont'd)

GDI-8526-03 (SJ-8451)

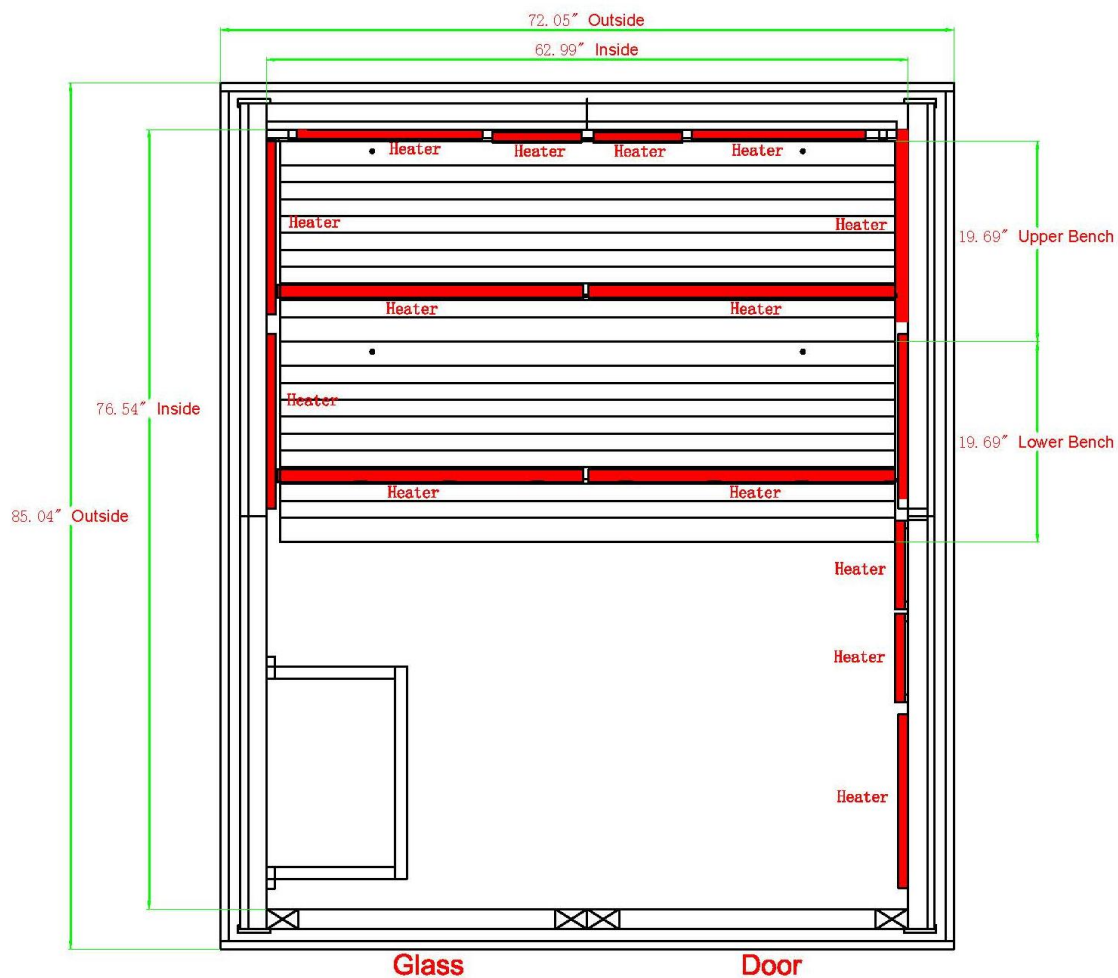


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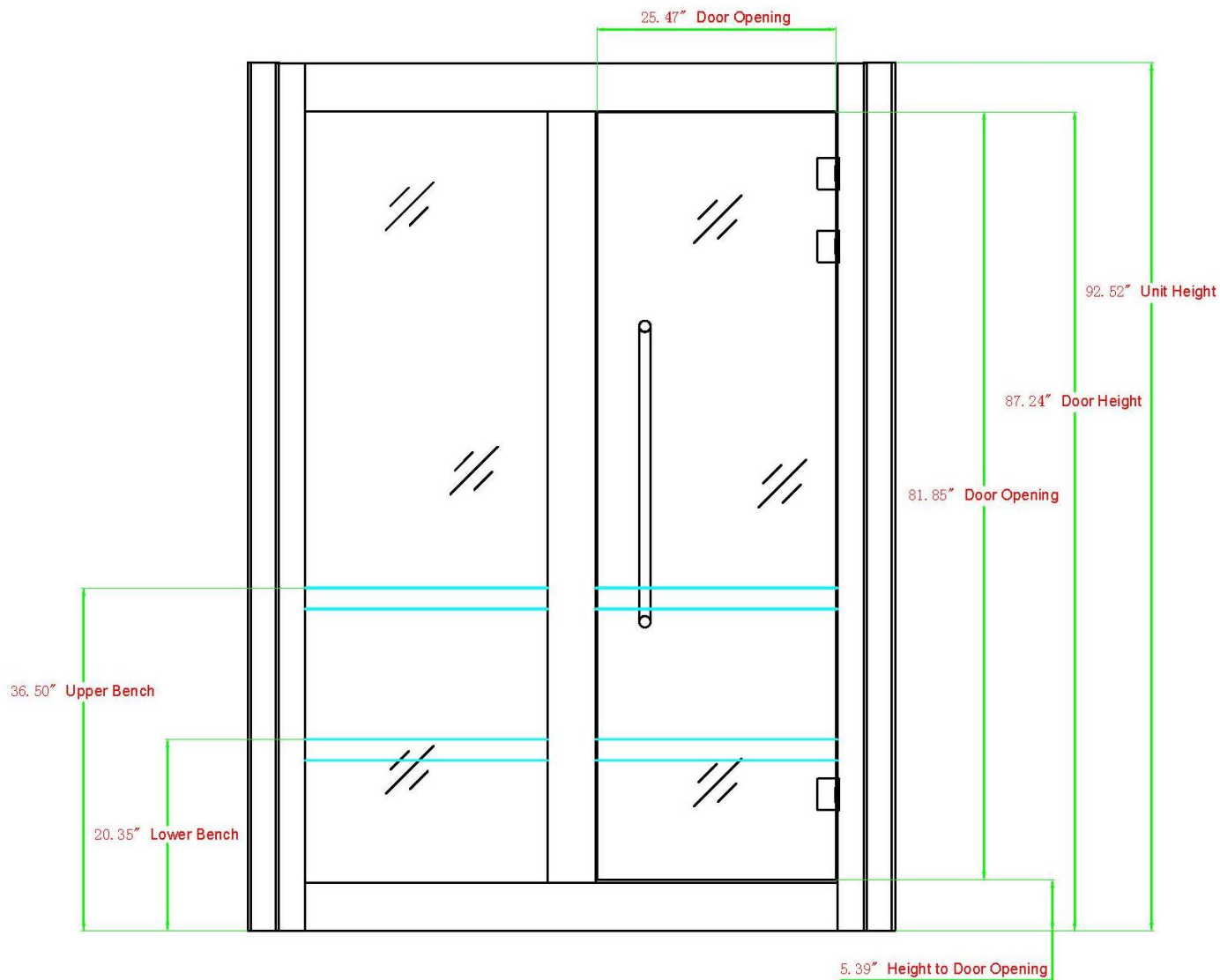


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DIMENSIONAL DIAGRAM (cont'd)

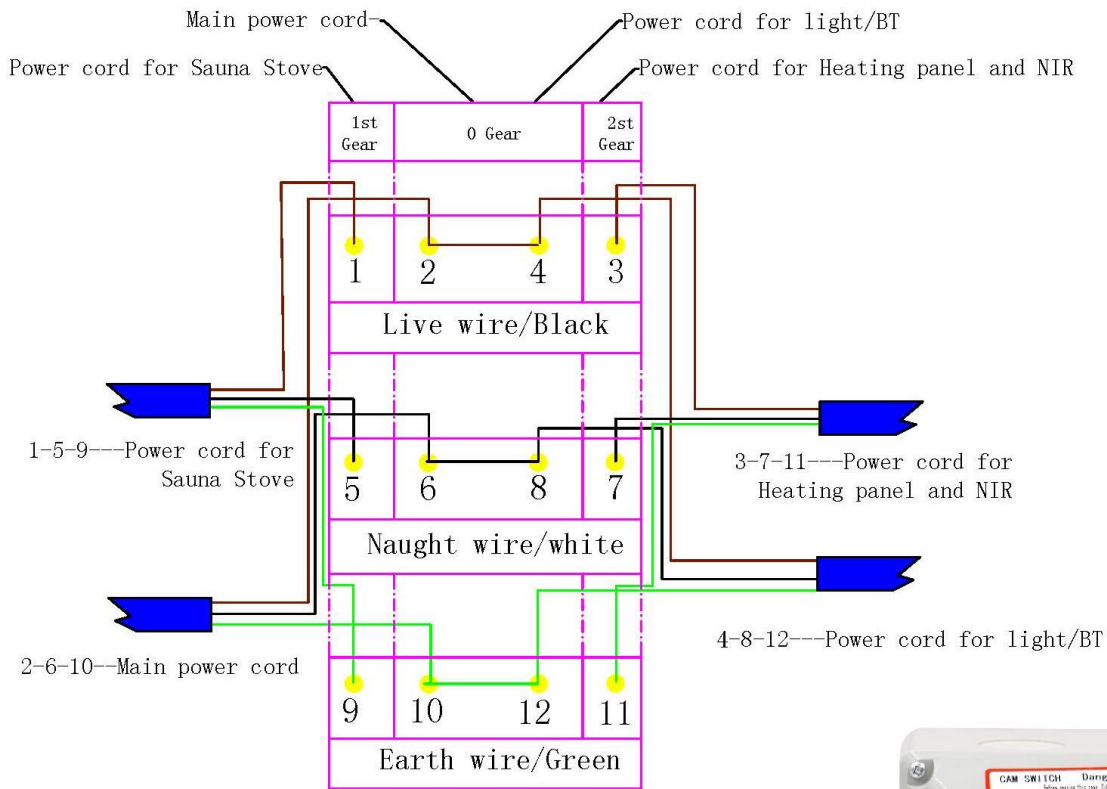
GDI-8526-04 (SJ-8451)



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MAIN POWER SWITCH SCHEMATIC (for Hybrid models)



240VAC/63AMP Power switch

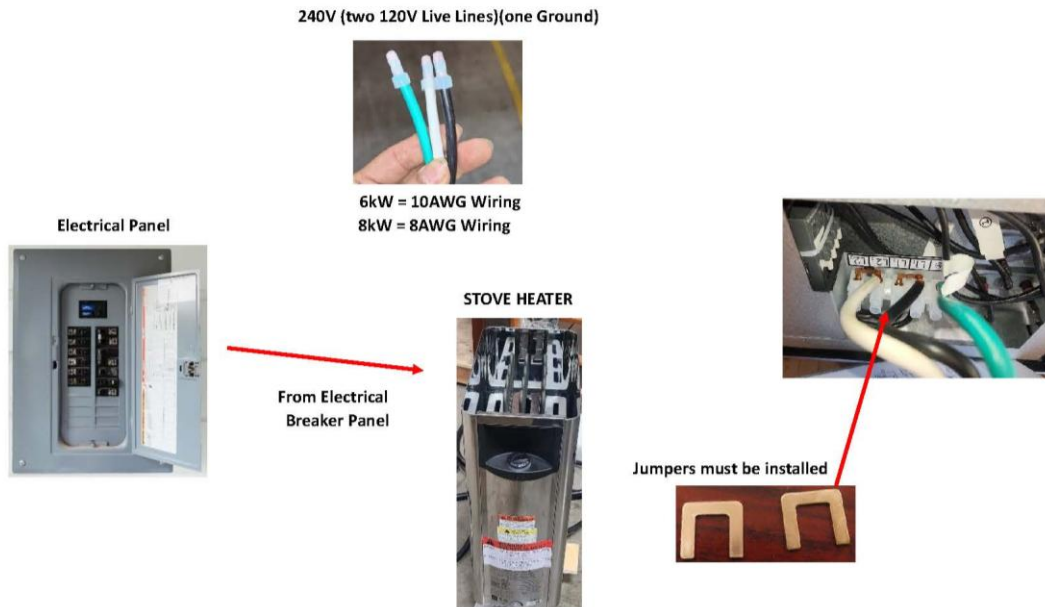
***Wiring will be supplied by your certified electrician.**



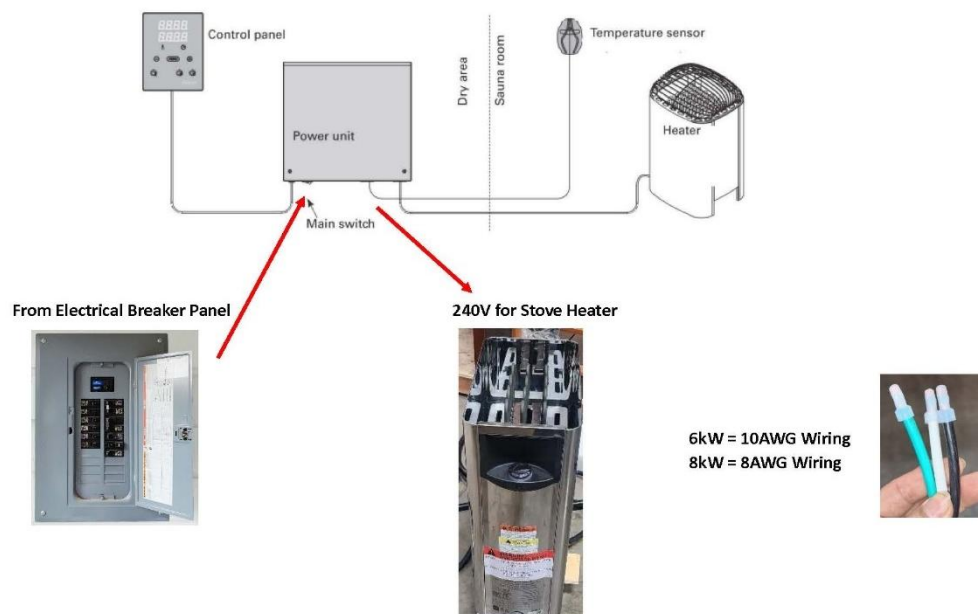
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Connecting Power To A Harvia THE WALL Heater (traditional sauna)

To wire up the Harvia Stove Heater correctly on a Traditional Sauna, you must wire the main 240V power line from the circuit breaker to the Stove Heater

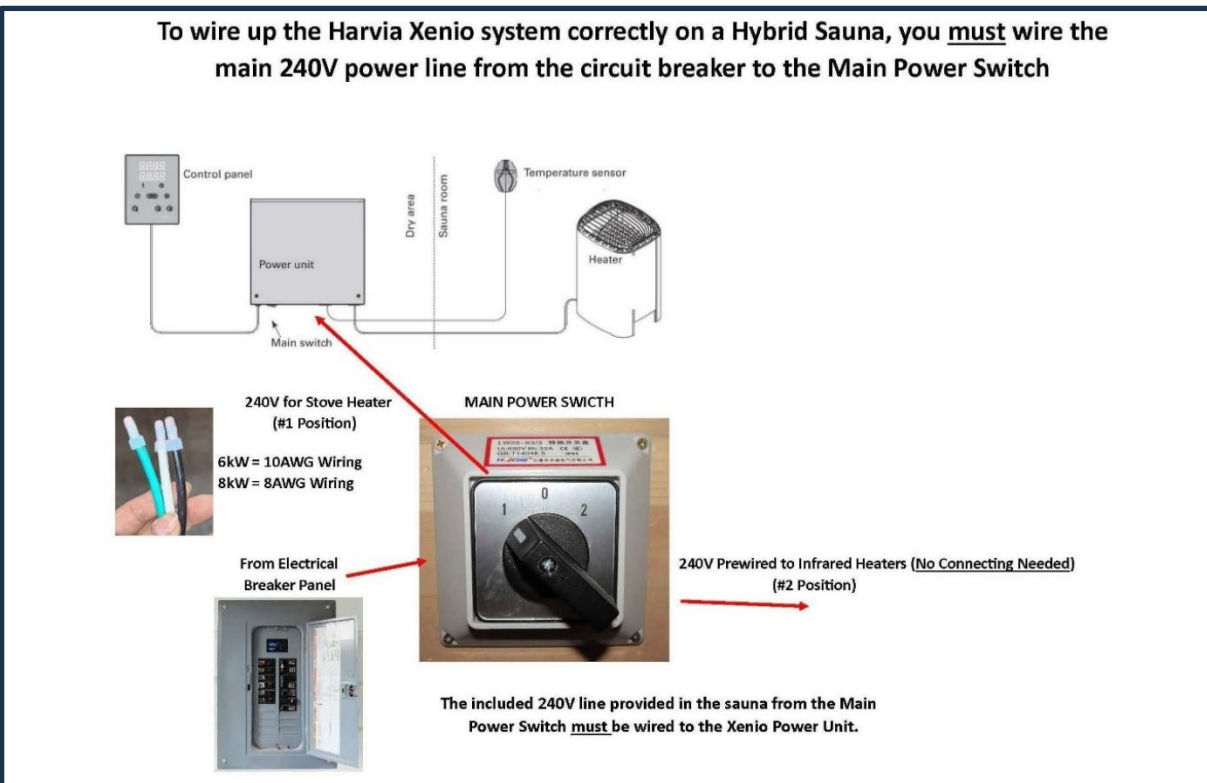
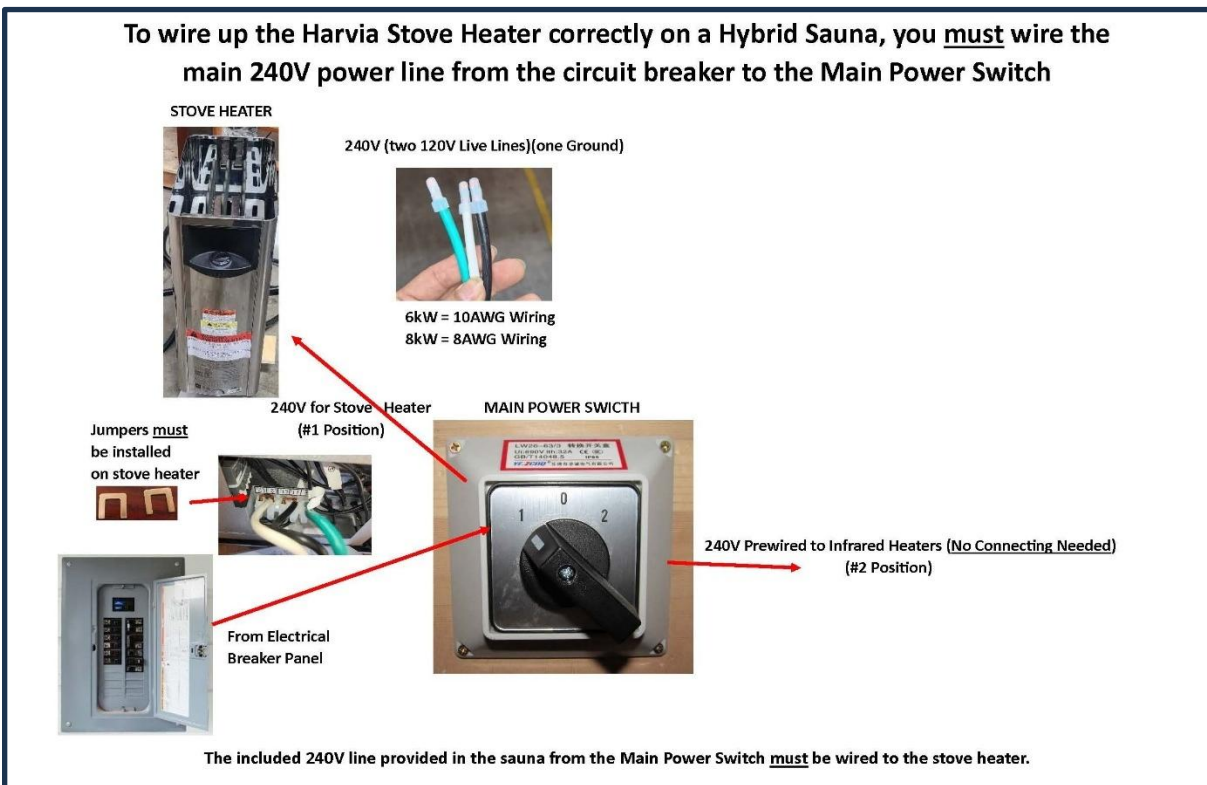


To wire up the Harvia Xenio system correctly on a Traditional Sauna, you must wire the main 240V power line from the circuit breaker to the Xenio Power Unit



NOTE: The pictures and diagrams shown above are for representational purposes only. Actual model may vary. Parts subject to change.

Connecting Power To A Harvia THE WALL Heater (hybrid sauna)



NOTE: The pictures and diagrams shown above are for representational purposes only. Actual model may vary. Parts subject to change.

Parts Descriptions

- A. The wall panels can be seen in the image below. The control panels will be located on the LEFT SIDE WALL PANEL. There will be a vent on the lower LEFT SIDE WALL PANEL and a vent on the upper RIGHT SIDE WALL PANEL. The vents will be closer towards the front of the sauna room. The interior will be constructed of natural Red Cedar wood. (see Figure 1)

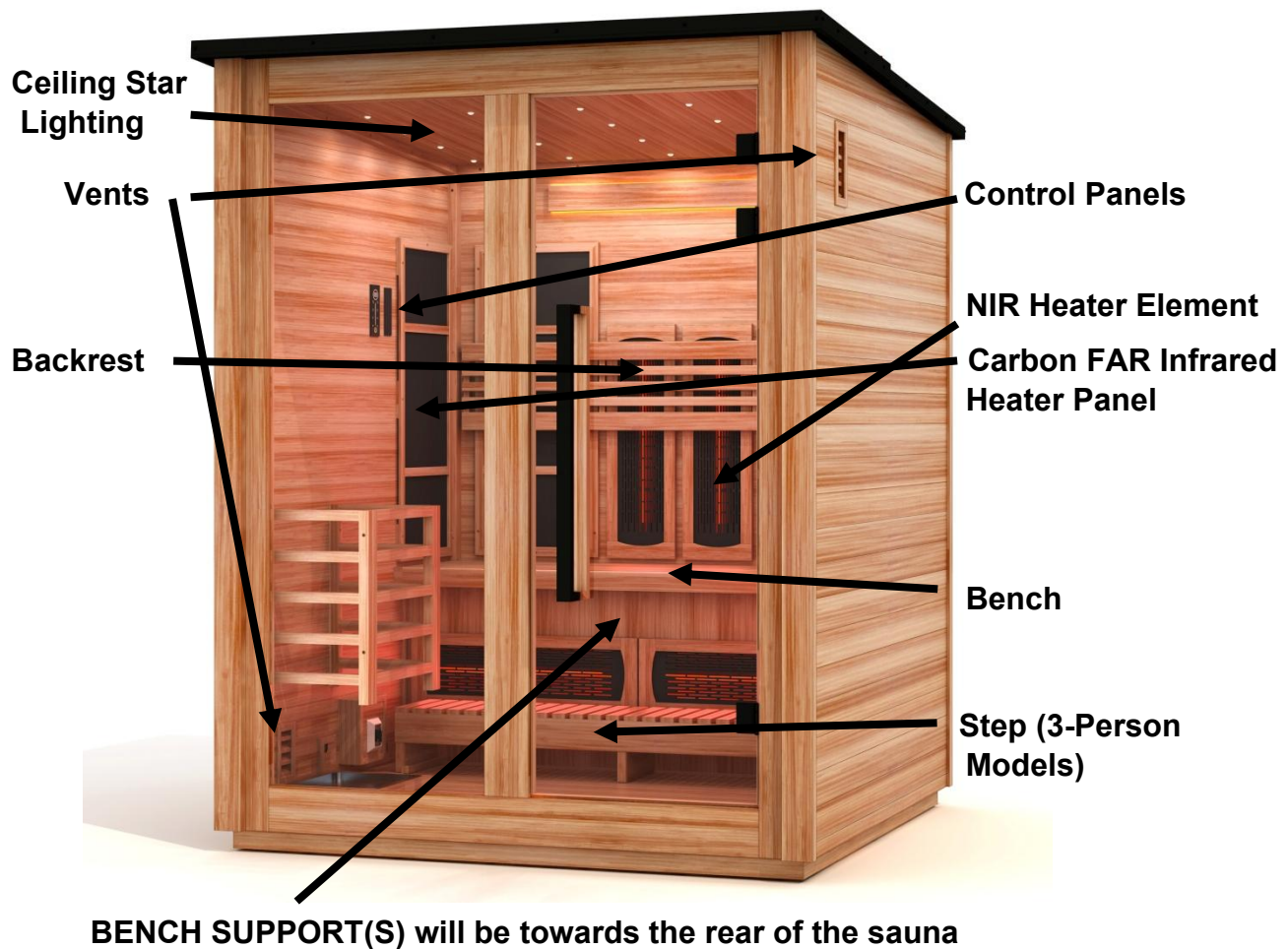


Figure 1

NOTE: The pictures and diagrams shown above are for representational purposes only. Actual model may vary. Parts subject to change.

Screw Identification and Location Chart

SCREW IDENTIFICATION AND LOCATION CHART



MODEL: GDI-8523-02/GDI-8523-03/GDI-8523-04		
LOCATION	SPECS	USAGE
For Connecting LEFT and RIGHT Wall Panels to Front Wall Panel	4*50mm (Stainless Steel)	8
For Connecting LEFT and RIGHT Wall Panels to REAR Wall Panel	4*50mm (Stainless Steel)	8
For Connecting CEILING PANEL	4*50mm (Stainless Steel)	6
BENCH	4*40mm (Stainless Steel)	2
BENCH STEP	4*40mm (Stainless Steel)	4
Stove Guard	4*40mm (Stainless Steel)	8
Power Switch Cover	4*40mm (Stainless Steel)	4
Interior Side - Wood Handle	6*75mm (Stainless Steel)	2
Screw Cover	10*13mm (Plastic)	70
Screws to Mount the Aluminium Roof Sections to Walls	#12 - 2.8 in.	8
Screws to Mount the Aluminium Roof Sections Together	#12 - 1 in.	7
Spoon/Bucket/Sandglass	3.25mm (Stainless Steel)	2

MODEL: GDI-8526-02/GDI-8526-03/GDI-8526-04		
LOCATION	SPECS	USAGE
For Connecting LEFT and RIGHT Wall Panels to Front Wall Panel	4*50mm (Stainless Steel)	8
For Connecting LEFT and RIGHT Wall Panels to REAR Wall Panel	4*50mm (Stainless Steel)	8
For Connecting CEILING PANEL	4*50mm (Stainless Steel)	6
BENCH	4*40mm (Stainless Steel)	4
Stove Guard	4*40mm (Stainless Steel)	8
Power Switch Cover	4*40mm (Stainless Steel)	4
Interior Side - Wood Handle	6*75mm (Stainless Steel)	2
Screw Cover	10*13mm (Plastic)	84
Screws to Mount the Aluminium Roof Sections to Walls	#12 - 2.8 in.	8
Screws to Mount the Aluminium Roof Sections Together	#12 - 1 in.	7
Spoon/Bucket/Sandglass	3.25mm (Stainless Steel)	2

NOTE: The pictures and diagrams shown are for representational purposes only. Actual model may vary. Parts subject to change.

Assembly Instructions

A. Choose a good location to install the sauna

1. The location must be dry, **leveled**, and away from any source of water.
2. The heater must be installed by a certified electrician.
3. Three adults are required for assembly.
4. Sauna Panels: FLOOR PANEL – REAR WALL PANEL – LEFT SIDE WALL PANEL – RIGHT SIDE WALL PANEL – FRONT WALL PANEL – INTERIOR CEILING PANEL – EXTERIOR ROOF PANELS - BENCHES/BENCH SUPPORTS – EXTERIOR ROOF PANEL
5. Tools Required: Battery Operated Screwdriver or Hand-Held Philips Screwdriver, Rubber Mallet, Leveler, and (2) Ladders.

B. Installing the FLOOR PANEL and REAR WALL PANEL

1. Make sure the space where the sauna will be assembled is flat and level.
You will need to have enough space to navigate around the sauna room while assembling. First, locate the FLOOR PANEL. Note the sticker that indicates the front of the FLOOR PANEL where the door will be situated. Two adults will need to lift and place the REAR WALL PANEL up and onto the FLOOR PANEL. One adult will need to continue to hold the REAR WALL PANEL in position. (see Figure 2 and 2a)



Figure 2

GDI-8523-02/GDI-8523-03/GDI-8523-04

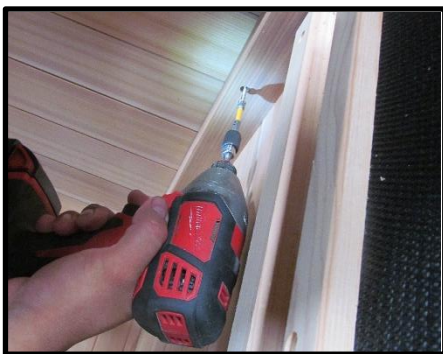


Figure 2a

GDI-8526-02/GDI-8526-03/GDI-8526-04

C. Installing the LEFT SIDE WALL PANEL and RIGHT SIDE WALL PANEL

1. Now locate the LEFT SIDE WALL PANEL. Two adults will need to lift and place the REAR WALL PANEL up and onto the FLOOR PANEL and against the REAR WALL PANEL. Make sure that the wall panels are tight up against each other. It is recommended that an adult push from the exterior of the LEFT SIDE WALL PANEL inward as a second adult on the interior of the sauna room use the provided 4x50mm wood screws to screw the REAR WALL PANEL to the LEFT SIDE WALL PANEL at the pre-drilled holes. You will do the same for the RIGHT SIDE WALL PANEL. (see Figure 3)



**GDI-8523-02
GDI-8523-03
GDI-8523-04**



**GDI-8526-02
GDI-8526-03
GDI-8526-04**

Figure 3

D. Installing the FRONT WALL PANEL

1. Next, locate the FRONT WALL PANEL. Two adults will need to lift and place the FRONT WALL PANEL up and onto the FLOOR PANEL and in between the LEFT SIDE WALL PANEL and RIGHT SIDE WALL PANEL. It is recommended that you open up the LEFT SIDE WALL PANEL and RIGHT SIDE WALL PANEL slightly to allow for the FRONT WALL PANEL to sit between. (see Figure 4)

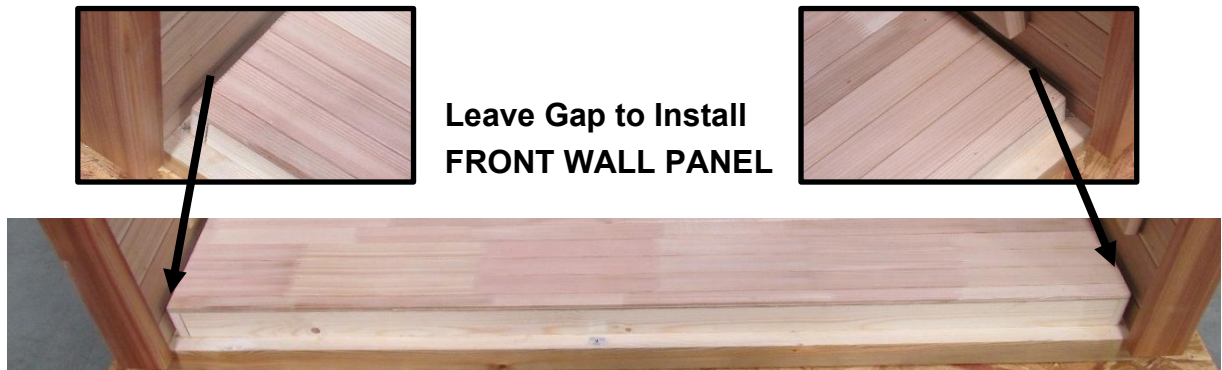


Figure 4

2. Once the FRONT WALL PANEL has been placed up and onto the FLOOR PANEL and between the LEFT SIDE WALL PANEL and RIGHT SIDE WALL PANEL, the FRONT WALL PANEL can be screwed to the LEFT SIDE WALL PANEL and RIGHT SIDE WALL PANEL. It is recommended that an adult push from the exterior of the LEFT SIDE WALL PANEL inward as a second adult on the interior of the sauna room use the provided 4x50mm wood screws to screw the FRONT WALL PANEL to the LEFT SIDE WALL PANEL at the pre-drilled holes. You will need to do the same for the RIGHT SIDE WALL PANEL. See Figure 5. Do remove any protective plastic corners around the glass door corners if present.

GDI-8523-02
GDI-8523-03
GDI-8523-04



GDI-8526-02
GDI-8526-03
GDI-8526-04



Figure 5

E. Installing the INTERIOR CEILING PANEL and EXTERIOR ROOF PANELS

1. Locate the INTERIOR CEILING PANEL. Note that the interior side has the ceiling light. The INTERIOR CEILING PANEL will need to be lifted up and onto the top of the sauna room. Once in place, push the INTERIOR CEILING PANEL downward into place. Use the provided 4x50mm wood screws to screw the INTERIOR CEILING PANEL downward to the FRONT WALL PANEL and REAR WALL PANEL at the predrilled holes. (see Figure 6 and 6a)

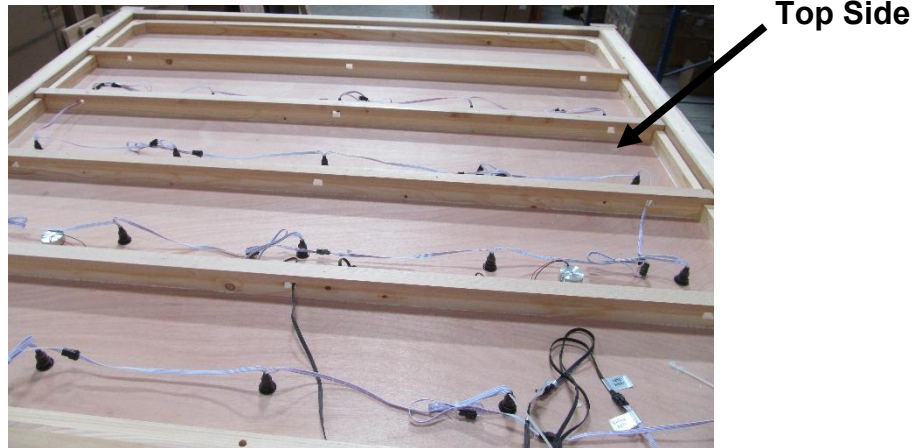


Figure 6

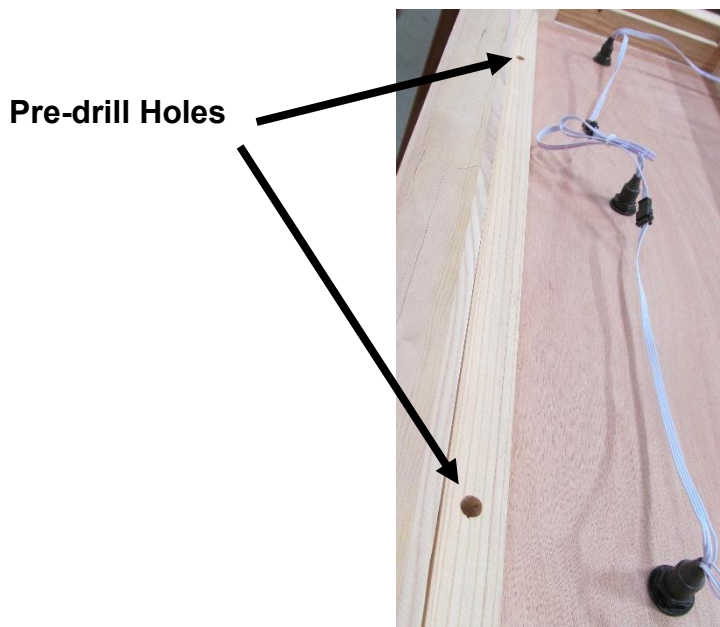


Figure 6a

2. Locate and connect the connections harnesses up on the rooftop such as the Ceiling Light and Speakers. (see Figure 7)

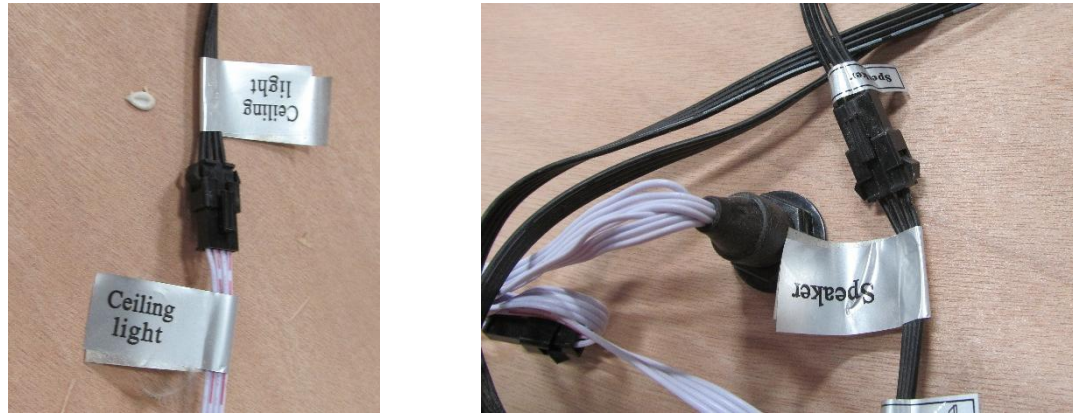
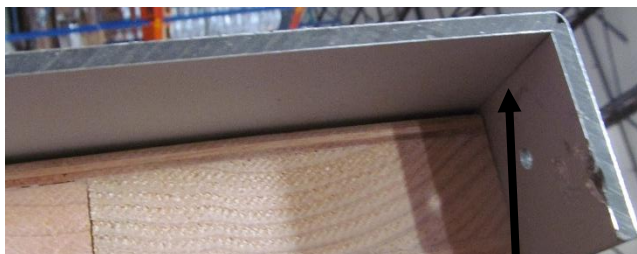


Figure 7

Note: Remove the protective masking tape from the Temperature Sensor on the ceiling if present.

3. It is now time to install the EXTERIOR ROOF PANELS. Please note that one of the two pieces of the EXTERIOR ROOF PANELS has a slight overhang. The section of the EXTERIOR ROOF PANEL is the front section. This overhang will be installed in such a way as to overlap the rear section of the EXTERIOR ROOF PANEL to allow for rain to run down the slope of the EXTERIOR ROOF PANELS and over the overhang and onto the rear section of the EXTERIOR ROOF PANEL. This one will be installed last. See Figure 8 below. Locate the EXTERIOR ROOF PANEL that does not have the overhang. This piece will be installed first and go towards the rear of the sauna room.



**Front Section of the
EXTERIOR ROOF PANEL
with the OVERHANG**

OVERHANG

Figure 8

Locate the EXTERIOR ROOF PANEL that does not have the overhang. This section will be installed first. Proceed to lift this section up and onto the rooftop at the rear of the sauna room. There is a wood plank on the inside of the EXTERIOR ROOF PANEL that will sit up against the interior of the REAR WALL PANEL. This will allow it to sit in place and not slide off of the rooftop. Use (4) of the 2.8" screws to screw this section downward to the side wall panels. Next, lift the front section of the EXTERIOR ROOF PANEL that has the overhang up and onto the rooftop from the front of the sauna room. The overhang will be positioned over the rear section of the EXTERIOR ROOF PANEL. Again, there is a wood plank on the inside of the front section of the EXTERIOR ROOF PANEL that will sit up against the interior of the FRONT WALL PANEL. Use the remaining (4) 2.8" screws to screw this section downward to the side wall panels. provided screws. Use (5) of the 1" screws to screw the overhang section down to the rear section of the EXTERIOR ROOF PANEL. Use the last (2) 1" screws to screw horizontally at each side of the front section as seen in Figure 9.

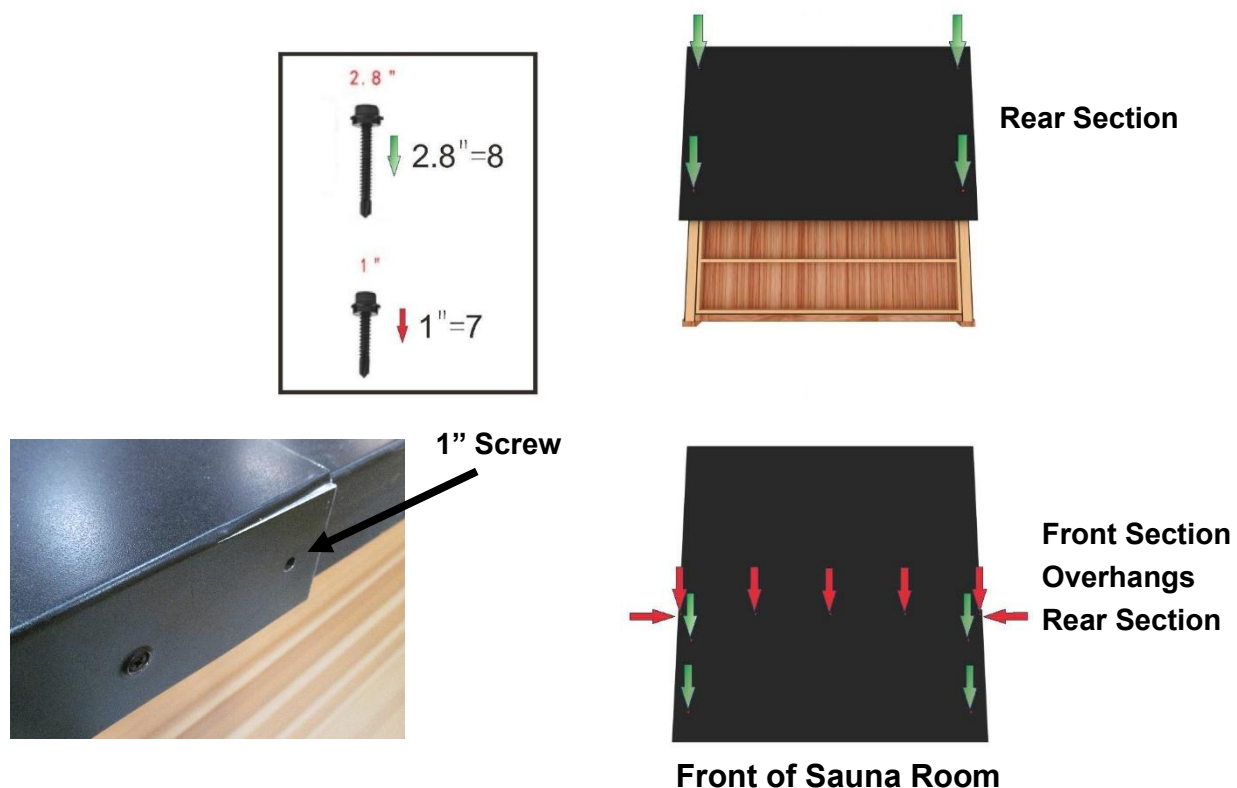


Figure 9

Please Note: The EXTERIOR ROOF PANEL can hold up to approximately 20 pounds of snow per sq. in.

F. Installing the BENCH SUPPORTS, BENCHES, and STEP

1. Before you install the BENCH SUPPORTS, you will need to connect the harnesses and heater cords that will be covered by the BENCH. You will connect the harness and heater cords to their applicable counterparts. Be sure the heater cords align as you plug them together. You will have some heater cords not connected yet as they will be connected once the BENCH SUPPORT(S) are installed. Do stretch out the blue antenna wire. Some of the connections are below in Figures 10, 11, 12 and 13.



Main Power Cord

Figure 10



Light Control Panel



Controller Panel

Figure 11



Temperature Sensor

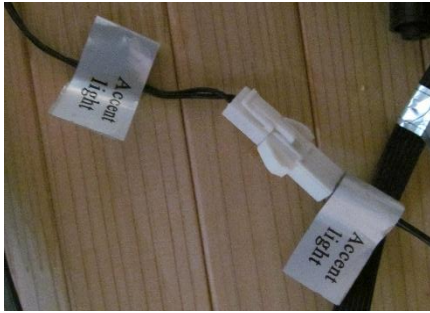


Ceiling Light

Figure 12



Speaker



Accent Light



Heater Cord Connections



Antenna Wire

Figure 13

2. Locate the BENCH SUPPORT(S). Please note that for 3-person models, you will have (1) BENCH SUPPORT and (1) BENCH. For 6-person models, you will have the UPPER and LOWER BENCH SUPPORTS and UPPER and LOWER BENCHES. Once you have located the BENCH SUPPORT(S), you will need to install them at an angle and pull the right side forward as seen in Figure 14. Be sure to connect the heater cord to its counterpart.



Figure 14

3. Locate the BENCH. You will need to slide the BENCH over the BENCH SUPPORT and all the way back against the REAR WALL PANEL. The pre-drilled holes should be towards the back so that you can use the 4x40mm screws to screw the BENCH down. (see Figure 15)

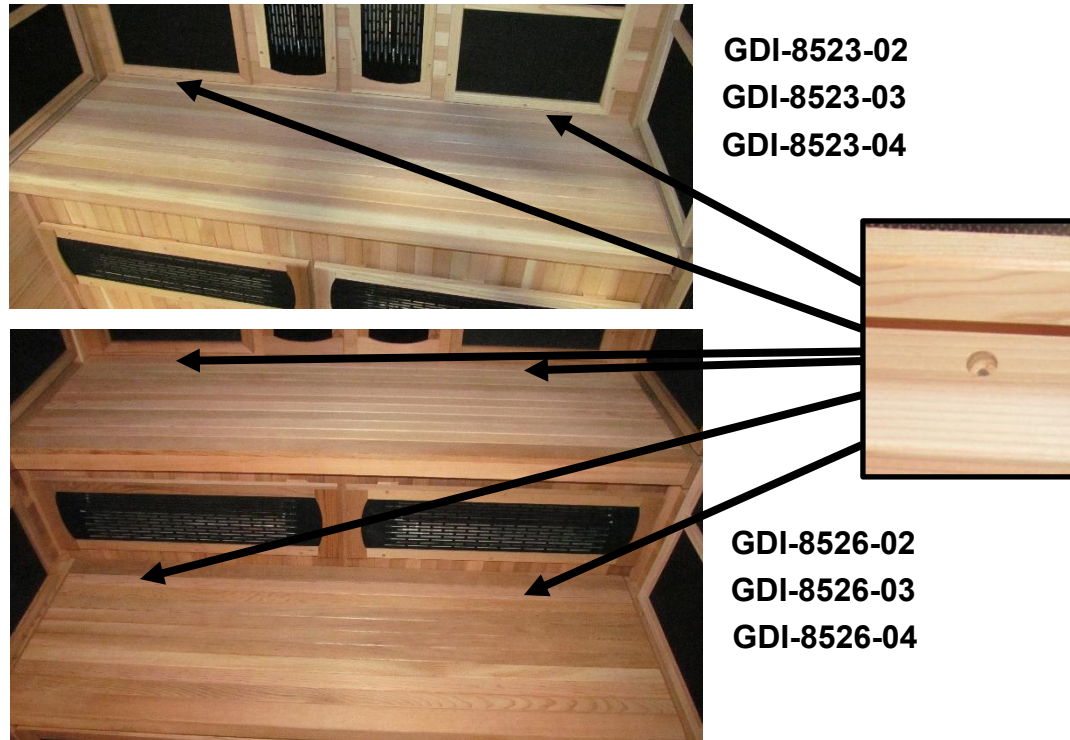


Figure 15

4. Locate the STEP. The STEP only comes with the 3-person models. This will need to be placed about two inches in front of the BENCH HEATER. Use the provided 4x40mm screws to screw the STEP down to the FLOOR PANEL. (see Figure 16 and 17)



Figure 16



Figure 17 GDI-8523-02/GDI-8523-03/GDI-8523-04

H. Installing the Door Handle and Heater Wood Guard

Please Note: The heater must be installed by a certified electrician per the manufacturer's manual. The heater must be installed per the electrical code in your area with reference to the breaker and wire sizes & wire material. Be sure to follow the manufacturer's manual for proper and safe installation of the heater. For the Harvia Wall Heater, it is very important to follow the heater instructions for proper installation at approximately 3 inches up from the FLOOR PANEL. After the heater is mounted, you can install the wood guard housing for the heater. The wood guard housing does vary in styles.

1. First, locate the Door Handle. Note that the wood side is the interior side. If the Door Handle is screwed together, you will need to remove the screws and plastic washer(s) if any were included for the exterior side. Next, place the wood side on the interior side of the glass door and the opposite side on the exterior. Use the screws and plastic washer(s) if included to screw the Door Handle onto the Glass Door.
2. Next, you will need to locate the wood housing for the heater and assemble it using the provided 4x40mm wood screws. (see Figure 18)

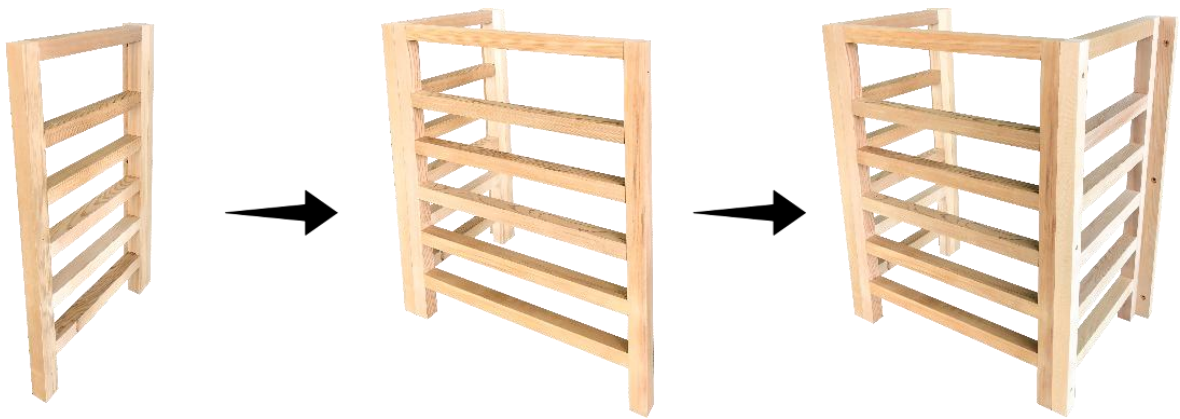


Figure 18

2. Next, you will need to mount the wood housing to the sauna wall panel using the provided screws. You will install the wood housing around the heater as the heater does get very hot. (see Figure 19)



Shown with Harvia THE WALL Heater

Figure 19

3. Your sauna may come with screw hole covers. You can place them within the screw holes to cover them. The sandglass and buckle/ladle are accessories. They can be used with the sauna room. Use the buckle/ladle to put droplets of water onto the heated stones to create steam. The sandglass can be used as a timer for your sauna session and may be hung on the wall. And if your sauna came with the metal tray, this may or may not be useable depending on the stove heater style. For instance and if your sauna came with a Harvia THE WALL stove heater, you will not have

enough space under the stove heater to place the tray. The tray is an optional accessory and does not have to necessarily be used. Lastly, be sure to remove the paper warning signs tied to the wall panel and glass door before operating the sauna room. (see Figure 20)



Figure 20

Be sure to register your warranty – see WARRANTY REGISTRATION

ASSEMBLY COMPLETED

SAUNA CONTROL PANEL - GENERAL INTRODUCTION

Please note that you can either have the stove heater operating or the Infrared heaters operating on hybrid models, but not both at the same time. You can turn the Main Power Switch knob to the left or right to select either the stove heater or the Infrared heaters to operate. If you switch the Main Power Switch knob to the “0”, then neither the stove heater or Infrared heaters will have power. The Main Power Switch is only included with hybrid sauna models.



Main Power Switch

1. Description of Functions of the Sauna's Control Panel

Functions	
Touch Key technology	√
Bluetooth	√
Chromotherapy Lighting	√
Exterior Accent Lighting	√
Time/Temperature Adjustment	√

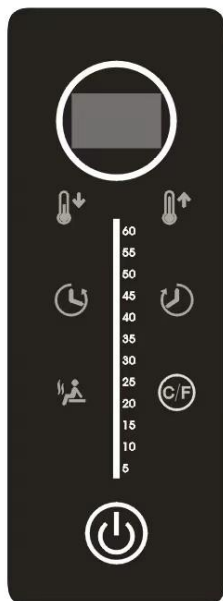
2. Control System Specifications

- A. Rated Voltage: AC100V-AC240V
- B. Rated Power: 50Hz/60Hz
- C. Touch Key technology

CAUTION: Exit sauna immediately if you feel dizzy, sleepy, or any discomfort.

3. Control Panels:

Sauna Control Panel



Light/BT Control Panel



CONTROL PANEL OPERATION – Sauna Control Panel

1. First and to operate the Infrared sauna, be sure that the main power switch is turned to “2”. To provide power to the stove heater, the main power switch will need to be turned to “1”. To turn the power OFF, the main power switch will need to be turned to “0”.



Power to Infrared heaters



Power to stove heater

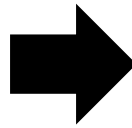


Power turned OFF

2. Once the main power switch is turned to “2”, the power button on the sauna’s control panel will become illuminated (red). You will need to press the sauna’s control panel power button for 5 seconds or more until you hear a beep and the sauna’s control panel turns ON. The LED will now be displayed. You can press the sauna’s control panel button again to turn the sauna’s control panel OFF. The sauna’s control panel power button will return to red.



Sauna's Control Panel is OFF
(power button is red)



Sauna's Control Panel is ON
(control panel illuminated)

3. To turn on the Infrared heaters, press the indicated button below. This button will change from “red” to “green”. If you press this button again, the Infrared heaters will turn OFF and the button will return to “red”.

Before pressing to come ON, the button is red. After pressing, the button is green indicating the Infrared heaters are ON.



4. To adjust the timer, see the image below. You will press the clock button on either the left side or the right side. The left side adjusts the timer to decrease the time. The right side adjusts the timer to increase the time.



5. To adjust the temperature, see the image below. You will press the thermometer button on either the left side or the right side. The left side adjusts the temperature to decrease the temperature. The right side adjusts the temperature to increase the temperature.



6. To change the temperature reading between Celsius and Fahrenheit, you can press the C/F button for a few seconds until you hear the control panel beep. Once you set this setting, it will become the default setting.



7. Please note that when you are using the stove heater, you do want to turn OFF the Sauna Control Panel and switch the Main Power Switch to “1”. The Sauna Control Panel will no longer have any illumination.



Sauna Control Panel is Illuminated



Only Power Button is Illuminated



Turn Main Power Switch to “1” for Stove Heater



Sauna Control Panel has no Illumination

CONTROL PANEL OPERATION – Light/BT Control Panel

1. After the sauna has power, there will be no change on the Light/BT Control Panel until you press the power button. Please note that the Light/BT Control Panel is operable when the Infrared heaters are ON or when the Stove heater is ON. When the power button is pressed, you will see (4) lines displayed.



2. On the Light/BT Control Panel, you will see a light bulb icon on the left side of the control panel. This button operates the accent lighting on the rear wall panel. Pressing the button turns these lights ON/OFF.



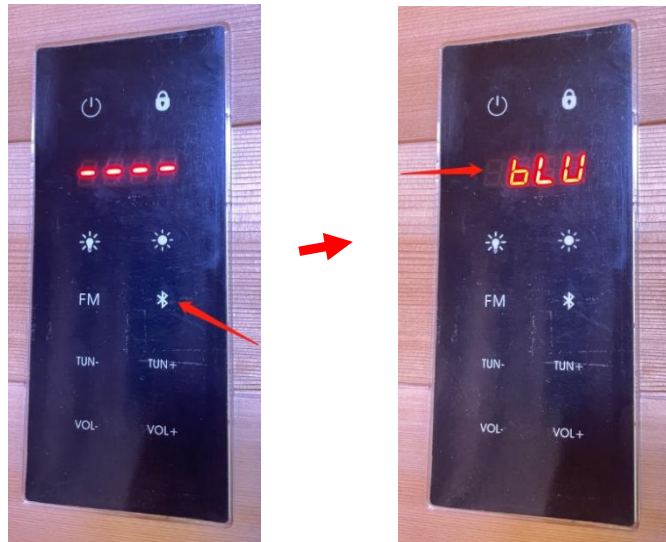
3. On the Light/BT Control Panel and to the right of the light bulb icon, you will find the button for the Star Lighting on the ceiling. Pressing the button turns the Star Lighting ON/OFF.



After the Star Lighting is turned ON, you can again press and hold the button to the right of the light bulb icon for approximately 5 seconds or until the L1 comes onto the display.

L1 = White L2 = Purple L3 = Blue L4 = Cyan L5 = Green L6 = Yellow L7 = Red
L8 = Sequence of Colors L9 = Gradient of Colors

4. Press the BT icon button to enable Bluetooth and the screen will display "bLU". Next, you can search your device to pair with the sauna. Once paired, you will hear a musical prompt. Please note that no password is needed during the Bluetooth pairing. Press the "**TUN-**" and "**TUN+**" to select a song. If you would like to listen to the radio, you can select the "FM" button. Use the "**TUN-**" and "**TUN+**" to scroll through the radio stations. Press the "VOL-" and "VOL+" to adjust the volume. The control panel radio tuner does have a simple antenna system and may not pull in all radio stations in your area.



5. If the user does not press any buttons for longer than 3 minutes, the control panel will “lock” as a safety feature. When pressing any buttons on the control panel after the 3 minutes, the screen will display “**LOC**”. To unlock the control panel, press and hold the “” button.

CAUTION: Exit sauna immediately if you feel dizzy, sleepy, or any discomfort.

Maintenance:

With regards to maintenance, you do not want to use any liquid cleaners or aerosol cleansers inside the sauna. Unplug/shut off the circuit breaker before cleaning the sauna. Use plain water and a soft cloth for cleaning the interior. **Do not use benzene, alcohol, or strong cleaning chemicals in or on the sauna. NOTE: Any chemical that can damage wood or be absorbed into the wood will damage the sauna.** For models with exterior wood panels, the exterior will need to be properly maintained regularly by applying a water repellent sealant to the exterior wood within a month of assembly and 2-3 times per year from there on. Saunas with a non-wood exterior should be cleaned with water, mild soap, and a soft-bristle brush twice a year. Avoid using a pressure washer or harsh chemicals which may damage the exterior walls/roof.

Tips for using Your Sauna

- 1) If you take a hot/warm shower or bath before using your sauna, you may perspire more and experience more comfort.
- 2) Drink water prior to, during, and after your sauna session to replenish body fluids.
- 3) The ventilation vent is installed on the sauna and should never be obstructed.
- 4) You can use 2 towels during your sauna session. Fold one of the towels several times and place it on the bench. This towel will absorb some of your perspiration while adding comfort as you sit on the bench. Use a second towel to wipe perspiration from your body from time to time.
- 5) This is a non-commercial sauna. For every four hours ON, the sauna must be turned OFF for one hour to cool down.
- 6) At the first sign of a cold or flu, increasing your sauna sessions may be beneficial in boosting your immune system and decreasing the reproductive rate of viruses.
- 7) To help relieve sore and tense muscles, massage the affected areas during your sauna session.
- 8) The peaceful and relaxed state rendered by a sauna session may help you to sleep easier and deeper.
- 9) To protect the user from coming into contact with the heater, be sure to install the heater wood guard.
- 10) After the sauna session is over, do not jump into the shower or bath immediately. Because your body was heated up during the sauna session, it will continue to perspire even after you exit the sauna room. Sit in the sauna with the door open slightly and let your body cool down. Once your body has cooled down and you feel comfortable, you can exit the sauna. After about twenty minutes and when your body has completely cooled down, you can take a shower to rinse the perspiration off your body.
- 11) To avoid a hazard, do clean the sauna floor of all perspiration and debris after each sauna session.

Safety Instructions

- 1.) Read and follow all instructions carefully before using the sauna.
- 2.) When installing and using the electrical equipment, safety precautions should always be followed.
- 3.) To reduce the risk of injury, do not allow children to use the sauna unless they are directed by a medical doctor and are closely supervised at all times by an adult.
- 4.) Do not use the sauna immediately following strenuous exercises. Wait at least 30 minutes to allow the body to cool down completely.

- 5.) Pregnant or possibly pregnant women should contact their physician prior to using the sauna. Excessive temperature has a high potential for causing fetal damage during pregnancy.
- 6.) **Hyperthermia Danger:** the normal body temperature can't rise above 39°C (103°F). Symptoms of excessive hyperthermia include dizziness, lethargy, drowsiness, and fainting. The effects of excessive hyperthermia may include failure to perceive heat, physical inability to exit sauna, unawareness of impending hazard, unconsciousness and fetal damage in pregnant women. Hyperthermia could make your body's core temperature rise. Setting desired temperature to an excessively high temperature is not recommended.
- 7.) The use of alcohol, drugs, or medications prior to or during the sauna session may lead to unconsciousness and/or other harmful physical injuries.
- 8.) Persons suffering from obesity or with a medical history of heart disease, low or high blood pressure, circulatory system problems, or diabetes should consult a physician prior to using the sauna.
- 9.) Persons using medications should consult a physician before using the sauna. Some medications may induce drowsiness while others may affect the heart rate, blood pressure, and/or blood circulation.
- 10) Exercise care before and after sauna use.
- 11) Never sleep inside the sauna.
- 12) Do not use any type of cleaning agents on the interior of the sauna. Only wipe down with a cloth and water.
- 13) Do not stack or store any object on top or inside the sauna.
- 14) If the heater cord becomes damaged, it must be replaced immediately by a certified electrician. If you find the power cord is too hot or that the electrical equipment may be experiencing technical problems, please contact the manufacturer of the heater or its agent immediately to avoid hazardous conditions.
- 15) Do not use the sauna during an electrical storm to avoid risk of shock.
- 16) Do not touch the glass door hinges during sauna use as they become very hot to the touch.
- 17) Your hands must be dry and free of moisture before plugging and unplugging cords and wiring harnesses. Never operate the sauna with wet hands or wet feet to avoid risk of electric shock. Never touch the metal prongs of the plug.
- 18) Do not attempt to make any repairs yourself without contacting the manufacturer first. If a problem occurs with the sauna, please contact seller, distributor, or the manufacturer to avoid safety risks. Unauthorized repair attempts will void the manufacturer's warranty.

- 19) Please make sure the supplied power meets the specifications required. Failure to meet the requirements may cause safety risks.
- 20) Do not attempt to touch any electrical parts or make repairs on your own when using the sauna.
- 21) Do not bump, hit, or break the heater as it may cause an electrical short and pose a safety risk.
- 22) Do not make any modifications to the sauna, the sauna structure, or the sauna components.
- 23) Prior to each sauna session, the sauna room is to be inspected for correct operation. If for any reason your sauna room does not seem to be operating properly, discontinue use and contact the manufacturer.

Safeguards For Your Sauna

1. Do not install the sauna near an open water source.
2. Do not use liquid cleaners or aerosol cleansers inside the sauna. Make sure the power source is off before cleaning. Use plain water and a soft cloth for cleaning.
3. The power cord should be routed so that it is not walked on or pinched by any object that may be placed against it.
4. When replacement parts are required, be sure they meet the specified requirements of the manufacturer. Unauthorized substitutes may result in fire, electric shock, or other hazardous conditions. After any repairs, please ask the service technician to perform safety checks to determine that your sauna is working properly.
5. Do not use any wall receptacle adapter or extension cords. The heater must be hardwired by a certified electrician. Make sure the electrical cord is not crushed or pinched.
6. For sauna rooms with exterior wood finishes, you will need to maintain the exterior finish. **Never use stain on the interior of the sauna as it must remain all natural.** Consult the stain manufacturer for any off-gassing concerns. Please note that the cedar wood does start turning grey after approximately 1 – 2 years if the wood is not maintained with a UV protectant.
7. To clean the interior, you can vacuum and sweep down the floors. Use water and a non-toxic cleaner with a damp cloth to wipe down the entire sauna including the benches and walls. For cleaning the heater and stones, please refer to the manufacturer's instructions. Improper use or placement of stones within the heater can result in improper performance of the heater and hazardous conditions. Please note that the heater must be OFF and covered when cleaning the interior of the sauna so not to damage any of the components of the heater, especially if you hose down the interior of the barrel sauna.

Limited Lifetime Warranty

***Limited Lifetime Warranty:** Golden Designs, Inc. warrants the sauna room against defects in material and workmanship for the life of the product from the original date of purchase. **The sauna is for indoor use or outdoor use depending on the model. When placed outdoors, a water proof cover or the sauna's roof panel must be installed to cover the sauna room for protection. Any damage caused by direct exposure to outdoor weather elements such as rain, snow, sun, wind or extreme temperatures will not be covered by this warranty if your sauna is not properly maintained. Any damages as a result of modifications made to the sauna or its components will void this warranty.**

Extent of Warranty: This limited warranty applies to products manufactured or distributed by Golden Designs, Inc. under the Golden Designs Inc. brand name, delivered in the contiguous United States or Canada and extends to the original purchaser at the original site of installation only. This warranty becomes valid at time of purchase and terminates either by specified time frame, owner transfer, or relocation. The warranty extends to the sauna room and excludes the heater as it is covered by its own manufacturer warranty. **Your sales receipt showing the date of purchase of the product is your proof of purchase.**

Manufacturer Warranty

All Golden Designs, Inc. products are manufactured with the highest quality and are warranted to be free from defects in material and workmanship at the time of delivery. The warranty is extended through the manufacturer for the product including, but not limited to: sauna room, sauna control panel, and the connected wire harnesses. All exchanged parts and products replaced under this warranty will become the property of Golden Designs, Inc. Golden Designs, Inc. reserves the right to change for any part not covered under the existing warranty. Any parts determined to be defective must be returned to Golden Designs, Inc. at its discretion to obtain warranty service. You must prepay any shipping charges, export taxes, custom duties and taxes, or any other charges associated with the transportation of the parts. In addition, you are responsible for insuring any parts shipped or returned. You must present Golden Designs, Inc. with proof of purchase documents (including the date of purchase). Any evidence of alteration, erasing or forgery of proof of purchase documents will be cause to **VOID** this limited warranty. Products on which the serial number has been defaced or removed is not eligible for warranty service. The product warranty covers parts, but does not cover labor.

Warranty Limitations

This warranty does not apply if the unit has been subject to full commercial use, negligence, alteration, modification, misuse, abuse, repairs by non-Golden Designs, Inc. authorized personnel, inappropriate installations, or any case beyond the control of Golden Designs, Inc. invalidating this warranty including but are not limited to:

- Improper use of lacquer or paints
- Sauna and other Golden Designs, Inc. products accessories placed on non-approved surfaces
- Outdoor applications not protected safely from outdoor weather elements, including the glass door
- Normal wear and tear or weathering
- Use of product not in accordance with instructions

- Improper use of the sauna
- Moisture or water seepage

Surface cracks are not considered defects in material or workmanship, as they are normal characteristics of all woods. This includes minor cracks due to wood expansion and contraction. Since the wood used in construction may have been kiln dried, a certain amount of expansion and contraction occurs in the wood in a sauna environment. Please note that water seepage will not hurt the wood and is a normal tendency of outdoor application. The water will usually dry quickly due to the heated environment. If you want to keep the sauna completely dry, you will need to install the barrel sauna under a covered structure.

Disclaimers

Golden Designs, Inc. shall not be liable for loss of use of sauna or other Golden Designs, Inc. products or other secondary or incidental or consequential costs, expense or damages - which may include the removal of permanent structures or other custom fixtures or the necessity for crane removal - arising directly or indirectly out of the use or inability to use the product. Any implied warranty shall have duration equal of the applicable warranty stated above. Under no circumstances shall Golden Designs, Inc. or any of its representatives be held liable for injury to any person or damage to any property, however arising. Specifications are subject to change without notice or obligation.

Legal Remedies

This limited warranty gives you specific legal rights. You may have other rights, which may vary from state to state.

Customer Service

For customer service, contact your authorized dealer. If you need additional information or assistance, please email Golden Designs, Inc. at info@goldendesignsinc.com or call (909) 212-5555.

*Limited Lifetime Warranty of Sauna Products is 5 years on wood structure (when properly maintained), control panel, and applicable control panel harnesses and lights from the date of purchase. Stove/heater is covered under its manufacturer's applicable warranty.

WARRANTY REGISTRATION

Congratulations on your purchase of an Infrared Sauna from Golden Designs, Inc. Please take the time to register your warranty using the QR Code:



If you do not have the QR Code Reader, you can also register at:

<https://app.goldendesigninc.com/public/RegisteredProduct>

Please include a copy of your sales receipt or packing slip when registering. The serial number (S/N) is located on the sauna's front panel, rear panel, or on the carton.

The warranty must be registered within 60 days of the purchase date.

