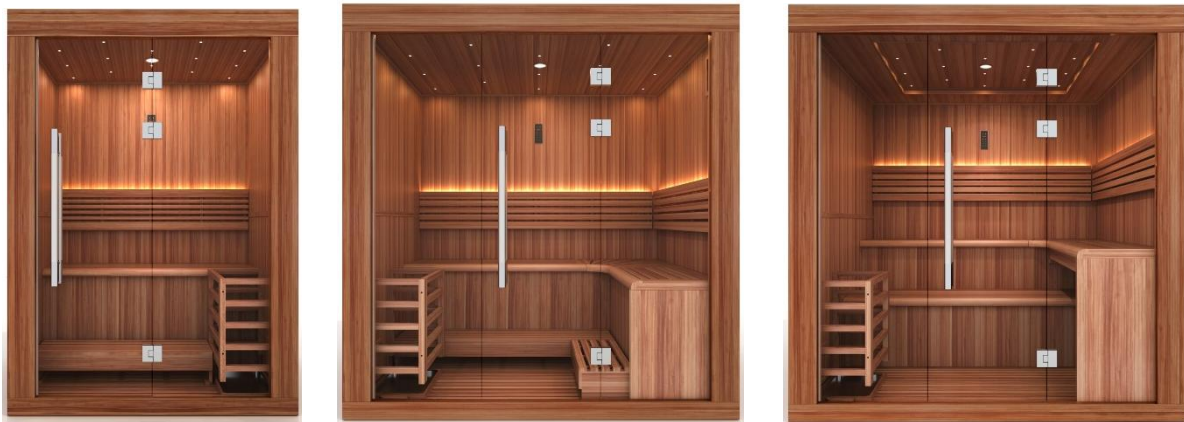




GDI-7289-02 / GDI-7389-02 / GDI-7689-02
2, 3 and 6 Person Steam Saunas



OWNER'S MANUAL

FOR STEAM MODEL SAUNAS

REQUIRES 240VAC /1PHASE (30/40AMP, depending on your electrical code) DEDICATED CIRCUIT FOR THE STOVE

REQUIRES 120VAC 15 AMP CIRCUIT FOR THE SAUNA

Please Note: The stove must be installed by a certified electrician per the manufacturer's manual. The stove must be installed per the electrical code in your area with reference to the breaker and wire sizes. Model and parts are subject to change.

Thank you for your purchase. As you remove the parts from the boxes, be sure to examine them for damages. If your unit has any damages or missing parts, please contact Golden Designs Inc. See the Warranty section for more information.

A Certified Licensed Electrician will be needed to install the electrical wiring. Due to the heat of the sauna, it is required that copper wire with 90° Celsius rating be used. Aluminum wiring cannot be used in this application. Consult with your electrician regarding the electrical requirements in your area. All wiring must be in accordance with all national, state, and local codes and regulations. Your electrician will supply the needed wiring and connections.

Excluding models specifically designed with a shingled roof to be placed directly in the outdoor weather elements, your sauna can be placed either indoors or outdoors. Sauna models without a specific outdoor roofing cannot be placed directly in the weather elements. These models, if placed outdoors, can be placed under a covered structural such as a patio to protect the sauna from the weather elements. Before assembling, make sure the surface in which the sauna will be placed on is level/dry and can support the weight of the sauna and its occupants. We recommend a concrete base or wood deck to support the sauna. If you will be placing the sauna directly on the ground, you must use such materials as concrete cinder blocks or other similar supporting structure to prevent the sauna from settling into the ground over time.

For sauna models with a shingled roof specifically designed to be outdoors in the weather elements, the wood can withstand the weather elements with proper maintenance. The outdoor model saunas with a shingled roof were designed to be placed in the rain and sun. Please note that the natural weathering elements will change the color of the wood over time. For sauna models placed directly in the weather elements, you will have some water seepage. The water seepage will not damage the sauna and usually dries quickly when the sauna is in operation. If placed outdoors under a covered structure, the exterior will need to be properly maintained regularly by applying a sealant to the exterior wood. In some environments, this may need to occur up to twice per year. Do not use outdoor sauna models during rain storms.

The information provided in this Owner's Manual is for informational purposes only and may not be construed as medical advice or instruction. The information is not recommended for any particular treatment and in all cases, it is recommended that you consult with your medical physician before using. This product does not constitute or imply any medical endorsement. The pictures and diagrams shown within this Owner's Manual are representations of this model(s). Actual model may vary.

FOLLOW ALL INSTRUCTIONS AND BE CAUTIOUS OF SAFETY SYMBOLS. All electrical wiring must be performed by a qualified licensed electrician.



High Voltage Symbol: Be cautious as there is the presence of a high voltage current that flows through the equipment!



General Caution Symbol: Be cautious as the equipment uses electrical current that can cause serious injury.

ATTENTION

⚠ WARNING

1. Please read this Operating Instruction Manual thoroughly before use. This will allow the user to become familiar with the operation of the control system. Please keep the Operating Instruction Manual available for future reference. If any technical assistance or repairing is needed, please contact the manufacturer.
2. The steam sauna must be installed indoors or can be installed outdoors within the protection of a structure that includes a water-proof roof protecting it from the outdoor weather elements. The sauna must be installed on water tolerable surfaces such as concrete or tile. When not in use and placed outdoors, a water proof cover **must** be used to cover the sauna room.
3. To reduce the risk of electric shock and/or fire, do not expose the control system to direct water contact or rain. Do not open the cover to the control system as there are high tension fittings that can be dangerous. Only dealer authorized qualified technicians should make any needed or necessary repairs at any time.
4. Any repairs, alterations, or modifications to the control system are not authorized unless by an approved repair technician. Any non-authorized repairs, alterations, or modifications can lead to serious injuries and can cause the unit to work outside its intended specifications parameters.
5. Any non-authorized repairs, alterations, or modifications will void the warranty.
6. Before connecting the unit to a power source, please make sure that all wires, cords, and connections are connected properly.
7. Make sure that the control system is in a well-ventilated and dry area. Do not place it next to any heat source, in direct sunlight, where there is any type of vibration, or in any damp or dusty environment. It should not be place in an area with other thermal-radiating objects.
8. When the equipment is not going to be used for an extended period of time, unplug the unit from the power source.
9. Allow 30 seconds between turning the control system “On” and “Off”. By allowing 30 seconds between powering the control system “On” and “Off” will prolong the life of the unit.
10. Confirm that you adhere to the correct power requirements of the control system.

Connecting the control system to other than the required voltage can damage the control system and possibly cause serious injury. It is very important that the load parameters are consistent with that needed by the control system.

11. Canadian Red Cedar and its rich aroma can cause an extremely small percentage of the population to have an adverse reaction known as Multiple Chemical Sensitivity (MCS). While this is not a universally recognized disorder in the medical field, certain consumers have an adverse physical reaction to low levels of many common chemicals and cannot tolerate any aromatic oils, shampoos with perfumes infused or certain herbs with natural aromas. However, for the majority of the population, Canadian Red Cedar is the sauna wood of choice.
12. Being that the sauna will operate in different climates (some areas are colder than others), it is not recommended to use the traditional sauna above 190 degrees Fahrenheit / 88 degrees Celsius.

CAUTION: Exit sauna immediately if you feel dizzy, sleepy, or any discomfort.

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WARNING: Visually inspect all parts before assembly to make sure they are not damaged. Any excessive vibrations during transport could cause damage to the sauna's components. **DO NOT START** the sauna if damage is detected! Contact your dealer or manufacturer for troubleshooting and replacement parts.

PLEASE NOTE: The pictures and diagrams shown within this owner's manual are representations of this model. Actual model may vary. Design and construction are subject to change. The sauna cannot be placed directly in the weather elements. It is highly recommended to keep the weather elements from reaching the sauna by placing the sauna under a covered patio or structure with a roof to fully protect the sauna.

1. Product Introduction

- A. The steam sauna room is composed of a wood cabin. The wood cabin includes a FRONT WALL PANEL with GLASS, REAR WALL PANEL, LEFT SIDE WALL PANEL, RIGHT SIDE WALL PANEL, FLOOR LATTICE, ROOF, and BENCHE(S). Other smaller wood items will also be included.

2. Wall Panel Descriptions

- A. The REAR WALL PANEL can be seen in the image below. It will have the control panel for the radio and lights on the interior. (see Figure A)

Control Panel for Radio & Lights



Figure A

B. The RIGHT SIDE WALL PANEL will have a vent near the bottom of the wall for the stove ventilation and a vent near the top on the LEFT SIDE WALL PANEL on GDI-7289-02. The LEFT SIDE WALL PANEL will have a vent near the bottom of the wall for the stove ventilation and a vent near the top on the RIGHT SIDE WALL PANEL on GDI-7389-02/GDI-7689-02. The right side of the FRONT WALL PANEL will have a stationary glass panel. The FRONT WALL PANEL will have the GLASS DOOR. (see Figure B and C)

GDI-7289-02

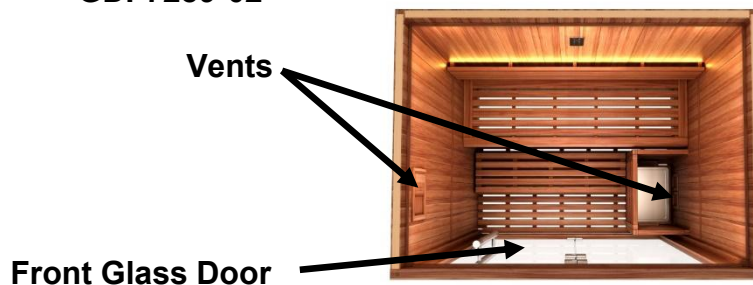


Figure B

GDI-7389-02/GDI-7689-02



Figure C

3. Floor Panel

- A. The floor panel will be a lattice piece of wood and it will not cover the entire floor (does not cover under the bench). (see Figure D)

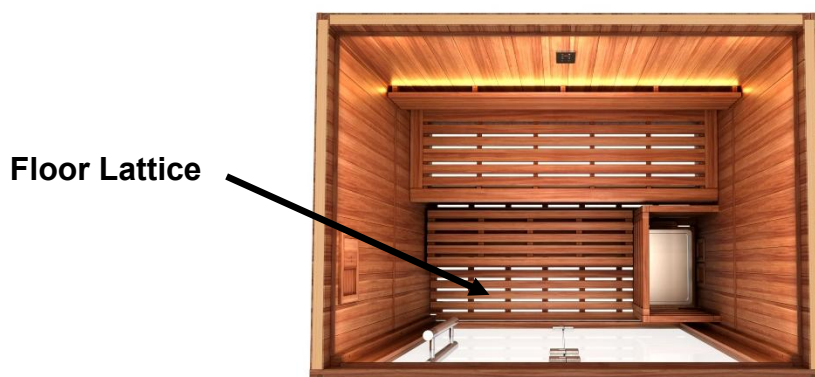


Figure D

- B. The bottom of the wall panels and FLOOR WOOD LATTICE will have plastic feet. (see Figure E)



Figure E

- C. For models GDI-7289-02 and GDI-7389-02, the STEP will be placed in front of the bench. (see Figure F)

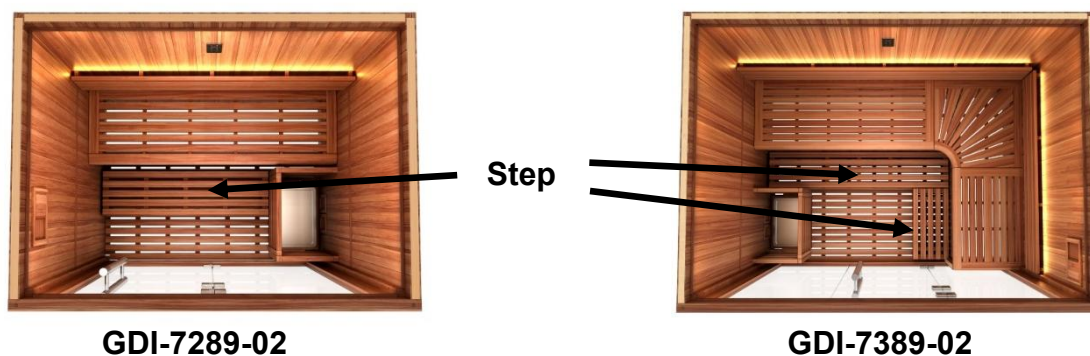
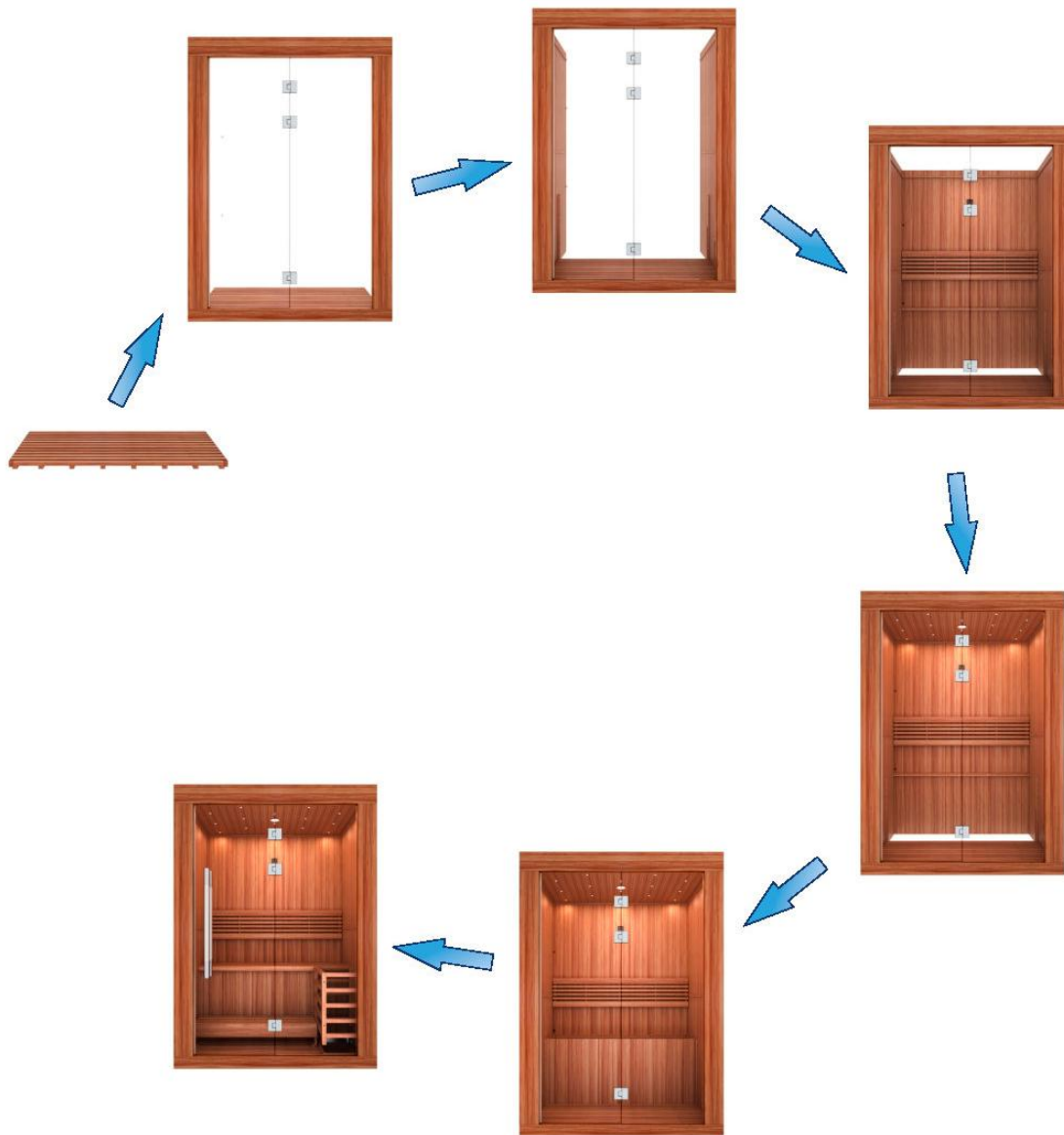


Figure F

NOTE: The pictures and diagrams shown above/below are for representational purposes only. Actual model may vary. Parts subject to change.

READ ALL INSTRUCTIONS THOROUGHLY BEFORE ASSEMBLY

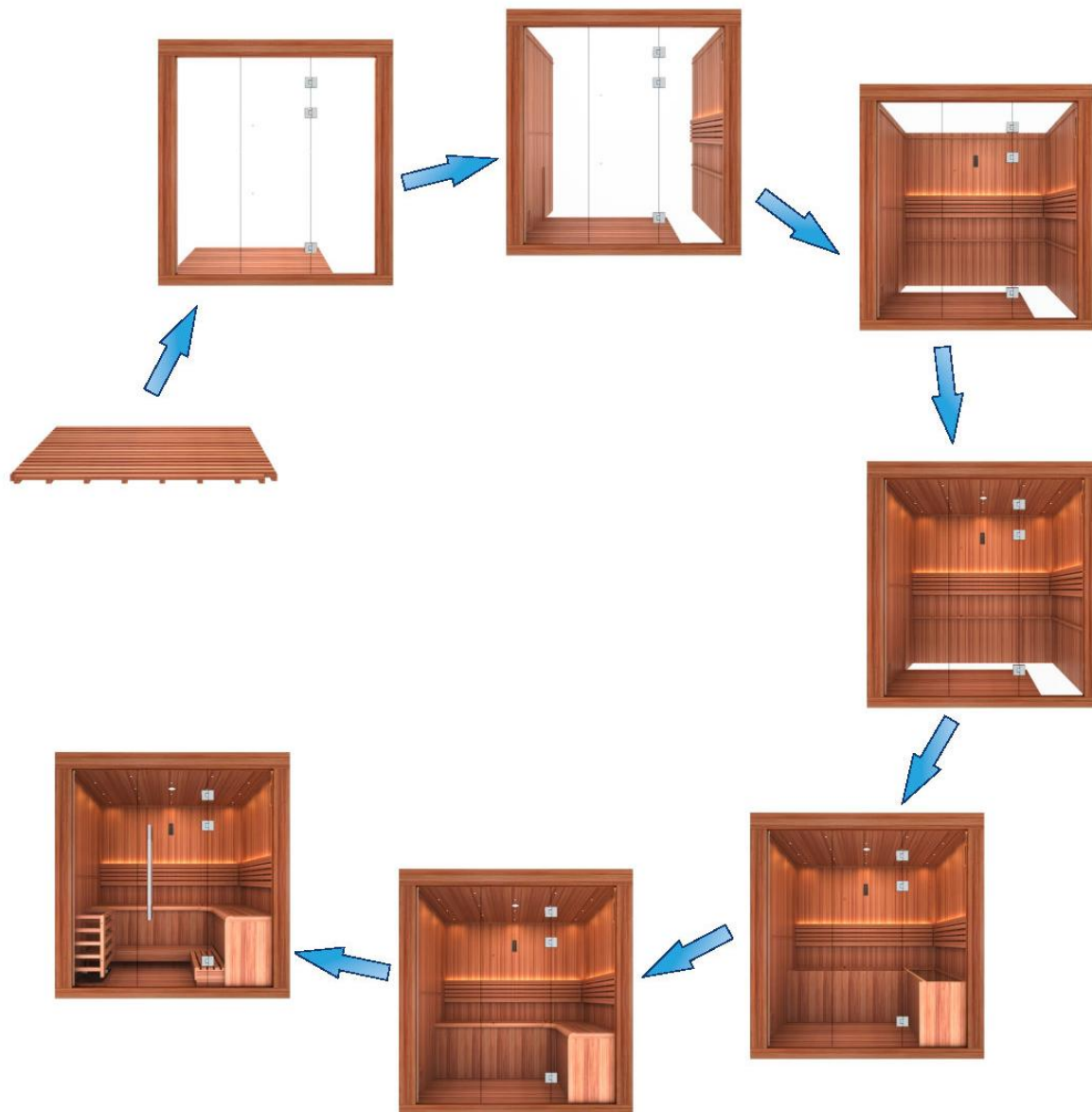
GDI-7289-02 (SJ-8260) – Assembly Diagram



***The above assembly diagram is for quick reference only. Read all instructions before assembling. All sauna models may not be shown. Parts and accessories may vary.**

READ ALL INSTRUCTIONS THOROUGHLY BEFORE ASSEMBLY

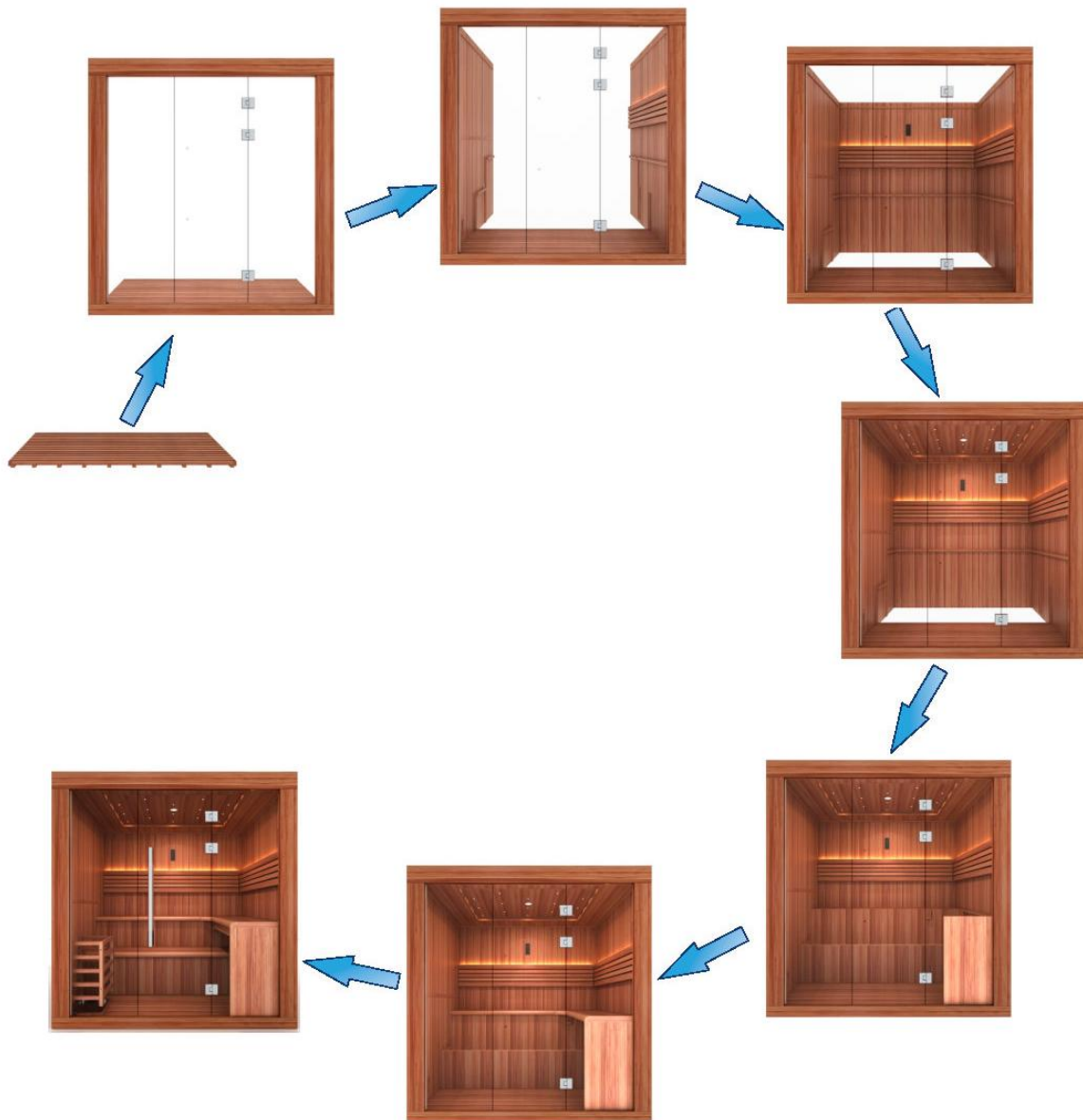
GDI-7389-02 (SJ-8360) – Assembly Diagram



***The above assembly diagram is for quick reference only. Read all instructions before assembling. All sauna models may not be shown. Parts and accessories may vary.**

READ ALL INSTRUCTIONS THOROUGHLY BEFORE ASSEMBLY

GDI-7689-02 (SJ-8460) – Assembly Diagram



***The above assembly diagram is for quick reference only. Read all instructions before assembling. All sauna models may not be shown. Parts and accessories may vary.**

READ ALL INSTRUCTIONS THOROUGHLY BEFORE ASSEMBLY

GDI-7289-02 (SJ-8260) – Schematics

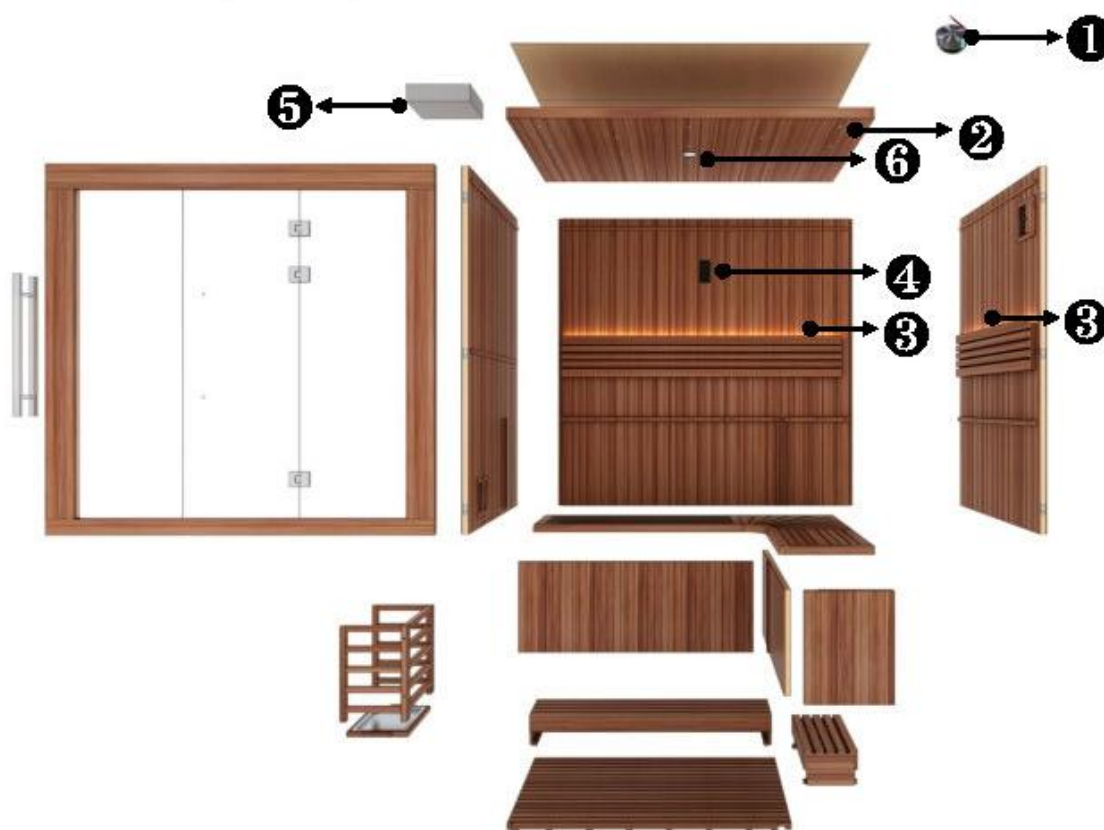


Electronic components			
No.	Name	No.	Name
1	Resonance speaker	4	Control panel
2	Sky color light	5	Power supply
3	Accent light	6	LED Interior light

***The above diagram is for quick reference only. Read all instructions before assembling. All sauna models may not be shown. Parts and accessories may vary.**

READ ALL INSTRUCTIONS THOROUGHLY BEFORE ASSEMBLY

GDI-7389-02 (SJ-8360) – Schematics

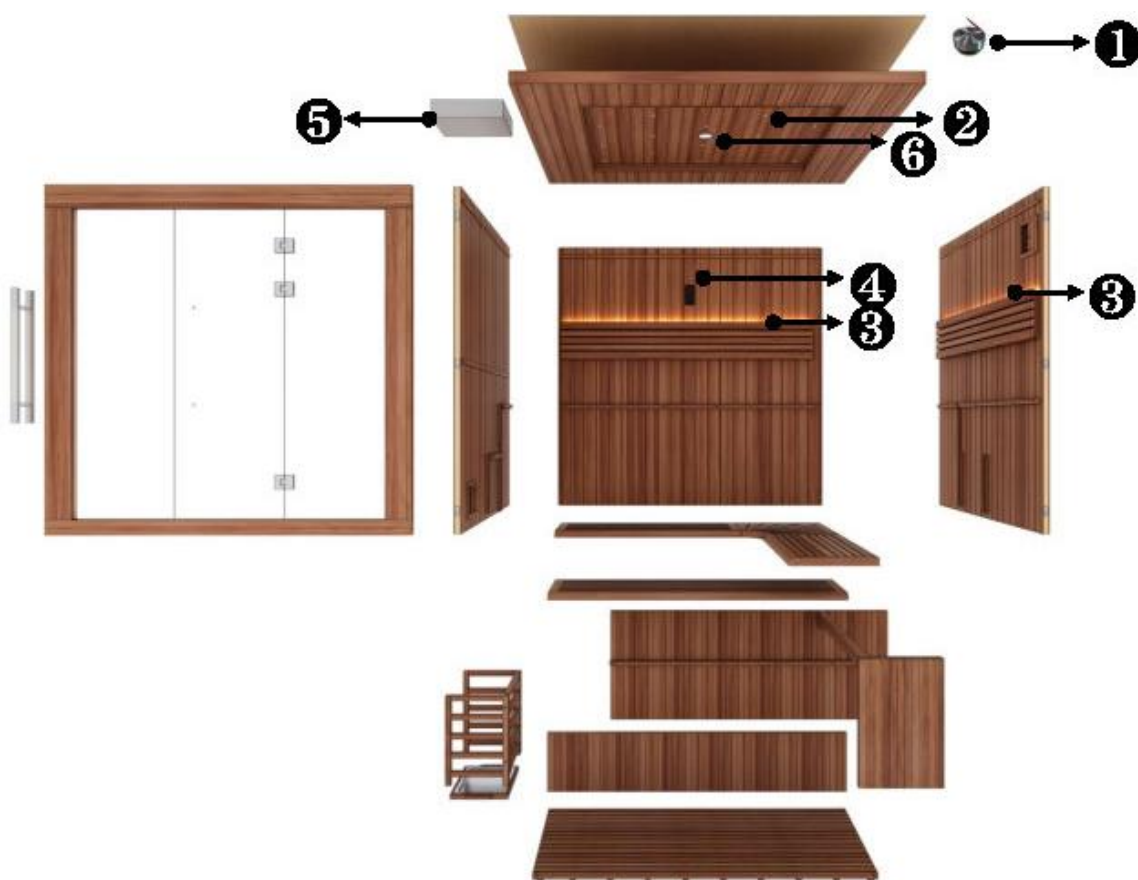


Electronic components			
No.	Name	No.	Name
1	Resonance speaker	4	Control panel
2	Sky color light	5	Power supply
3	Accent light	6	LED Interior light

***The above diagram is for quick reference only. Read all instructions before assembling. All sauna models may not be shown. Parts and accessories may vary.**

READ ALL INSTRUCTIONS THOROUGHLY BEFORE ASSEMBLY

GDI-7689-02 (SJ-8460) – Schematics

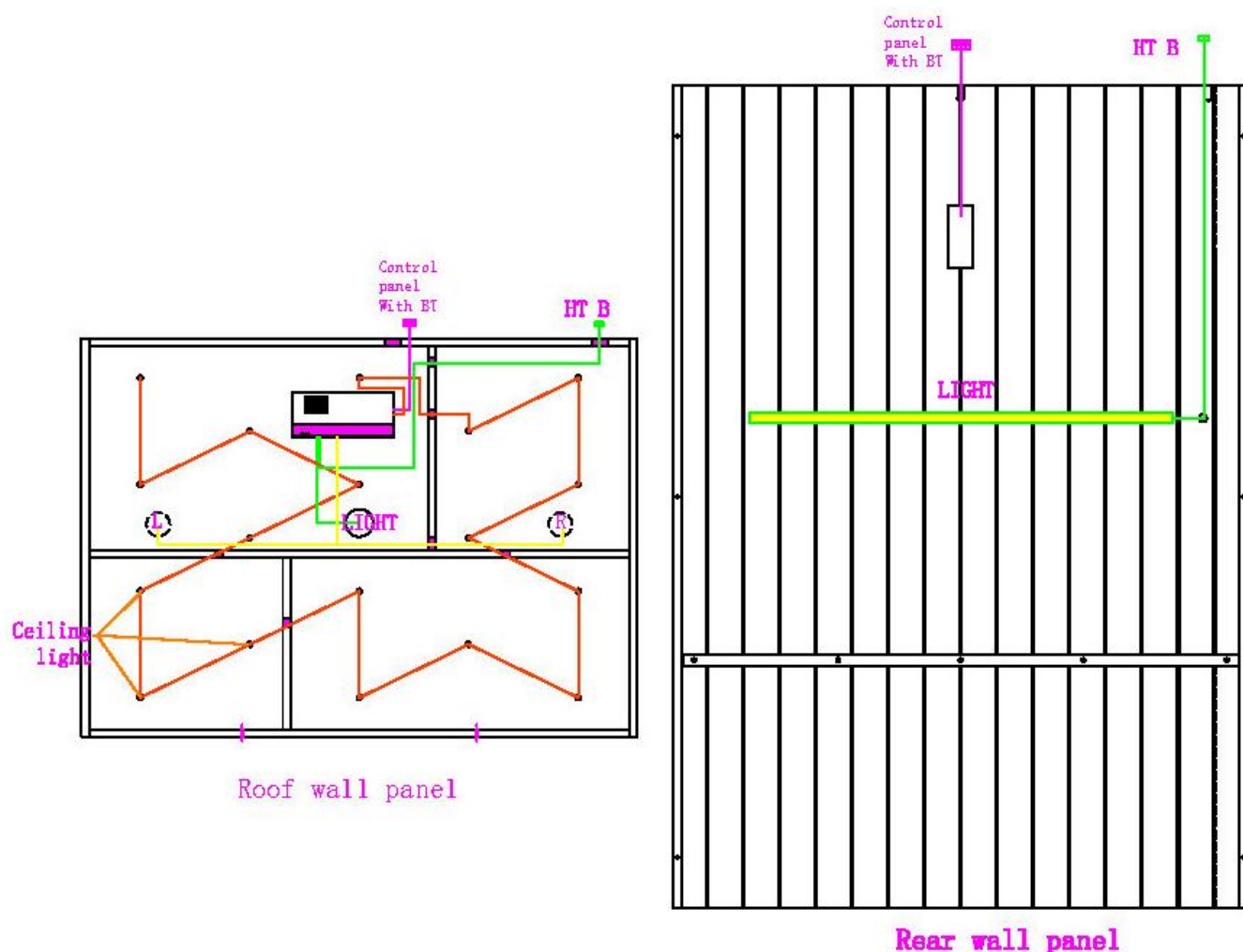


Electronic components			
No.	Name	No.	Name
1	Resonance speaker	4	Control panel
2	Sky color light	5	Power supply
3	Accent light	6	LED Interior light

***The above diagram is for quick reference only. Read all instructions before assembling. All sauna models may not be shown. Parts and accessories may vary.**

READ ALL INSTRUCTIONS THOROUGHLY BEFORE ASSEMBLY

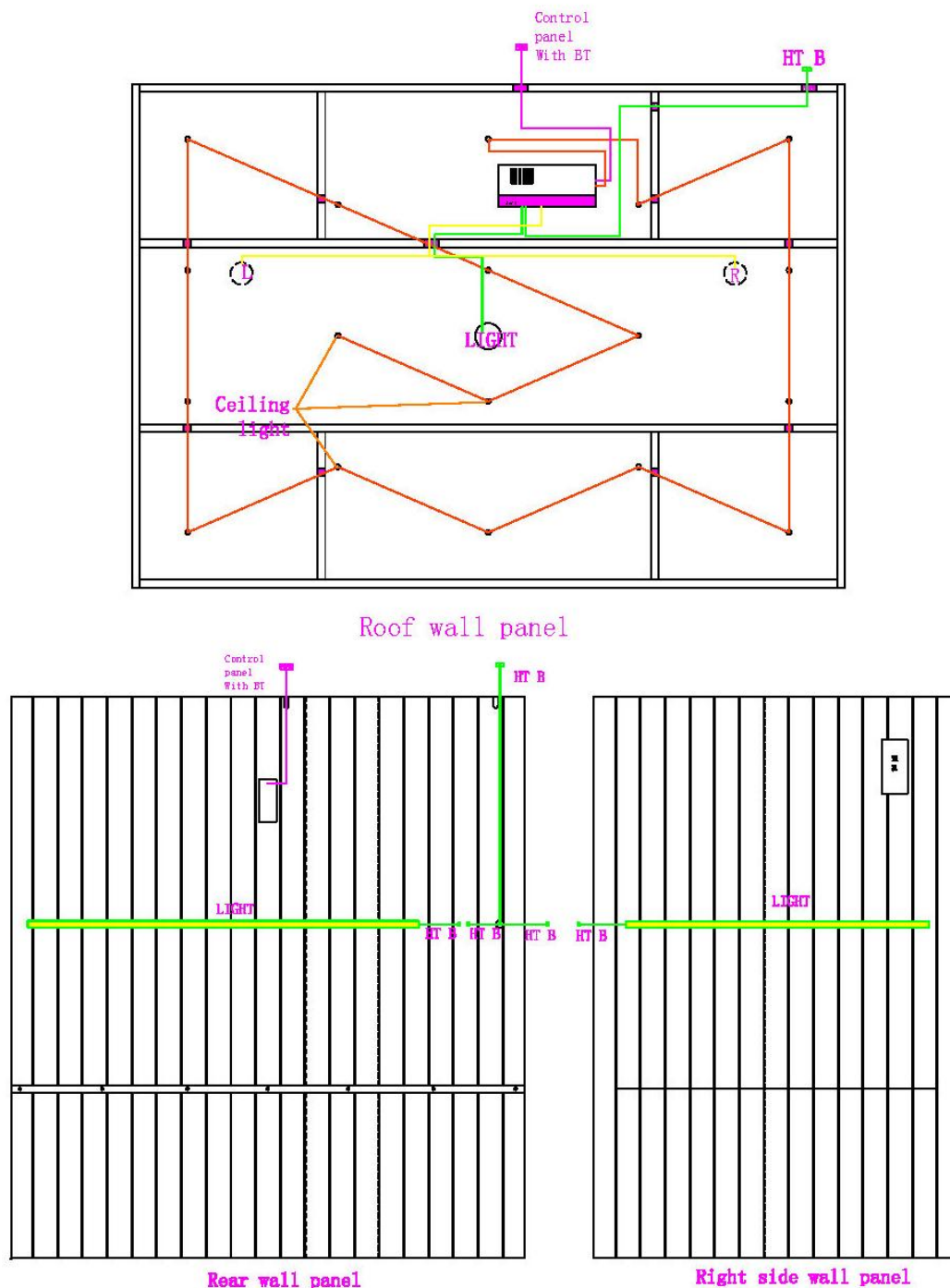
GDI-7289-02 (SJ-8260) – Schematics Layout



*The above diagram is for quick reference only. Read all instructions before assembling. All sauna models may not be shown. Parts and accessories may vary.

READ ALL INSTRUCTIONS THOROUGHLY BEFORE ASSEMBLY

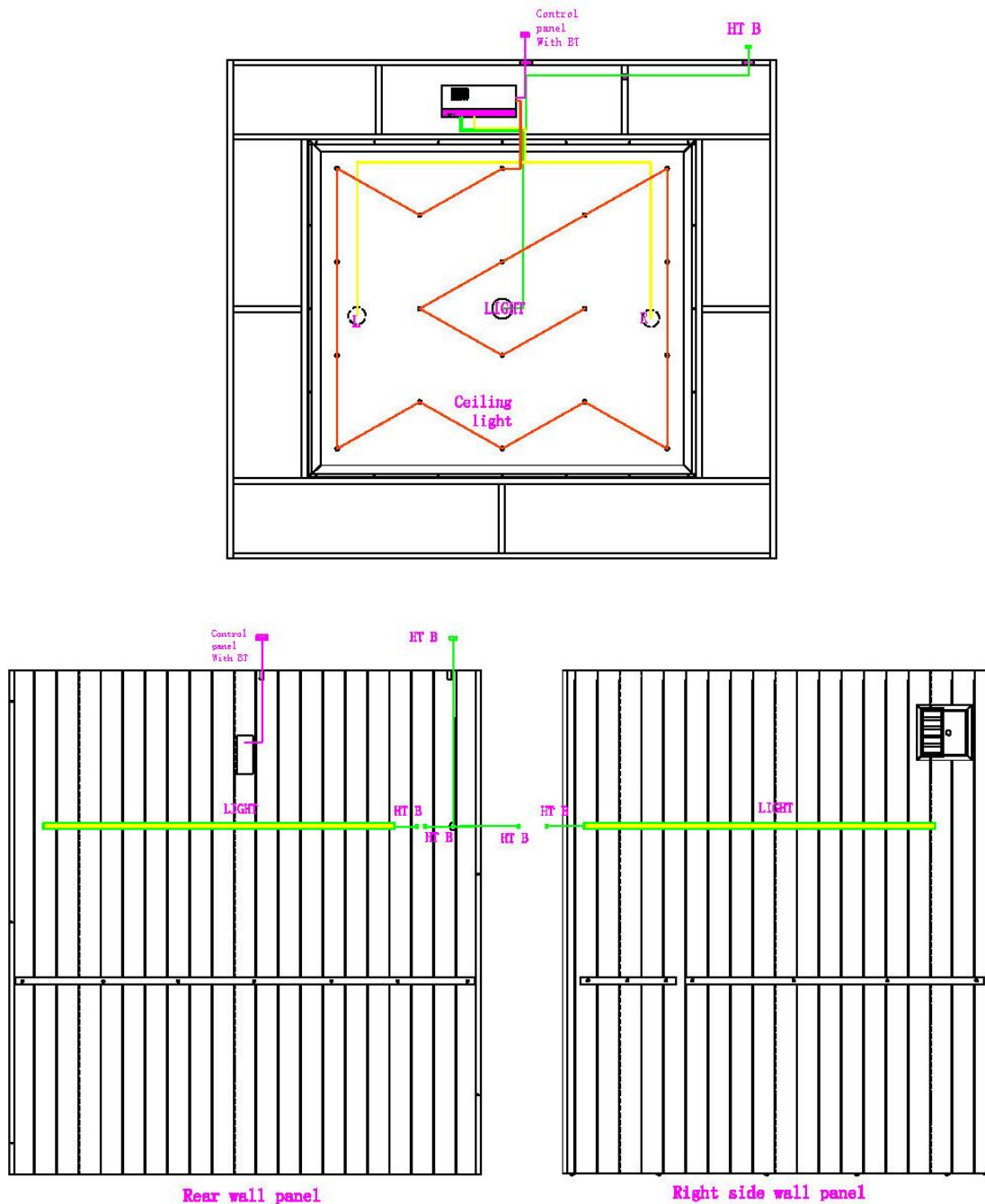
GDI-7389-02 (SJ-8360) – Schematics Layout



*The above diagram is for quick reference only. Read all instructions before assembling. All sauna models may not be shown. Parts and accessories may vary.

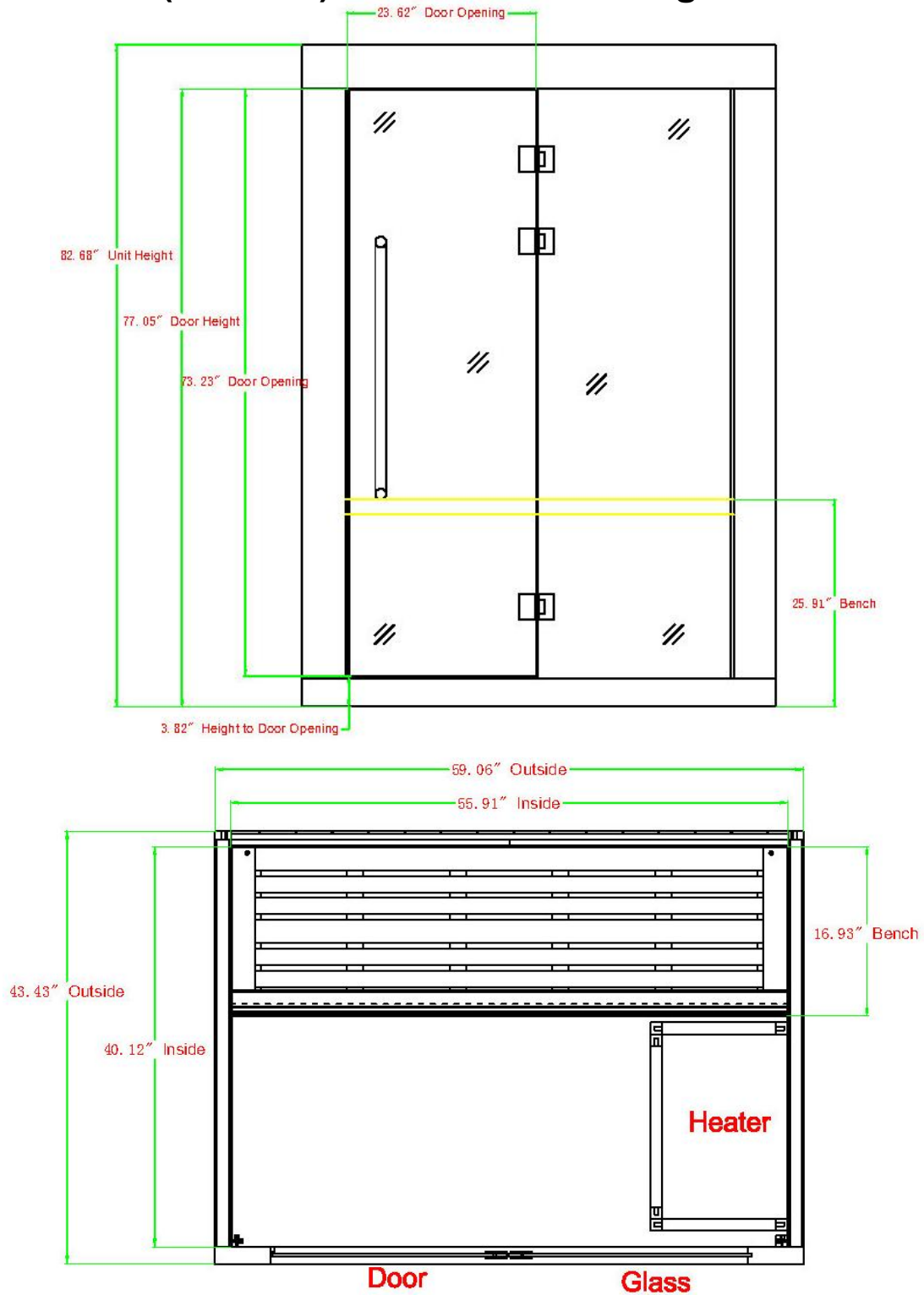
READ ALL INSTRUCTIONS THOROUGHLY BEFORE ASSEMBLY

GDI-7689-02 (SJ-8460) – Schematics Layout



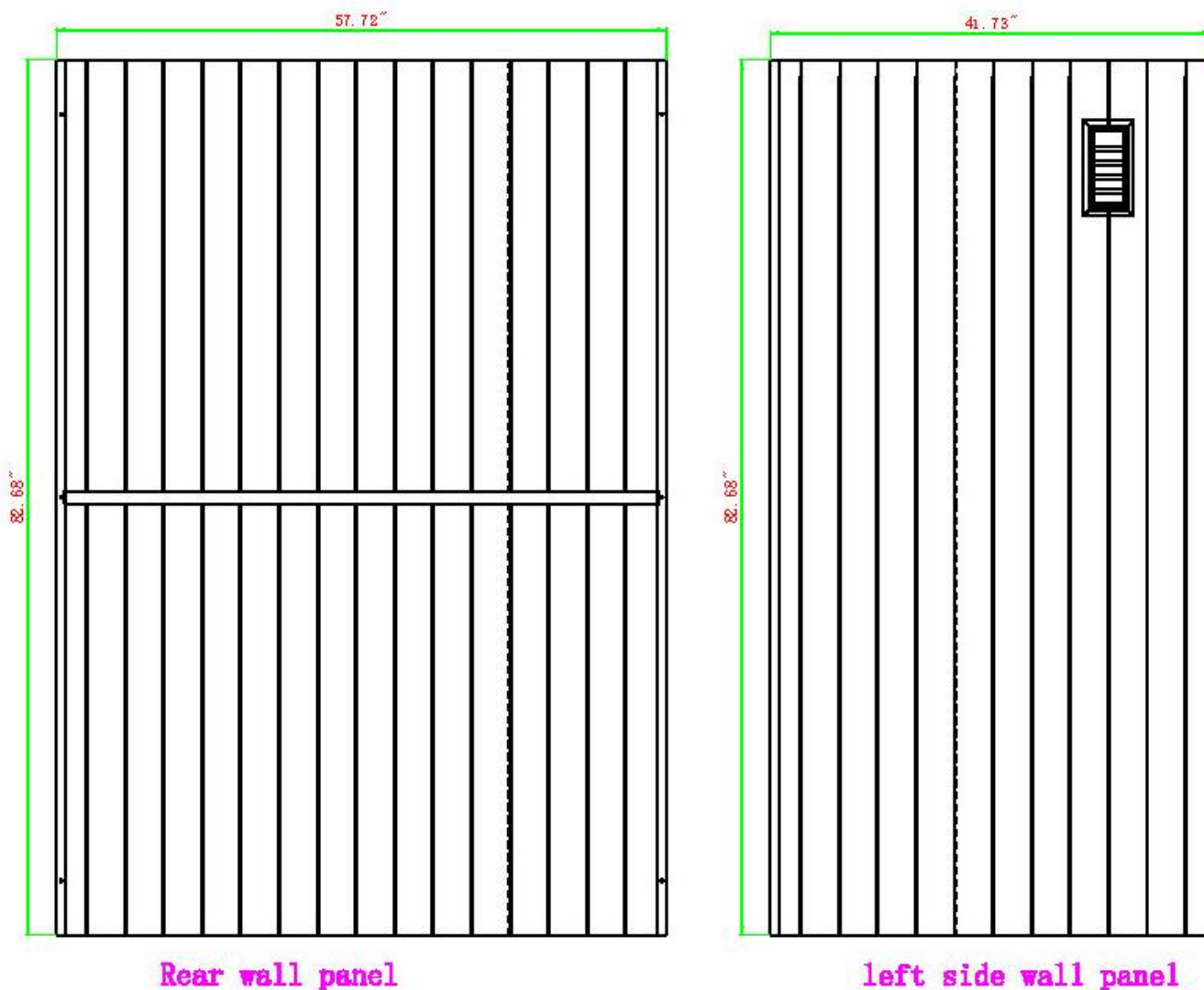
*The above diagram is for quick reference only. Read all instructions before assembling. All sauna models may not be shown. Parts and accessories may vary.

GDI-7289-02 (SJ-8260) – Dimensional Diagram



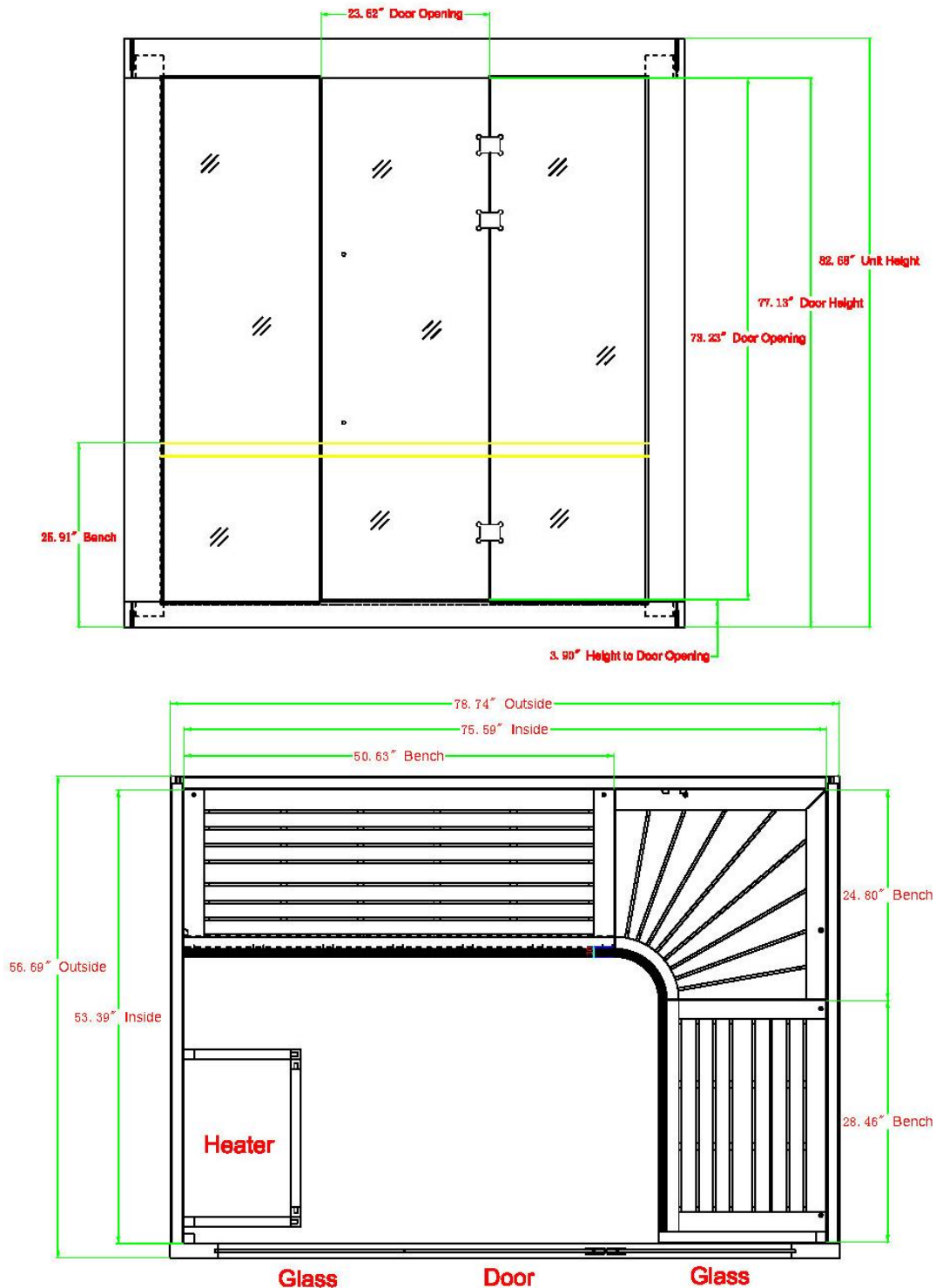
***The above diagram is for quick reference only. Read all instructions before assembling. All sauna models may not be shown. Size, Parts and accessories are subject to change.**

GDI-7289-02 (SJ-8260) – Dimensional Diagram (cont'd)



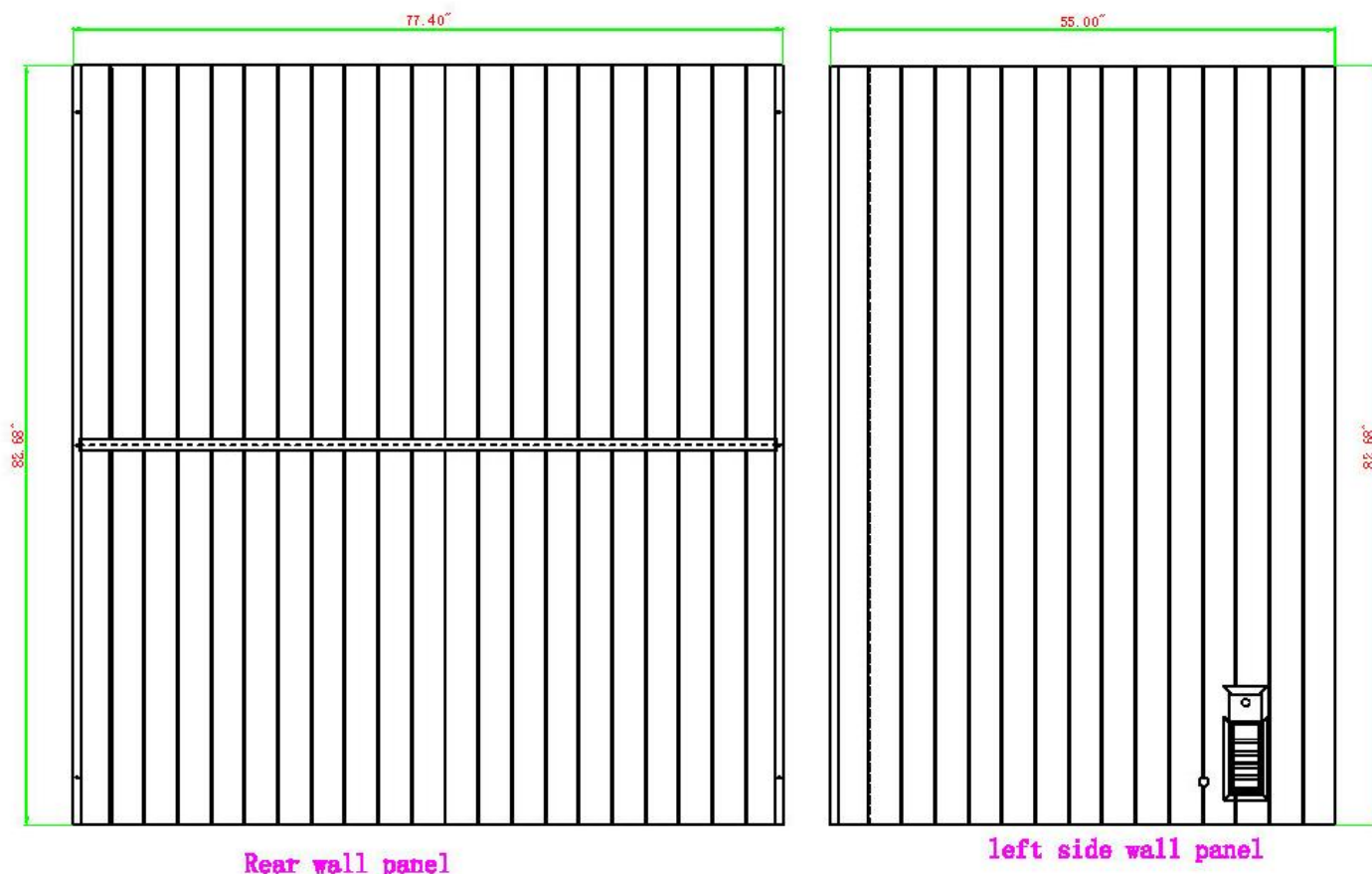
***The above diagram is for quick reference only. Read all instructions before assembling. All sauna models may not be shown. Size, Parts and accessories are subject to change.**

GDI-7389-02 (SJ-8360) – Dimensional Diagram



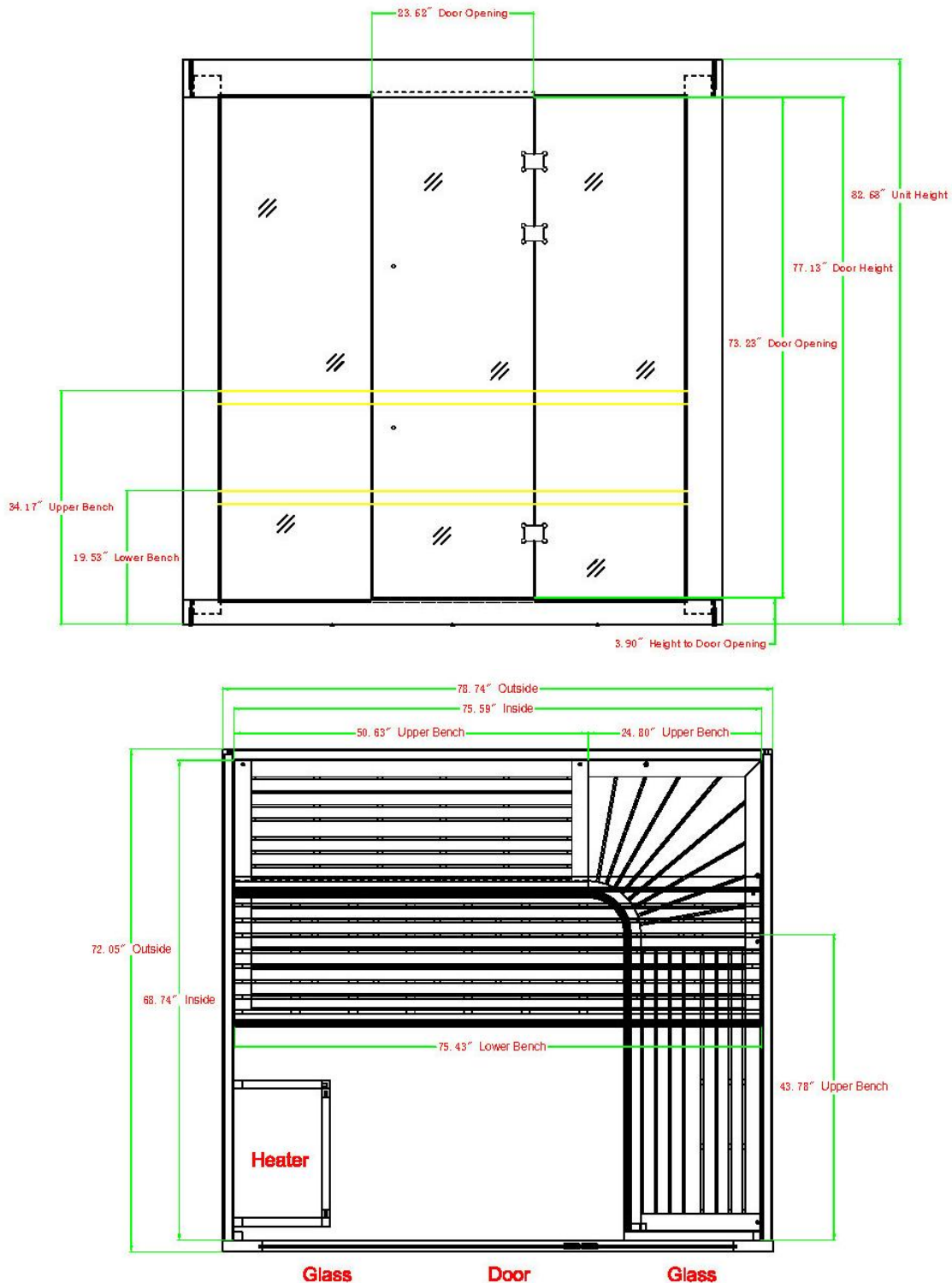
***The above diagram is for quick reference only. Read all instructions before assembling. All sauna models may not be shown. Size, Parts and accessories are subject to change.**

GDI-7389-02 (SJ-8360) – Dimensional Diagram (cont'd)



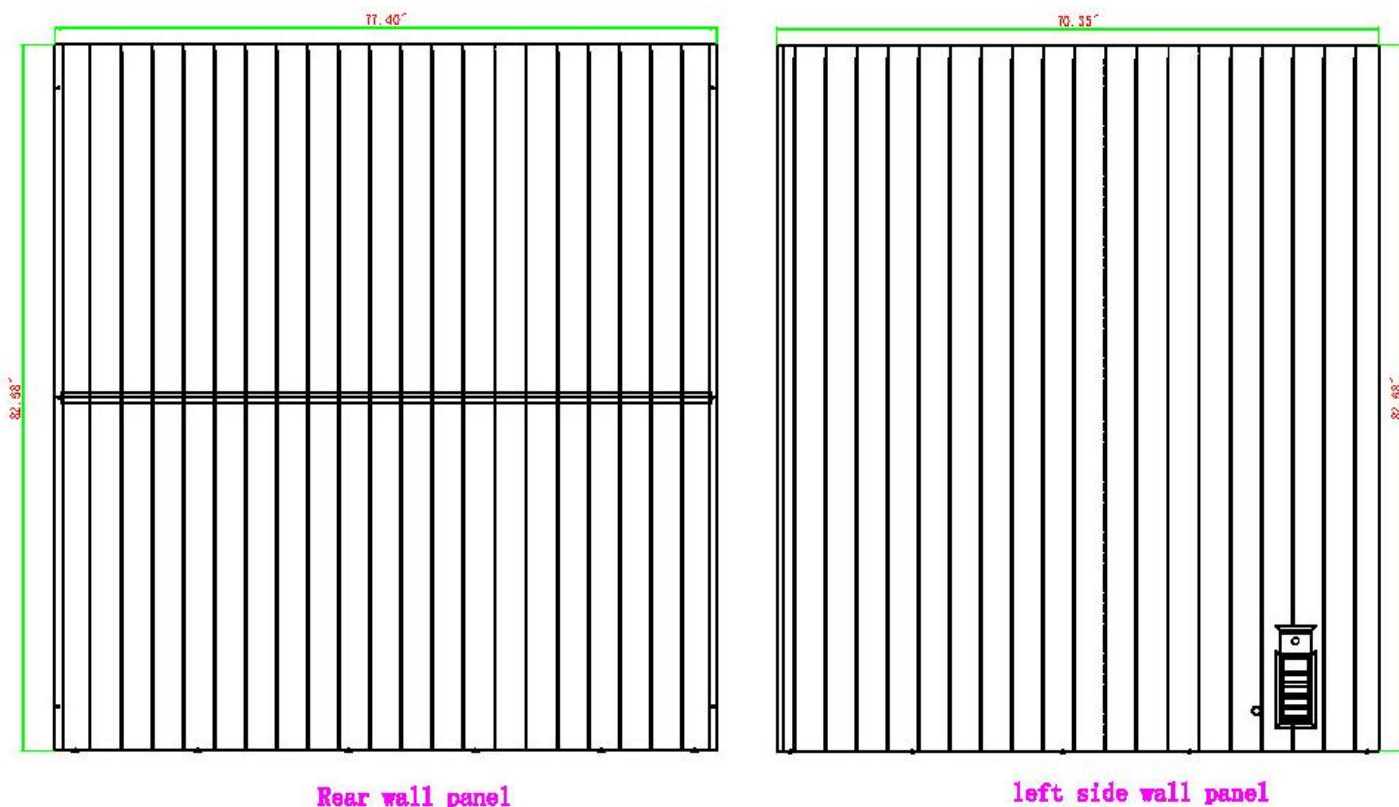
***The above diagram is for quick reference only. Read all instructions before assembling. All sauna models may not be shown. Size, Parts and accessories are subject to change.**

GDI-7689-02 (SJ-8460) – Dimensional Diagram



***The above diagram is for quick reference only. Read all instructions before assembling. All sauna models may not be shown. Size, Parts and accessories are subject to change.**

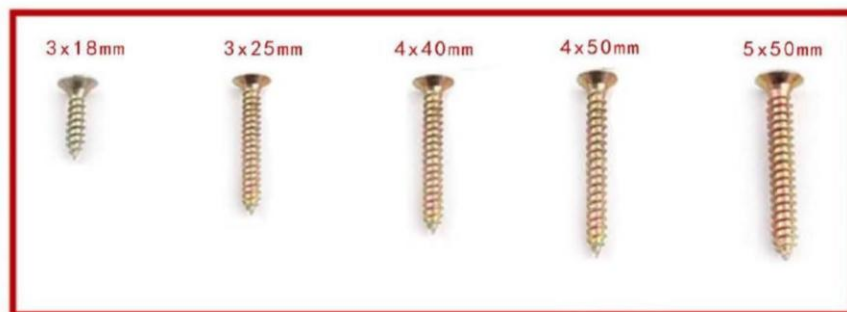
GDI-7689-02 (SJ-8460) – Dimensional Diagram (cont'd)



***The above diagram is for quick reference only. Read all instructions before assembling. All sauna models may not be shown. Size, Parts and accessories are subject to change.**

READ ALL INSTRUCTIONS THOROUGHLY BEFORE ASSEMBLY

Screw Identification Chart



MODEL: GDI-7289-02 (SJ-8260)		
LOCATION	SPECS	USAGE
Connecting beam for FRONT WALL PANEL	4*50mm (Color Plating)	8
Connecting beam for REAR WALL PANEL	4*50mm (Color Plating)	6
BENCH	4*50mm (Color Plating)	2
Connecting beam for ROOF PANEL	5*50mm (Color Plating)	4
STEP	4*40mm (Color Plating)	8
Stove Guard	4*40mm (Color Plating)	8
Dust Cover Board	3*18mm (Color Plating)	16
Sandglass	3*25mm (Color Plating)	2

MODEL: GDI-7389-02 (SJ-8360)		
LOCATION	SPECS	USAGE
Connecting beam for FRONT WALL PANEL	4*50mm (Color Plating)	8
Connecting beam for REAR WALL PANEL	4*50mm (Color Plating)	6
BENCH	4*50mm (Color Plating)	6
Bench Support Panel	4*40mm (Color Plating)	3
Connecting beam for ROOF PANEL	5*50mm (Color Plating)	4
STEP	4*40mm (Color Plating)	8
Stove Guard	4*40mm (Color Plating)	8
Dust Cover Board	3*18mm (Color Plating)	24
Sandglass	3*25mm (Color Plating)	2

MODEL: GDI-7689-02 (SJ-8460)		
LOCATION	SPECS	USAGE
Connecting beam for FRONT WALL PANEL	4*50mm (Color Plating)	8
Connecting beam for REAR WALL PANEL	4*50mm (Color Plating)	6
BENCH	4*50mm (Color Plating)	2
Upper Bench Support	4*50mm (Color Plating)	2
Connecting beam for ROOF PANEL	5*50mm (Color Plating)	4
Lower Bench Support	4*40mm (Color Plating)	4
Stove Guard	4*40mm (Color Plating)	8
Dust Cover Board	3*18mm (Color Plating)	24
Sandglass	3*25mm (Color Plating)	2

***The above diagram is for quick reference only. Read all instructions before assembling. All sauna models may not be shown. Size, Parts and accessories are subject to change.**

CAUTION: Exit sauna immediately if you feel dizzy, sleepy, or any discomfort.

Assembly Instructions

A. Choose a good location to install the sauna

1. The location must be dry, leveled, and away from any source of water. You will need to be able to walk around the sauna room during assembly. Once assembled, we recommend a 1" to 2" clearance around the sauna room including a 10" clearance (minimum 6" clearance) at the vents and 10" to 12" clearance above the sauna room. If you push the sauna room into place, be sure to do so at the base of the sauna room.
2. The stove must be installed by a certified electrician.
3. Two adults are required for installation on model GDI-7289-02 and three adults for installation on models GDI-7389-02/GDI-7689-02.
4. Wood cabin installation order: FLOOR WOOD LATTICE ► FRONT WALL PANEL ► RIGHT SIDE WALL PANEL ► LEFT SIDE WALL PANEL ► REAR WALL PANEL ► ROOF PANEL ► BENCH SUPPORT PANEL ► BENCH ► STEP
5. Tools Required: Battery Operated Screwdriver or Hand-Held Philips Screwdriver, Rubber Mallet, Claw Hammer, Leveler, and Ladder.

B. Installing the FLOOR WOOD LATTICE

1. Place the FLOOR WOOD LATTICE so that the cut outs would be at the front of the sauna room. For GDI-7389-02, the FLOOR WOOD LATTICE will go towards the LEFT SIDE WALL PANEL. (see Figure 1)



C. Installing the FRONT WALL PANEL

1. Two adults can place the FRONT WALL PANEL up against the FLOOR WOOD LATTICE. Make sure the FRONT WALL PANEL fits into the cutouts on the FLOOR WOOD LATTICE. (see Figure 2)



FRONT WALL fits into FLOOR WOOD LATTICE cutouts

Figure 2

D. Installing LEFT SIDE WALL PANEL and RIGHT SIDE WALL PANEL

1. Next and while one adult holds the FRONT WALL PANEL, place the LEFT SIDE WALL PANEL up against the FRONT WALL PANEL. Make sure that the tops of each wall panel is flushed with the other. From the interior of the sauna room and with an adult pushing inward from the outside, use the provided screws to screw the LEFT SIDE WALL PANEL to the FRONT WALL PANEL at the pre-drilled holes. Do the same for the RIGHT SIDE WALL PANEL. (see Figure 3)



Figure 3

E. Installing the REAR WALL PANEL

1. Two adults will need to place the REAR WALL PANEL between the LEFT SIDE WALL PANEL and RIGHT SIDE WALL PANEL at the rear of the sauna room. Make sure that the tops of the side wall panels are flushed with the REAR WALL PANEL. Use (3) of the provided screws to screw each of the side wall panels to the REAR WALL PANEL. (see Figure 4)



Figure 4

F. Installing the ROOF PANEL

1. Two adults can place the ROOF PANEL over the wall panels carefully. **For GDI-7689-02, lift only at the outer edge and not at the recessed area. If you lift on the recessed area, you can damage the ROOF PANEL.**
2. Next, carefully slide the ROOF PANEL into place.
3. Use the provided screws to secure the ROOF PANEL into place. See Figure 5. The intent is to get the ROOF PANEL to sit as close to the interior horizontal trim molding at the ceiling.
4. Be sure to connect the Controller Panel and other connections up on the rooftop. Also, be sure to locate the thin blue antenna wire at the power supply box and uncoil it and stretch it out.
5. (Optional) Use the provided screws to screw down the dust cover board.

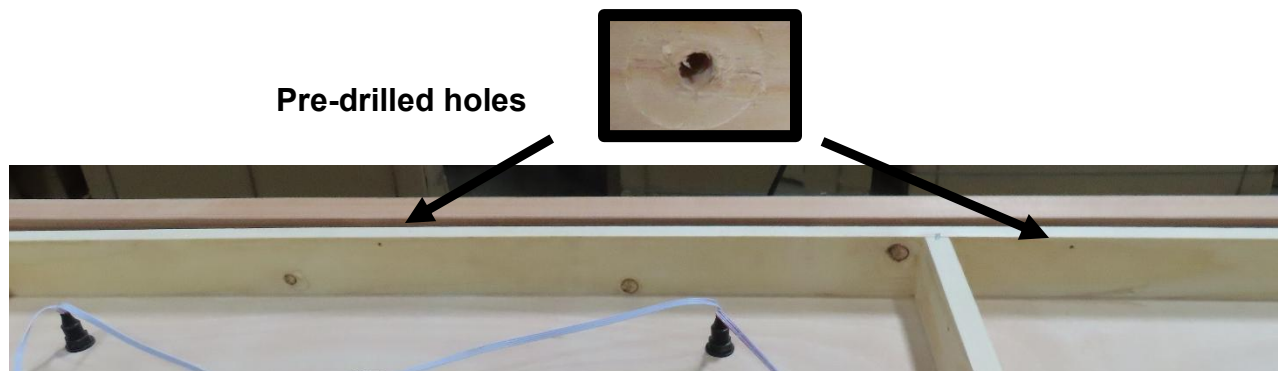


Figure 5

G. Installing the BENCH SUPPORT PANEL and BENCH

1. For models GDI-7289-02 and GDI-7689-02, proceed to step 4. For model GDI-7389-02, you will need to first locate the RIGHT SIDE BENCH SUPPORT. This panel will be placed in front of the right side stationary glass panel. The side placed against the RIGHT SIDE WALL PANEL will have pre-drilled holes to screw it to the Front Wall Panel from the interior of the sauna room. (see Figure 6)
2. Next, locate the second piece of the RIGHT SIDE BENCH SUPPORT. It will have a vertical channel for the LEFT SIDE BENCH SUPPORT to slide downward into. See Figure 7. Now you can insert the LEFT SIDE BENCH SUPPORT downward into the vertical channel on the LEFT SIDE WALL PANEL and RIGHT SIDE BENCH SUPPORT. (see Figure 8)
3. Proceed to install the BENCHES as seen in Figure 9. Be sure to screw the BENCHES down with the provided screws at the pre-drilled holes in the BENCHES.
4. For model GDI-7289-02, the BENCH SUPPORT PANEL will need to slide downward between the guides on the side wall panels. The BENCH SUPPORT PANEL will need to be installed at an angle on GDI-7689-02. (see Figure 10)

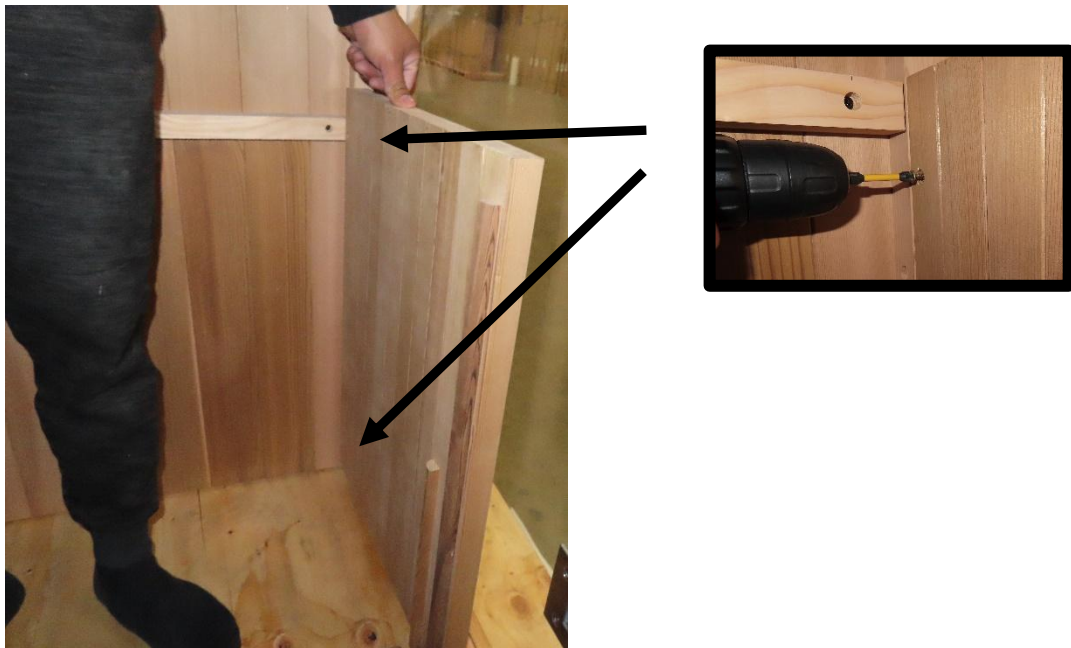


Figure 6



Figure 7



Figure 8

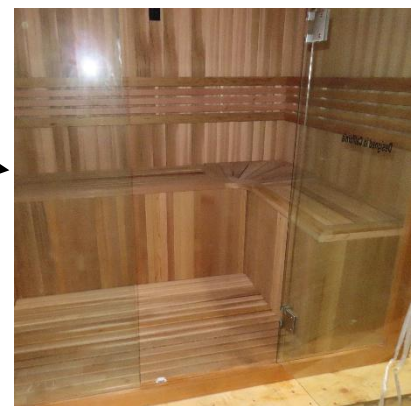


Figure 9



GDI-7289-02



GDI-7689-02

Figure 10

5. The Bench will need to be installed at an angle or by just sliding it over the BENCH SUPPORT PANEL depending on sauna model. (see Figure 11)



GDI-7289-02



GDI-7689-02

Figure 11

6. The lower level BENCH SUPPORT PANEL on model GDI-7689-02 will need to be installed at an angle. Be sure to slide it downward all the way. (see Figure 12)



GDI-7689-02

Figure 12

H. Installing the STEP (GDI-7289-02/GDI-7389-02)

1. The STEP can now be placed in front of the BENCH SUPPORT PANEL. Use the (4) provided screws to screw the STEP to the FLOOR WOOD LATTICE. (see Figure 13 and 13a)



GDI-7289-02

Figure 13



GDI-7389-02

Figure 13a

I. Installing the DOOR HANDLE

1. The inner and outer door handles need to be mounted to the FRONT GLASS DOOR. According to Figure 15, the FRONT GLASS DOOR must sit between the (2) white washers. The screws are inserted from the inside of the FRONT GLASS DOOR and screwed into the outer handle. **Be sure not to over tighten the screws or you will shatter the glass.** Next, the inner door handle needs to be inserted over the screws. Use the provided Hex wrench to tighten the (4) hex screws. (see Figure 14)

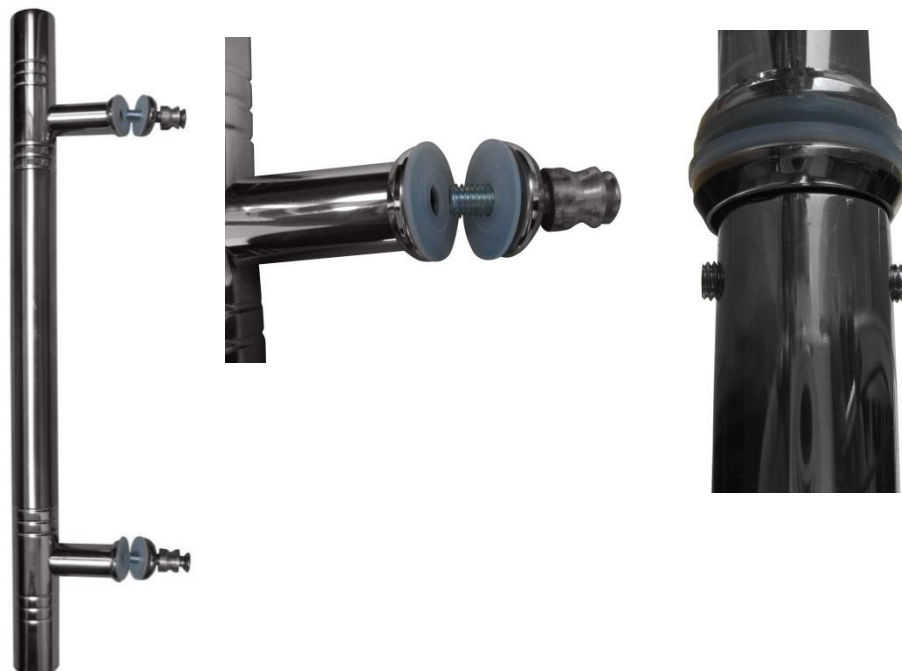


Figure 14

J. Please Note: The stove must be installed by a certified electrician per the manufacturer's manual. The stove must be installed per the electrical code in your area with reference to the breaker and wire sizes & wire material. Be sure to follow the manufacturer's manual for proper and safe installation of the stove. Your certified electrician will provide the applicable wiring.

1. You will need to locate the wood housing for the stove and assemble it using the provided screws. The stove wood guard will need to be installed around the stove heater. It will need to be screwed to the side wall panel. (see Figure 15)
2. The metal tray will sit under the stove heater within the stove guard.

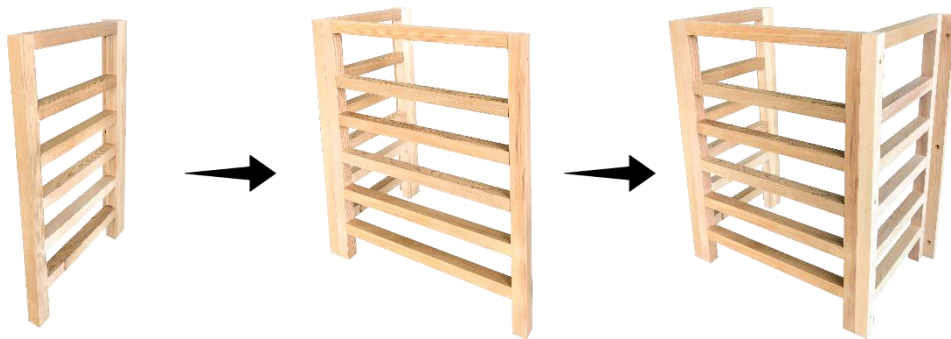


Figure 15

ASSEMBLY COMPLETED!

SAUNA CONTROL PANEL - GENERAL INTRODUCTION

1. Electrical Parameters:

Functions	
Touch Key Technology	√
FM Radio	√
Roof Lights	√
Chromotherapy Lighting	√
Bluetooth Music Play	√

2. Control System Specifications:

- A.) Rated Voltage: AC110V-AC240V
- B.) Bluetooth Approximate Effective Distance: 10 feet
- C.) Rated Power: 50Hz/60Hz

3. Devices controlled by the Control System are:

- A.) Roof Lights
- B.) Chromotherapy Lighting
- C.) Radio/Bluetooth

4. Control Panel Display:



CONTROL PANEL OPERATION

1. The Power Button “” powers the control panel. Press the “” button to turn the control panel ON/OFF. Once you press the “”, the display will show “- - - -” and the Chromotherapy Light will turn ON.
2. Press the “” button (at the right side of the control panel) to turn ON/OFF the Chromotherapy Light and Sky Star Lights. Press for 5 seconds to change the colors of the Chromotherapy Light and Sky Star Lights.
3. Press the “” button (at the left side of the control panel) to turn ON/OFF the Interior Light and Backrest Light.
4. Press the “” button to enable Bluetooth and the screen will display “bLU”. Please note that no password is needed during the Bluetooth pairing. Press the “TUN-” and “TUN+” to select a song. Press the “VOL-” and “VOL+” to adjust the volume.
5. Press the “FM” button to select the radio function or to turn the radio OFF. Once you press the “FM” button is pressed, the LED display will show the radio station. Press the “TUN-” and “TUN+” to scroll through the radio stations or press and hold the “FM” button to search through the stations automatically. Press the “VOL-” and “VOL+” to adjust the volume. The control panel radio tuner does have a simple antenna system and may not pull in all radio stations in your area.
6. If the user does not press any buttons for longer than 3 minutes, the control panel will “lock” as a safety feature. When pressing any buttons on the control panel after the 3 minutes, the screen will display “LOC”. To unlock the control panel, press and hold the “” button.

CAUTION: Use the sauna based on level of comfort within the temperature range of 170 degrees F – 200 degrees F. Exit sauna immediately if you feel dizzy, sleepy, or any discomfort.

Maintenance:

With regards to maintenance, you do not want to use any liquid cleaners or aerosol cleansers inside the sauna. Unplug the sauna from the wall outlet before cleaning. Use plain water and a soft cloth for cleaning. Clean floor heater regularly to keep free of debris. **Do not use benzene, alcohol, or strong cleaning chemicals in or on the sauna. NOTE: Any chemical that can damage wood or be absorbed into the wood will damage the sauna.**

Tips for using Your Sauna

- 1) If you take a hot/warm shower or bath before using your sauna, you may perspire more and experience more comfort.
- 2) Drink water prior to, during, and after your sauna session to replenish body fluids.
- 3) To regulate the set temperature inside the sauna to your comfort level, use the movable ventilation or leave the door open slightly. The ventilation is installed on the sauna and used based on personal preference.
- 4) Use 2 or 3 towels during your sauna session. Fold one of the towels several times and place it on the bench. This towel will absorb some of your perspiration while adding comfort as you sit on the bench. Place another towel on the floor to absorb perspiration as it falls from your body. Use a third towel to wipe perspiration from your body from time to time.
- 5) At the first sign of a cold or flu, increasing your sauna sessions may be beneficial in boosting your immune system and decreasing the reproductive rate of viruses.
- 6) To help relieve sore and tense muscles, massage the affected areas during your sauna session.
- 7) To treat your ankles and feet more effectively, you can elevate them and move them close to one of the heat emitters to achieve a deep heating effect.
- 8) The peaceful and relaxed state rendered by a sauna session may help you to sleep easier and deeper.
- 9) To protect the life of the stove, you can shut off the circuit breaker when not in use.
- 10) After the sauna session is over, do not jump into the shower or bath immediately.

Because your body was heated up during the sauna session, it will continue to perspire even after you exit the sauna room. Sit in the sauna with the door open slightly and let your body cool down. Once your body has cooled down and you feel comfortable, you can exit the sauna. After about twenty minutes and when your body has completely cooled down, you can take a shower to rinse the perspiration off your body.

Safety Instructions

- 1.) Read and follow all instructions carefully before using the sauna.
- 2.) Weight Capacity: 1-person sauna model = up to 300 lbs.; 2-person sauna model = up to 300 lbs. (individual)/up to 500 lbs. (aggregate); 3-person sauna model = up to 300 lbs. (individual)/up to 600 lbs. (aggregate); 4-person sauna model = up to 300 lbs. (individual)/up to 600 lbs. (aggregate).

- 3.) When installing and using the electrical equipment, safety precautions should always be followed.
- 4.) To reduce the risk of injury, do not allow children to use the sauna unless they are directed by a medical doctor and are closely supervised at all times by an adult.
- 5.) Do not use the sauna immediately following strenuous exercises. Wait at least 30 minutes to allow the body to cool down completely.
- 6.) Pregnant or possibly pregnant women should contact their physician prior to using the sauna. Excessive temperature has a high potential for causing fetal damage during pregnancy.
- 7.) **Hyperthermia Danger:** the normal body temperature can't rise above 39°C (103°F). Symptoms of excessive hyperthermia include dizziness, lethargy, drowsiness, and fainting. The effects of excessive hyperthermia may include failure to perceive heat, physical inability to exit sauna, unawareness of impending hazard, unconsciousness and fetal damage in pregnant women. Hyperthermia could make your body's core temperature rise. Setting desired temperature to an excessively high temperature is not recommended.
- 8.) The use of alcohol, drugs, or medications prior to or during the sauna session may lead to unconsciousness and/or other harmful physical injuries.
- 9.) Persons suffering from obesity or with a medical history of heart disease, low or high blood pressure, circulatory system problems, or diabetes should consult a physician prior to using the sauna.
- 10.) Persons using medications should consult a physician before using the sauna. Some medications may induce drowsiness while others may affect the heart rate, blood pressure, and/or blood circulation.
- 11.) Exercise care before and after sauna use.
- 12.) Never sleep inside the sauna.
- 13.) Do not use any type of cleaning agents on the interior of the sauna. Only wipe down with a cloth and water.
- 14.) Do not stack or store any object on top or inside the sauna.
- 15.) If the power supply cord becomes damaged, it must be replaced immediately by the manufacturer or its agent. If you find the power cord is too hot or that the electrical equipment may be experiencing technical problems, please contact the manufacturer or its agent immediately to avoid hazardous conditions.
- 16.) Do not use the sauna during an electrical storm to avoid risk of shock.

- 17.) Do not touch the glass door hinges during sauna use as they become very hot to the touch.
- 18.) Your hands must be dry and free of moisture before plugging and unplugging cords and wiring harnesses from the power supply and circuit boards. Never operate the sauna with wet hands or wet feet to avoid risk of electric shock. Never touch the metal prongs of the plug.
- 19.) Do not attempt to make any repairs yourself without contacting the manufacturer first. If a problem occurs with the sauna, please contact seller, distributor, or the manufacturer to avoid safety risks. Unauthorized repair attempts will void the manufacturer's warranty.
- 20.) Please make sure the outlet power supply meets the specifications required. Failure to Meet the requirements may cause safety risks.
- 21.) Some sauna models are equipped with reading and roof lamps. Because the lamp temperature will become very hot once powered on, do not attempt to touch the lamp to avoid being burned. Do not attempt to touch it for at least 20 minutes after it has been powered off.
- 22.) Do not bump, hit, or break the stove as it may cause an electrical short and pose a safety risk.
- 23.) Do not make any modifications to the sauna, the sauna structure, or the sauna components.
- 24.) Prior to each sauna session, the sauna room is to be inspected for correct operation. If for any reason your sauna room does not seem to be operating properly, discontinue use and contact the manufacturer.

Safeguards For Your Sauna

1. Do not install the sauna near water, near a bathtub, near a shower, in a wet basement, or near a swimming pool.
2. Do not use liquid cleaners or aerosol cleansers inside the sauna. Unplug the sauna from the wall outlet before cleaning. Use plain water and a soft cloth for cleaning.
3. The power supply cord should be routed so that it is not walked on or pinched by any object that may be placed against it.
4. When replacement parts are required, be sure they meet the specified requirements of the manufacturer. Unauthorized substitutes may result in fire, electric shock, or other

hazardous conditions. After any repairs, please ask the service technician to perform safety checks to determine that your sauna is working properly.

5. Do not use any wall receptacle adapter or extension cord between the sauna cord and wall receptacle.

Limited Lifetime Warranty

***Limited Lifetime Warranty:** Golden Designs, Inc. warrants the sauna room and its attached electronics against defects in material and workmanship for the life of the product from the original date of purchase. **This sauna is for indoor use or outdoor use when protected from the outdoor weather elements by a structure that includes a water-proof roof. When not in use and placed outdoors, a water proof cover must be used to cover the sauna room or the warranty will become void. Any damage due to direct exposure to outdoor weather elements such as rain, snow, sun, wind or extreme temperatures will not be covered by this warranty. Any damages as a result of modifications made to the sauna or its components will void this warranty.**

Extent of Warranty: This limited warranty applies to products manufactured or distributed by Golden Designs, Inc. under the Golden Designs Inc. brand name, delivered in the continental United States or Canada and extends to the original purchaser at the original site of installation only. This warranty becomes valid at time of purchase and terminates either by specified time frame, owner transfer, or relocation. The warranty extends to the sauna room and excludes the stove as it is covered by its own manufacturer warranty. **Your sales receipt showing the date of purchase of the product is your proof of purchase.**

Manufacturer Warranty

All Golden Designs, Inc. products are manufactured with the highest quality appliances and are warranted to be free from defects in material and workmanship at the time of delivery. The appliance warranty is extended through the manufacturer for the product including, but not limited to: sauna control panel and connected wire harnesses. All exchanged parts and products replaced under this warranty will become the property of Golden Designs, Inc. Golden Designs, Inc. reserves the right to change for any part not covered under the existing warranty. Any parts determined to be defective must be returned to Golden Designs, Inc. at its discretion to obtain warranty service. You must prepay any shipping charges, export taxes, custom duties and taxes, or any other charges associated with the transportation of the parts. In addition, you are responsible for insuring any parts shipped or returned. You must present Golden Designs, Inc. with proof of purchase documents (including the date of purchase). Any evidence of alteration, erasing or forgery of proof of purchase documents will be cause to **VOID** this limited warranty. Products on which the serial number has been defaced or removed is not eligible for warranty service. This warranty covers parts, but does not cover labor.

Warranty Limitations

This warranty does not apply if the unit has been subject to full commercial use, negligence, alteration, modification, misuse, abuse, repairs by non-Golden Designs, Inc. authorized personnel, inappropriate installations, or any case beyond the control of Golden Designs, Inc. invalidating this warranty including but are not limited to:

- Use of lacquer or paints
- Sauna and other Golden Designs, Inc. products accessories placed on non-approved surfaces
- Outdoor applications when not protected from outdoor weather elements
- Normal wear and tear or weathering
- Use of product not in accordance with instructions

Surface cracks are not considered defects in material or workmanship, as they are normal characteristics of all woods. This includes minor cracks due to wood expansion and contraction. Note: Since the wood used in construction has been kiln dried, a certain amount of expansion and contraction occurs in the wood in a sauna environment.

Disclaimers

Golden Designs, Inc. shall not be liable for loss of use of sauna or other Golden Designs, Inc. products or other secondary or incidental or consequential costs, expense or damages - which may include the removal of permanent structures or other custom fixtures or the necessity for crane removal - arising directly or indirectly out of the use or inability to use the product. Any implied warranty shall have duration equal of the applicable warranty stated above. Under no circumstances shall Golden Designs, Inc. or any of its representatives be held liable for injury to any person or damage to any property, however arising. Specifications are subject to change without notice or obligation.

Legal Remedies

This limited warranty gives you specific legal rights. You may have other rights, which may vary from state to state.

Customer Service

For customer service, contact your authorized dealer. If you need additional information or assistance, please email Golden Designs, Inc. at info@goldendesignsinc.com or call (909) 212-5555.

**Limited Lifetime Warranty of Sauna Products is 1 year on wood structure and 5 years on the control panel and applicable control panel harnesses and lights from the date of purchase. Stove/heater is covered under its manufacturer's applicable warranty.*

WARRANTY REGISTRATION

Congratulations on your purchase of an Infrared Sauna from Golden Designs, Inc. Please take the time to register your warranty using the QR Code:



If you do not have the QR Code Reader, you can also register at:

<https://app.goldendesigninc.com/public/RegisteredProduct>

Please include a copy of your sales receipt or packing slip when registering. The serial number (S/N) is located on the sauna's front panel, rear panel, or on the carton.

The warranty must be registered within 60 days of the purchase date.

