

# Red Cedar Barrel Sauna with Clear Acrylic Rear Wall

4-Person Model

GDI-B024-01



## OWNER'S MANUAL

FOR TRADITIONAL MODEL SAUNAS

REQUIRES 120VAC 15 AMP CIRCUIT (FOR THE LIGHTING)

Carefully and thoroughly read this Owner's Manual before using/operating the sauna. We recommend keeping this Owner's Manual for regular review and future reference. Follow your local codes and ordinances. The heater must be installed by a certified licensed electrician per the manufacturer's manual. The heater must be installed per the electrical code in your area with reference to the breaker and wire sizes. Models are subject to change.

**Thank you for your purchase.** As you remove the parts from the boxes, be sure to examine them for damages. If your unit has any damages or missing parts, please contact Golden Designs Inc. See the Warranty section for more information.

A Certified Licensed Electrician will be needed to install the electrical wiring. Due to the heat of the sauna, it is required that copper wire with 90° Celsius rating be used. Aluminum wiring cannot be used in this application. Consult with your electrician regarding the electrical requirements in your area. All wiring must be in accordance with all national, state, and local codes and regulations. Your electrician will supply the needed wiring and connections.

Excluding models specifically designed to be placed directly in the outdoor weather elements, your sauna can be placed either indoors or outdoors. Sauna models without a specific outdoor roofing cannot be placed directly in the weather elements. These models, if placed outdoors, can be placed under a covered structural such as a patio. Before assembling, make sure the surface in which the sauna will be placed on is level/dry and can support the weight of the sauna and its occupants. We recommend a concrete base or wood deck to support the sauna. If you will be placing the sauna directly on the ground, you must use such materials as concrete cinder blocks or other similar supporting structure to prevent the sauna from setting into the ground over time.

Once you have removed the parts from the boxes, you will want to take a look at the parts for identification. For the barrel saunas, you will want to carefully inspect the staves for placement. We do use a higher grade of wood, but wood is still a natural resource and you may find blemishes or knots. You will want to use the less attractive staves on the floor instead of higher up on the walls.

For sauna models specifically designed to be outdoors, the wood can withstand the weather elements with proper maintenance. The outdoor model saunas were designed to be placed in the rain and sun. Please note that the natural weathering elements will change the color of the wood over time. For barrel saunas and other sauna models placed directly in the weather elements, you will have some water seepage, especially at the top and sides due to the porous characteristics of the wood and how the staves and wood planks fit together. The water seepage will not damage the sauna and usually dries quickly when the sauna is in operation.

**FOLLOW ALL INSTRUCTIONS AND BE CAUTIOUS OF SAFETY SYMBOLS.** All electrical wiring must be performed by a qualified licensed electrician. While the barrel sauna comes in different sizes and features, the information within this manual is applicable to each.



**High Voltage Symbol:** Be cautious as there is the presence of a high voltage current that flows through the equipment!



**General Caution Symbol:** Be cautious as the equipment uses electrical current that can cause serious injury.

**ATTENTION**

**⚠ WARNING**

1. Please read this Owner's Manual thoroughly before use. This will allow the user to become familiar with the operation of the control system. Please keep the Owner's Manual available for future reference. If any technical assistance or repairing is needed, please contact the manufacturer.
2. The sauna can be installed outdoors. Please note that water will seep between the staves due to the porous nature of the wood. When not in use and placed outdoors, a rain cover is recommended to cover the sauna room if your model does not come with an actual outdoor roof. Please note that water seepage will not hurt the wood and will usually dry quickly due to the heated environment. If you want to keep the sauna completely dry, you will need to install the sauna under a covered structure.
3. To reduce the risk of electric shock and/or fire, do not expose the control system to direct water contact or rain. Do not open the cover to the control system as there are high tension fittings that can be dangerous. Only dealer authorized qualified technicians should make any needed or necessary repairs at any time.
4. Any repairs, alterations, or modifications to the control system are not authorized unless by an approved repair technician. Any non-authorized repairs, alterations, or modifications can lead to serious injuries and can cause the unit to work outside its intended specifications parameters.
5. Any non-authorized repairs, alterations, or modifications will void the warranty.
6. Before connecting the unit to a power source, please make sure that all wires, cords, and connections are connected properly. If there are any concerns, please consult with a certified electrician.
7. Make sure that the sauna is placed in a well-ventilated area. It should not be placed in an area with other thermal-radiating objects. Make sure that the vents will not be obstructed for proper air flow.
8. When the equipment is not going to be used for an extended period of time, you can shut the main power source to the sauna or turn OFF the dedicated circuit breaker.

9. Allow 30 seconds between turning the control system “On” and “Off”. By allowing 30 seconds between powering the control system “On” and “Off” will prolong the life of the unit.
10. Confirm that you adhere to the correct power requirements of the control system. Connecting the control system to other than the required voltage can damage the control system and possibly cause serious injury. It is very important that the load parameters are consistent with that needed by the control system. Always consult with a certified electrician.
11. Red Cedar Wood and its rich aroma can cause an extremely small percentage of the population to have an adverse reaction known as Multiple Chemical Sensitivity (MCS). While this is not a universally recognized disorder in the medical field, certain consumers have an adverse physical reaction to low levels of many common chemicals and cannot tolerate any aromatic oils, shampoos with perfumes infused or certain herbs with natural aromas. However, for the majority of the population, Canadian Red Cedar is the sauna wood of choice.
12. Children must use the sauna under the care of adults and only after consulting with a medical doctor. Never play in or around the sauna. Never put animals into the sauna room.
13. The power cord and plug must be located out of the reach of children and away from any water source. Please consult with a certified electrician for safety concerns.
14. Never insert body parts or any other objects into the heater. Never put any foreign objects on or in the heater. Please follow the heater instructions and safety precautions.
15. Never use or store flammable liquids/gases near or inside the sauna.
16. Never store items or objects on top of the sauna.
17. Never use the sauna or heater if the power cord is damaged. Contact Customer Service immediately and do not use the sauna.
18. Never touch the heater parts or any electrical parts with wet hands.
19. Never use the sauna in a weather storm.
20. Make sure that the barrel sauna sits on a level surface and the surface can support the weight of the sauna (when filled with users) which can exceed 1000 lbs. A concrete slab, concrete pavers, gravel, cinder blocks, or solid wood deck is always best for outdoor installations. In addition, be sure that the support cradles rest on cinder blocks or other structures so as to prevent sinking/settling into the ground.
21. Never complete unauthorized repairs on the sauna or the heater.
22. For every (4) hours of use, the sauna should be shut down for (1) hour to prevent overheating and the premature deterioration of the equipment.
23. Never use the sauna in combination with alcohol, medication, or drugs.

- 24.** Pregnant women should never use the sauna. Women should also not use the sauna during their menstrual cycle.
- 25.** If you have any medical condition, you must consult with your medical doctor before using the sauna.
- 26.** Be cautious not to over extend yourself after an intense exercise workout by using the sauna. You can let the body cool down for 10 - 20 minutes before entering the sauna. Do not spend more than 40 minutes in the sauna at any one time.
- 27.** Prolonged exposure to high temperatures can cause burns. Stop using the sauna immediately if you experience overheating, dizziness, weakness, sleepiness, or fainting.
- 28.** Consult with your medical doctor before using the sauna if you suffer from diabetes, blood circulation disease, blood pressure issues, heart disease, or obesity.
- 29.** Watch your head when enter and exiting the sauna.
- 30.** Never clean the sauna with chemical-based cleaners or detergents. You can clean the sauna with any non-toxic, water based cleaner.
- 31.** Make sure the vents are always unobstructed.
- 32.** Being that the sauna will operate in different climates (some areas are colder than others), it is not recommended to use the traditional sauna above 190 degrees Fahrenheit / 88 degrees Celsius.
- 33.** To avoid a hazard, do clean the sauna floor of all perspiration and debris after each sauna session.

# READ ALL INSTRUCTIONS THOROUGHLY BEFORE ASSEMBLY.

## TABLE OF CONTENTS

Components	7
Basic Dimensions	11
Assembly Instructions	12
Using the Barrel Sauna	24
Tips for Using Your Sauna	25
Safety Instructions	25
Safeguards for Your Sauna	27
Troubleshooting	28
Warranty	29
Warranty Card	31

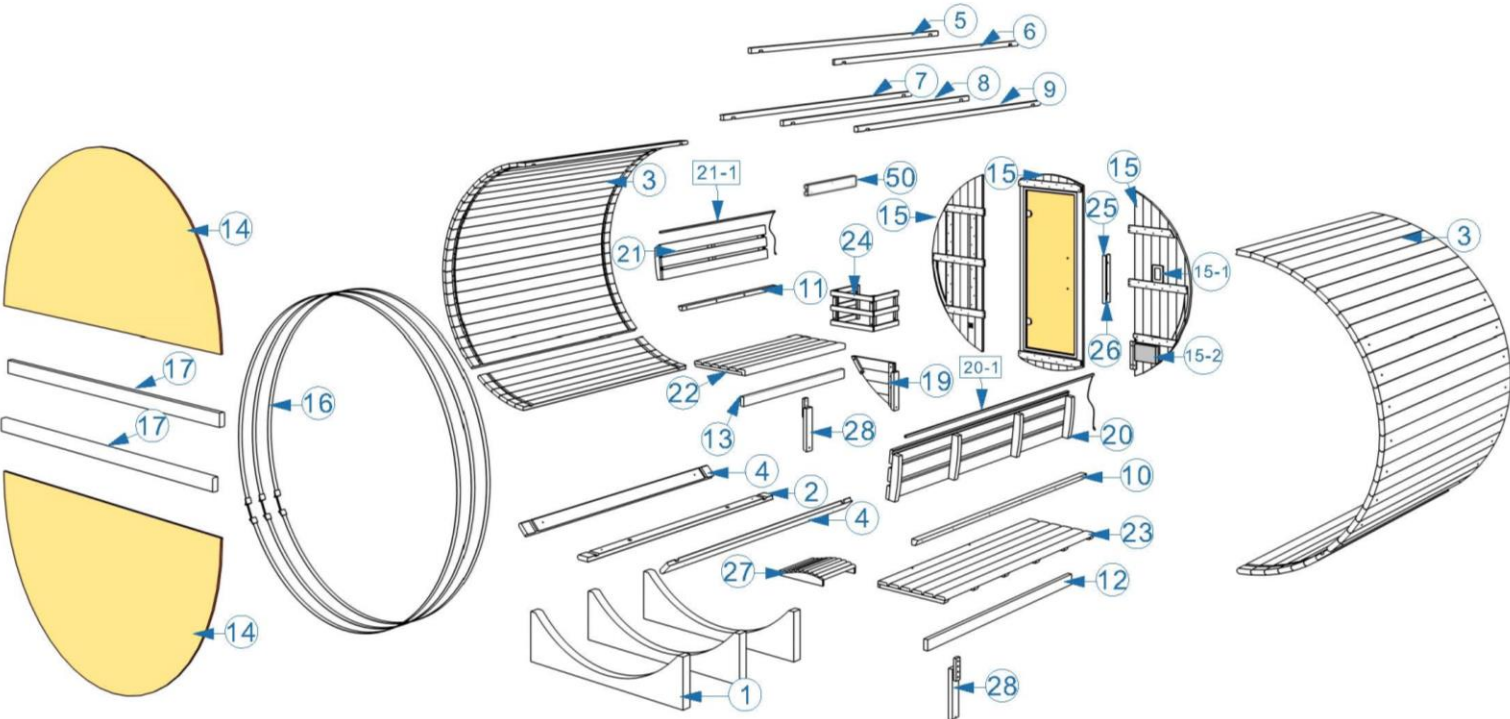
**WARNING:** Visually inspect all parts before assembly to make sure there are no damages. **DO NOT USE** electrical parts if damage is detected! Contact your dealer or manufacturer for troubleshooting and replacement parts. The wood is naturally resistant to the weather elements, but the weathering elements can affect the wood over time.

**PLEASE NOTE:** The pictures and diagrams shown within this owner's manual are representations of this model. Actual models may vary. Design and construction are subject to change. If installed outdoors and over time, water may seep between the gaps of the construction. This would be considered normal. When not in use and placed outdoors, a water proof cover is recommended to cover the sauna room.

**CAUTION:** Exit sauna immediately if you feel dizzy, sleepy, or any discomfort.

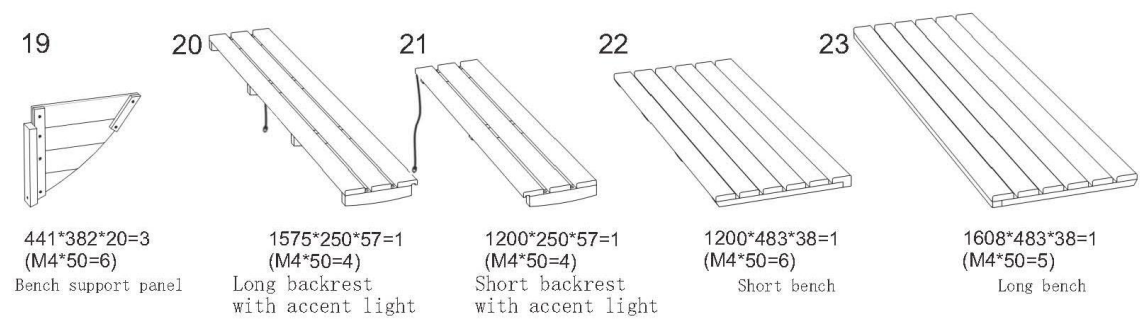
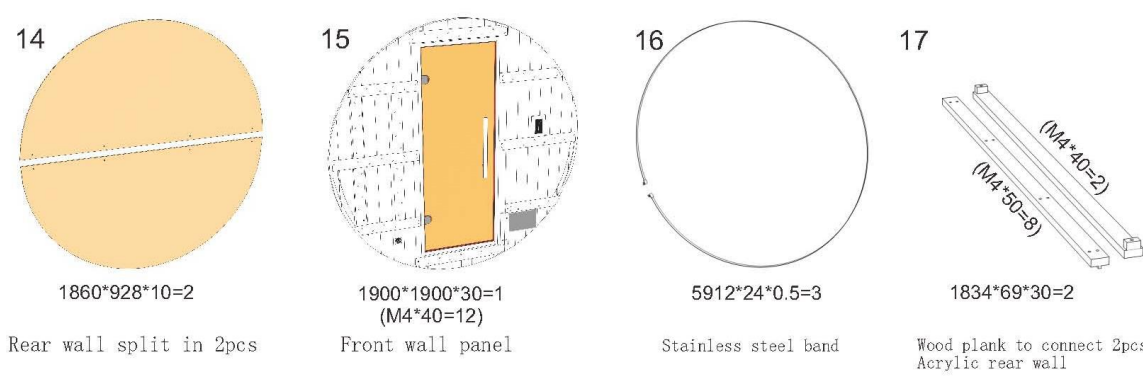
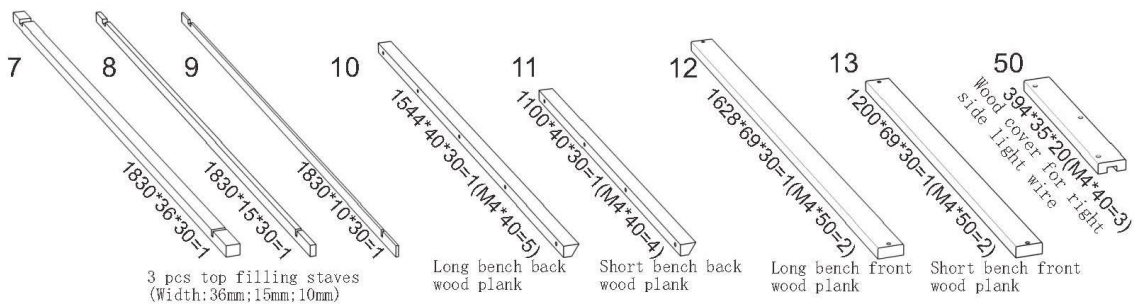
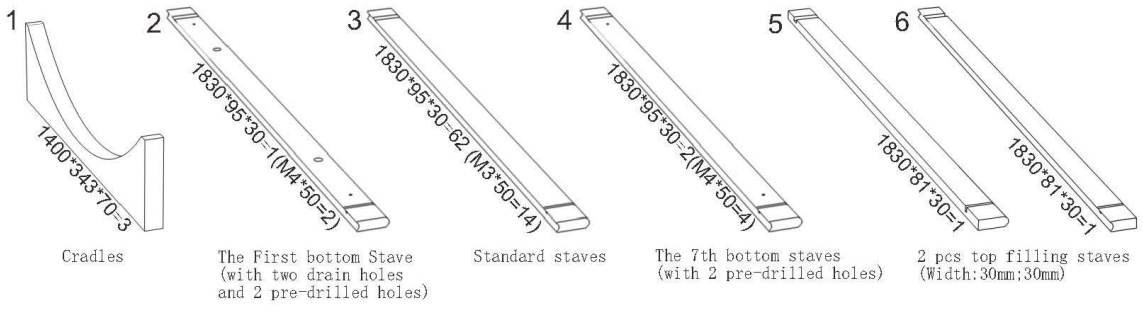
# Components

## GDI-B024-01 (SJ-8254)



**\*The above assembly diagram is for a quick reference visual guide only. All sauna models may not be shown. Parts and accessories do vary and are subject to change.**

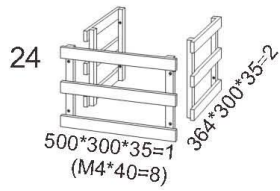
# GDI-B024-01 (SJ-8254) - continued



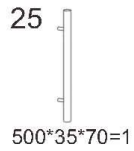
**\*The above assembly diagram is for a quick reference visual guide only. All sauna models may not be shown. Parts and accessories do vary and are subject to change.**



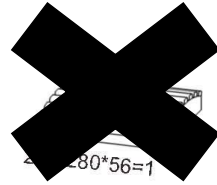
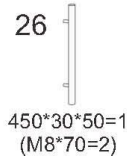
# GDI-B024-01 (SJ-8254) - continued



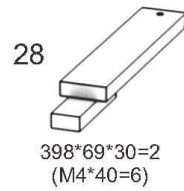
Stove guard



Door handle



Pillow



Bench support wood



Rain cover



Hole metal cover



Spacer



Nut



Plastic cover



Plastic cover



M3\*50  
Stainless  
steel  
Nail



M11\*11  
Pushpin



M3\*25  
Stainless  
steel  
screw



M4\*40  
Stainless  
steel  
screw



M4\*50  
Stainless  
steel  
screw



M5\*50  
Stainless  
steel  
screw



\*3  
Shaft



M8\*70  
Stainless  
steel  
screw



Screw driver



Leveler



Hammer



Thermometer



Bucket



Spoon



Sandglass

**\*The above assembly diagram is for a quick reference visual guide only. All sauna models may not be shown. Parts and accessories do vary and are subject to change.**

Each Barrel Sauna will need between 66-68 staves plus 1 set of the staves (narrow) for assembly. You will end up with some extra staves (wide) and some extra staves (narrow). The rain cover is an optional accessory.



**Stave (wide)**



**Stave (narrow set)**

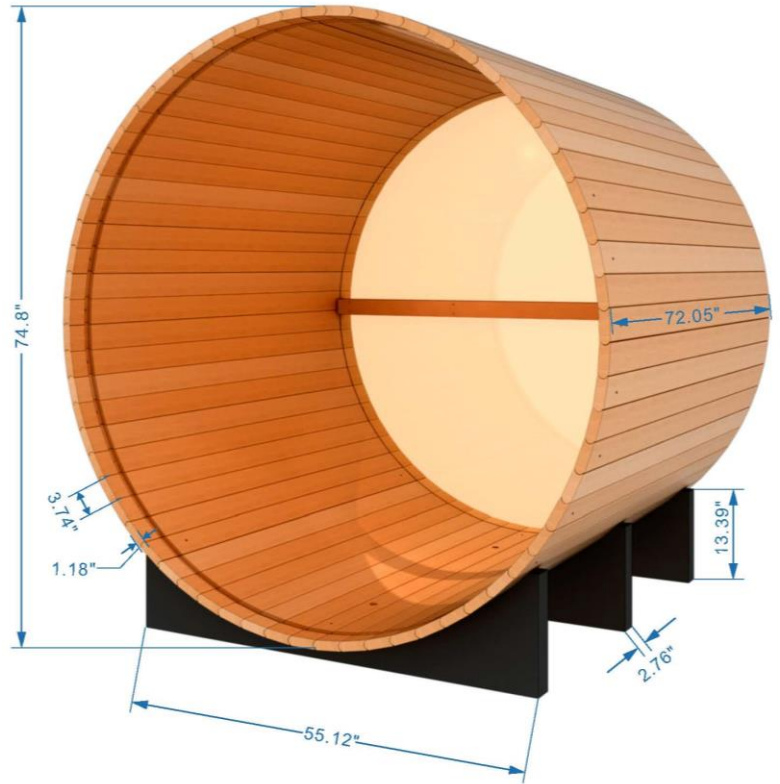
### **What's Needed:**

**3 Adults**  
**Claw Hammer**  
**Ladder**  
**Rope (optional)**

**Phillips Screwdriver (battery operated recommended)**  
**17MM Wrench**  
**Sandpaper and 1/4" drill bit (optional)**

# Basic Dimensions

**GDI-B024-01 (SJ-8254)**  
**4-Person Model**



# Assembly Instructions

## 1. Place Bottom Support Cradles

Place the bottom support cradles at their desired locations. See figure 1. Determine where the front and rear cradles will be positioned. The GDI-B024-01 model will have (3) support cradles. See figure 1a. The end support cradles will have a sticker indicating where the first stave will screw to the cradle. To avoid damaging your floor, it is not recommended to move the sauna once it is assembled. If the unit is moved, please do so carefully and cautiously.

- a. Make sure there is a power outlet within reach of the power cord before assembling the barrel sauna. The light will require a 120V/15AMP outlet.
- b. Make sure to position the front door in the correct direction.

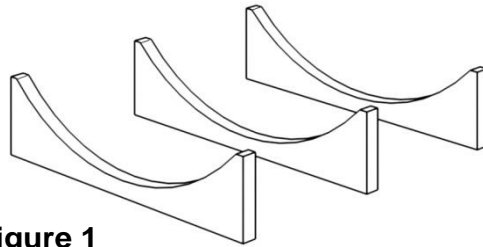


figure 1

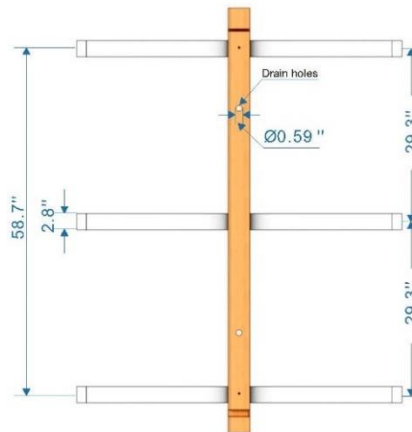
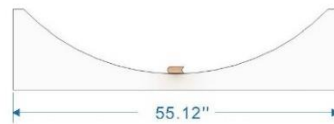
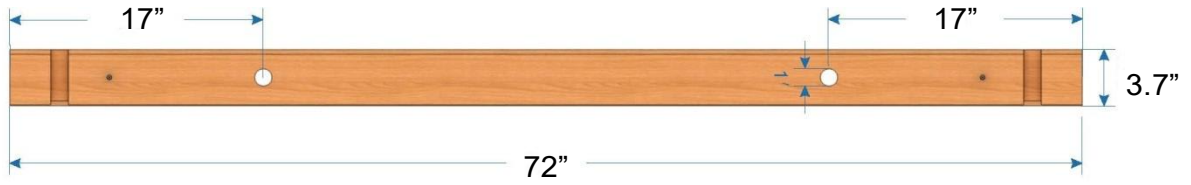


figure 1a

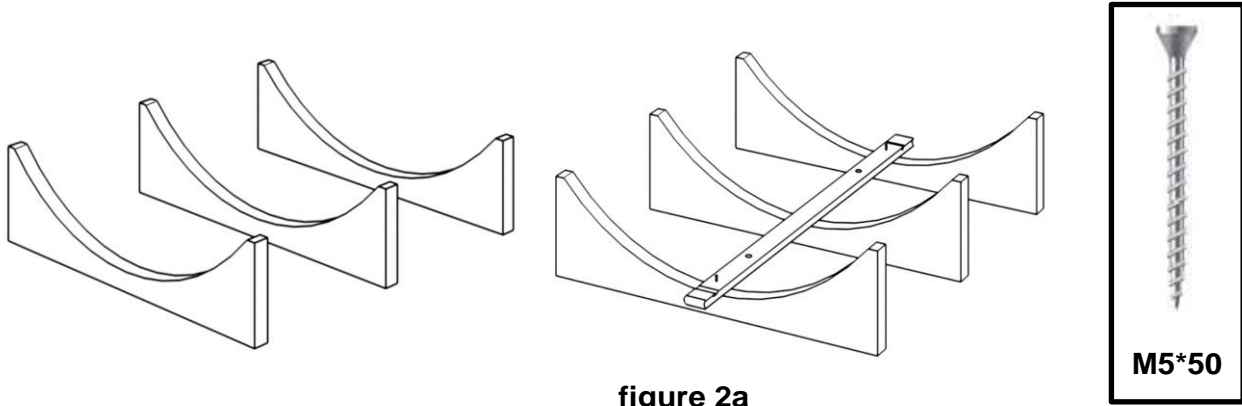


## 2. Fix Bottom Support Cradles

Locate the three staves with pre-drilled holes at both ends. The first stave will have the drain holes. Place the first of the three staves (the one with the drain holes) on top of the support cradles. Once the stave is placed into position onto the support cradles, you can use the provided two M5\*50 screws to mount the stave to the support cradles. See the Components Section on page 5-6 for screw descriptions. Put the other two staves with the pre-drilled holes aside for now. See figure 2 and 2a.



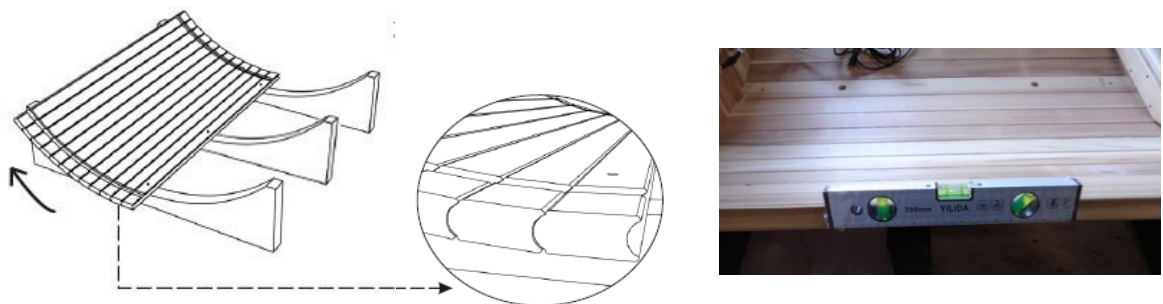
**figure 2**



**figure 2a**

**3. Place Staves On Support Cradles**

Align the two ends of the staves. Carefully and accurately place them into the clamping staves. Use the leveler to make sure that each staff is placed level and straight. Do not allow excessive gaps in between the staves. See figure 3.



**figure 3**

**4. Place Bottom Support Cradles**

According to step 3, arrange the staves on the left side in sequence. Do the same with the right side. Again, make sure that each staff is level by using the leveler and

rubber mallet. Keep the staves snug and tight. The two staves with the **pre-drilled holes will be the 7<sup>th</sup> staves** (not counting the first installed stave) on the right and left. **These two staves will need to be screwed down to the support cradles.** Use the provided M5\*50 screws to attached these staves to the support cradles. **Do not use nails/screws on any staves you just installed except for the first three.** See figure 4.

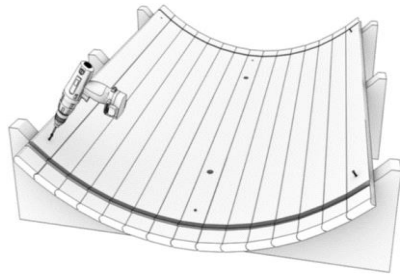
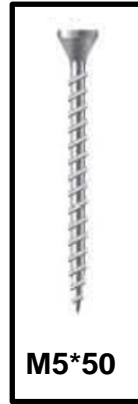


figure 4



M5\*50

### 5. Installing Front Wall Panel and Bottom Half of the Acrylic Rear Wall

First, locate the three pieces of the front wall panel. See figure 5. Use the provided screws to attached the front wall panel together. Next, two adults will need to lift the front wall panel up and into the groove on the staves. Use the leveler to make sure that the front wall is level after installing onto the staves.. One adult will need to continue to hold the front wall panel in place. Next, two adults will need to install the bottom half of the acrylic rear wall. The bottom half of the acrylic rear wall will need to sit in the groove on the stave just like the front wall panel. Make sure that the bottom half of the acrylic rear panel is positioned in the groove equally and use the leveler to make sure the acrylic rear panel is level after installing into the staves.. Next, you will need to use two of the staves to hold both the front wall panel and bottom half of the acrylic rear wall in place. You can now add the remaining staves as seen in figure 5b.

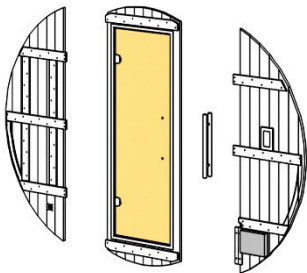


figure 5

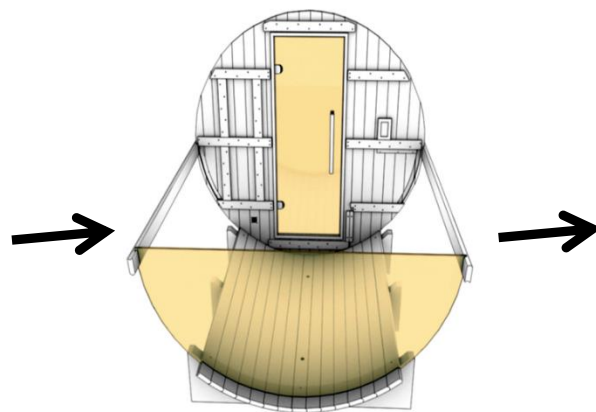


figure 5a

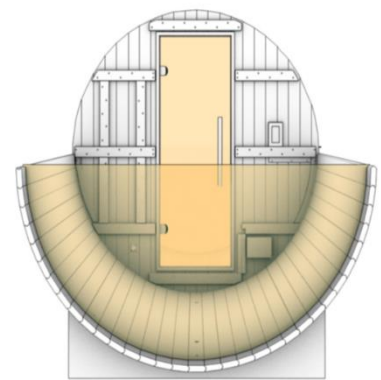


figure 5b

## 6. Continuing to Install Bottom Half of Acrylic Rear Panel

You will need to locate the two wood planks that are used to connect the bottom and top acrylic rear wall sections. Use the provided screws to attach the two horizontal wood planks to each other (one on the interior and one on the exterior) through the acrylic rear wall lower section. Also, screw the exterior horizontal wood plank to the applicable stave. Be sure not to over tighten the screws. Only install the bottom screws. See figure 6.

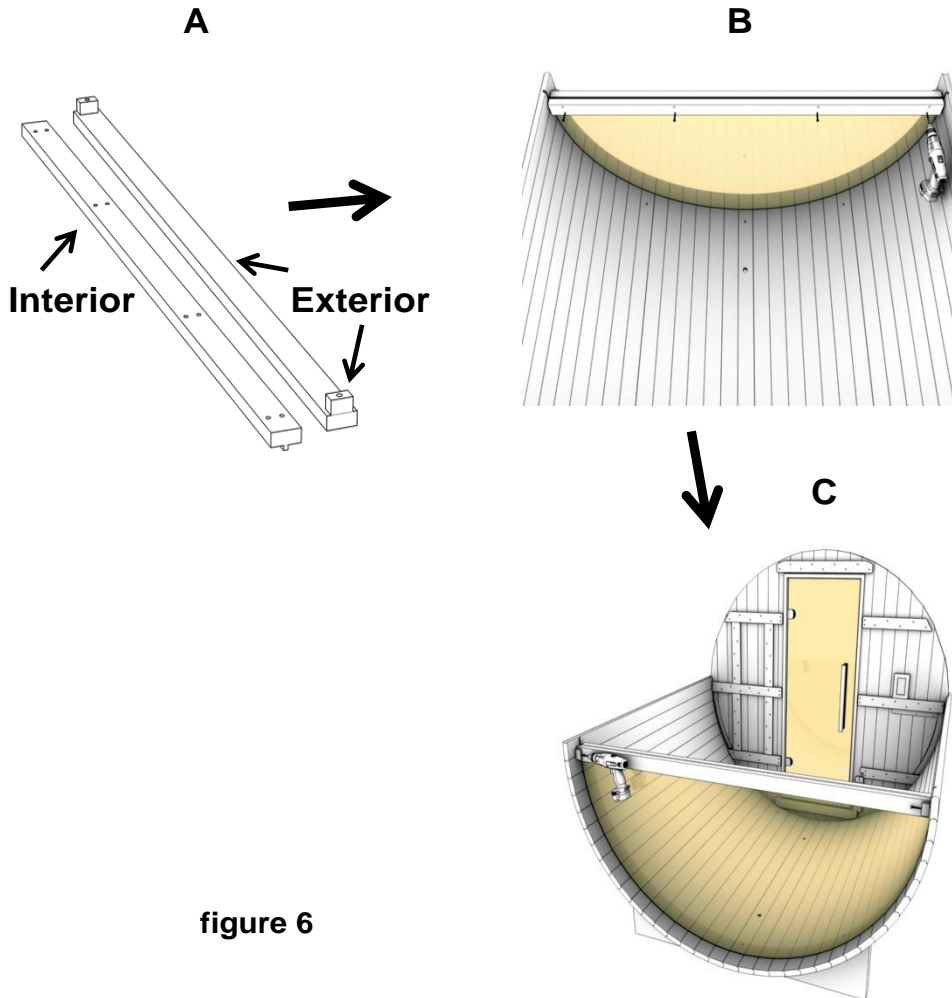


figure 6

## 7. Placing Top Half of Acrylic Rear Panel

The top half of the acrylic rear wall will need to be lifted up and placed between the two wood planks which were installed in section 6. Use one of the staves to hold the acrylic rear panel to the front wall panel at the top. **One adult will need to continue to hold the top half of the acrylic rear panel to keep it in place.** Use the provided screws to attach the horizontal wood planks to the top half of the acrylic rear panel as was done to the bottom half of the acrylic rear panel. Be sure not to over tighten the screws. See figure 7 and figure 7a.

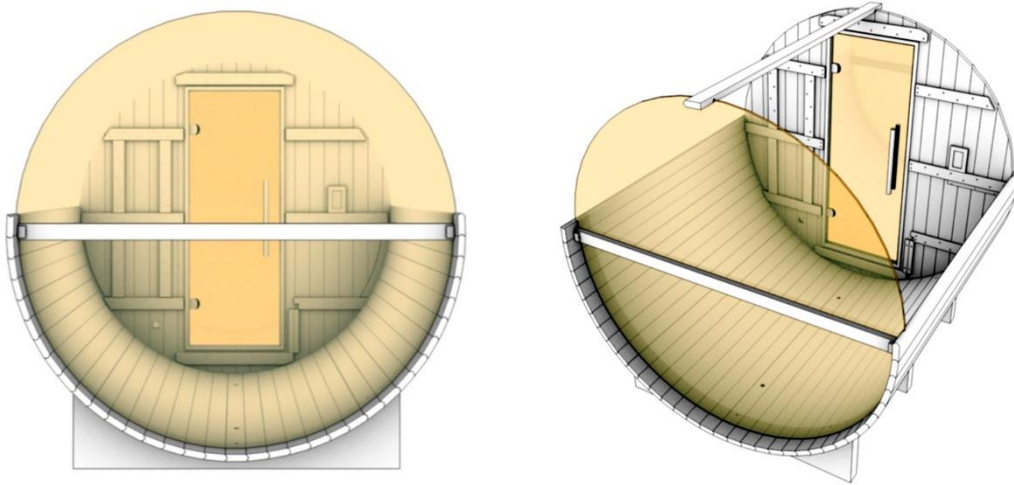


figure 7

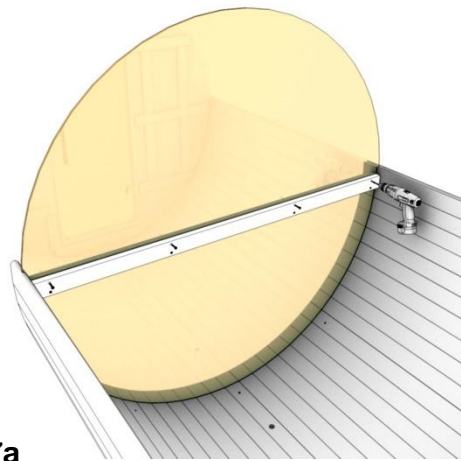


figure 7a

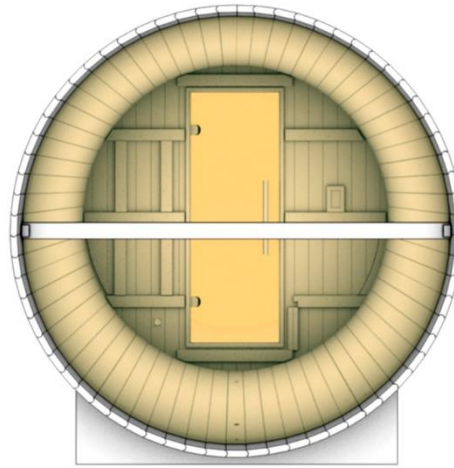
## 8. Install the Staves

Continue to install and align the two ends of the staves onto the front wall panel and acrylic rear wall working your way upward. Carefully and accurately place them onto the front wall panel and acrylic rear wall. Use the leveler and mallet to make sure that each stave is placed level and straight. Do not allow excessive gaps in between the staves. Attach the stave using the provided stainless steel nails (on the front wall only) from the exterior starting from the 9<sup>th</sup> stave (not counting the first installed stave) in **every other** stave through the 21<sup>st</sup> stave. **From the 21<sup>st</sup> stave, do not nail in any additional staves.** The nails are used to mount and keep the staves aligned and straight. See figure 8.



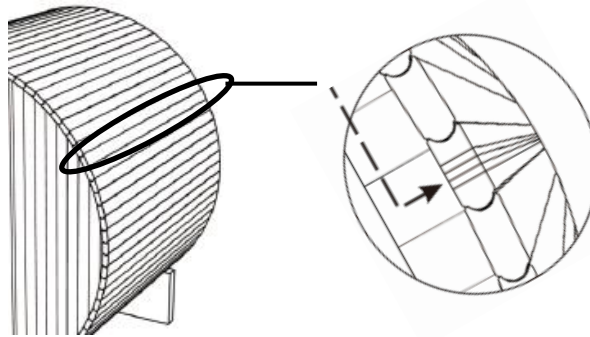
**Use stainless steel nails  
at every other stave**

**figure 8**



### 9. Install Staves

After reaching the 21<sup>th</sup> stave on the right side (when standing and facing the front door of the barrel sauna), you can stop on the right side and continue to install the staves from the left side until you have almost reached the right side. **From the 21<sup>st</sup> stave, be sure not to nail in any additional staves.** If necessary (optional), you may use a rope or strap to tie around the barrel while placing the remaining staves in place so that they do not fall out. Do not nail in any nails into these staves that will fit next to the stave pieces (**these are the various thinner/skinny staves**). You will want to leave space to install the thinner staves which you received in five pieces. Carefully fit the pieces into the left over space being very careful not to break the thinner stave pieces. You do not need to use all five pieces. See figure 9.

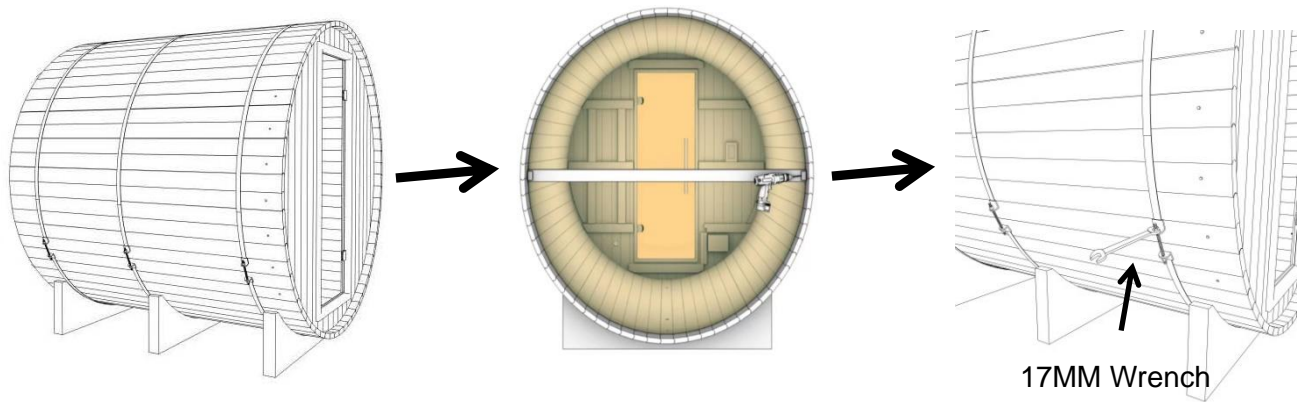


**figure 9**

The last stave is cut into several pieces to fit into the last space.

### 10. Install Stainless Steel Bands

Use the stainless steel bands to fasten the barrel sauna together. You will align the outer stainless steel bands with the inside of the front and rear support cradles. Install the stainless steel bands first, but do not tighten the bolts all the way at this time (stainless steel bands should be loose). Use a 17MM wrench (you may need two wrenches) to tighten the bolts on the stainless steel bands. Be sure not to over tighten. Please note that you will need to check the tightness of the stainless steel bands every 6-12 months. See figure 10.

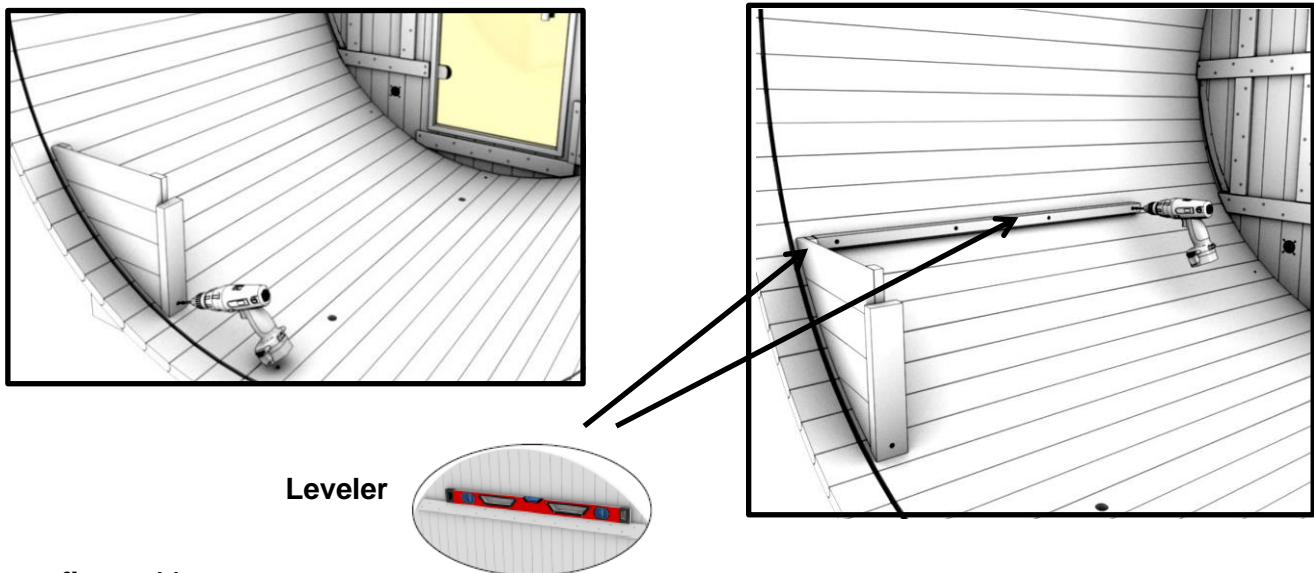


**figure 10** Attention: The joint position of the stainless steel band should be near the top and to the inside of the support cradles.

**Be sure to inspect the tightness of the stainless steel bands every 4-6 months to minimize small gaps. If the stainless steel bands become loose, use the 17mm wrench to tighten.**

### 11. Install Right Side Bench Support Panels and Short Bench Back Wood Plank

Start with the right side (side which the heater will be mounted on). You will need to locate the bench support panel. Please note that the bench support panels are not interchangeable. Use a Phillips screwdriver (power screwdriver will save time) and the provided screws to mount the bench support panel to the wood stave next to the acrylic rear panel. See figure 11. Next, locate the short bench back wood plank. Use the leveler to make sure the short bench back wood plank is level with the bench support panel before using the provided screws to mount it to the staves. Once installed, the top of the bench support panel should be flush with the short bench back wood plank. See figure 11a. Now you can locate the other bench support panel and install it like the first one was installed. See figure 11b.



**figure 11**



figure 11a

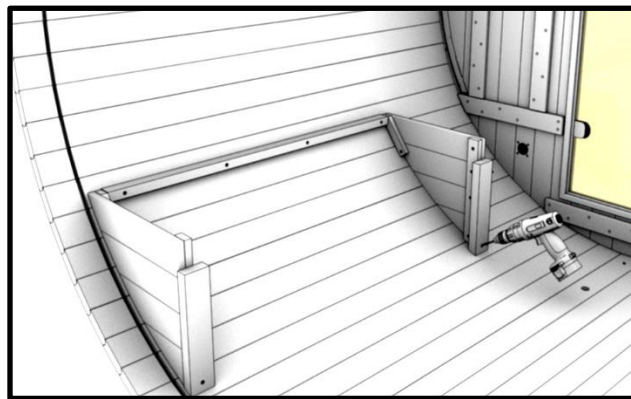


figure 11b

## 12. Install Short Bench Front Wood Plank, Bench Support Wood, and Short Bench

Locate the short bench front wood plank, the bench support wood, and the bench. First, use the provide screws and mount the short bench front wood plank to the short bench supports. Then use the provided screws to mount the bench support wood to the short bench front wood plank at the middle. See figure 12. The short bench can now be installed on top. Use the provided screws to secure in place. See figure 12a

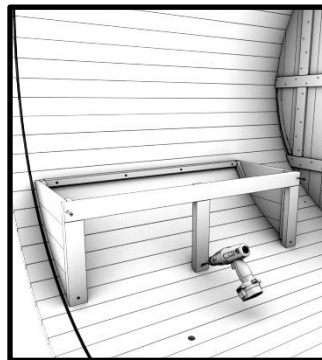


figure 12



figure 12a

### 13. Install Wood Cover for Right Side Light Wire and Short Backrest with Accent Light

Locate the wood cover for right side light wire and short backrest with accent light. Install the wood cover for right side light wire with the provided screws as seen in figure 13. Next, install the short backrest with accent light using the provided screws. Be sure to connect the cord for the lights to receive power. See figure 13a and 13b.

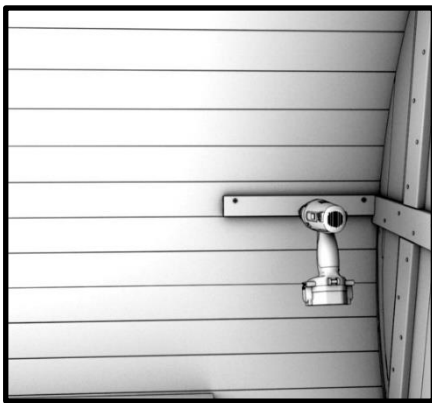


figure 13

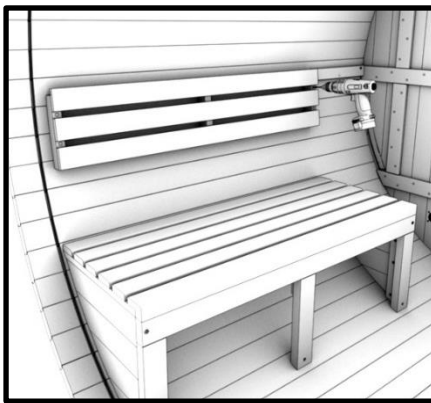


figure 13a

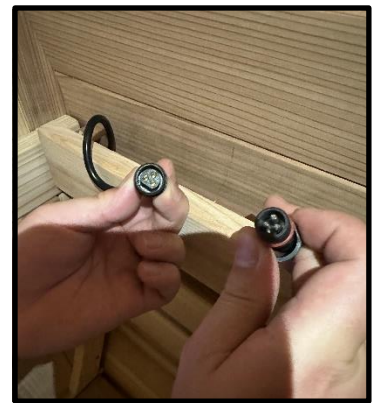


figure 13b

You will need to follow steps 13a through 13b and below (**note: for the left side, the long bench back wood plank will need to be installed before the left side bench support panel**) for installing the **Left Side Bench Support Panels, Long Bench Back Wood Plank, Long Bench Front Wood Plank, Bench Support Wood, Long Bench, and Long Backrest with Accent Light**. See figure 13c, 13d, 13e, and 13f.

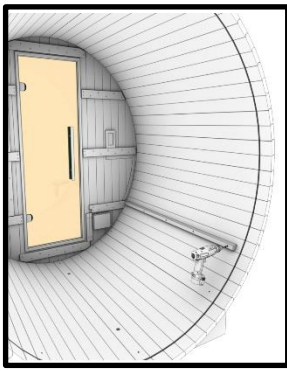


figure 13c



figure 13d



figure 13e



figure 13f

The cord for the lights will need to be connected to a 120V 15AMP outlet. See figure 13g

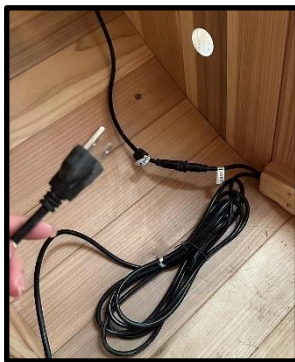


figure 13g

#### 14. Install Stove Guard

The heater guard will be installed on the right side of the interior front wall panel. First, locate the parts of the stove guard. Use the provided screws to mount the three sections of the stove guard together as seen in figure 14. Proceed to use the provided screws to mount the stove guard to the inside of the front wall panel as seen in figure 14a and 14b.

The stove wood guard has to be installed because it serves as protection around the stove. **The stove must be installed by a certified electrician per the manufacturer's manual. Follow all of the stove's manufacturer's instructions when installing the stove. Please note that the certified electrician will need run the power line for the stove.**

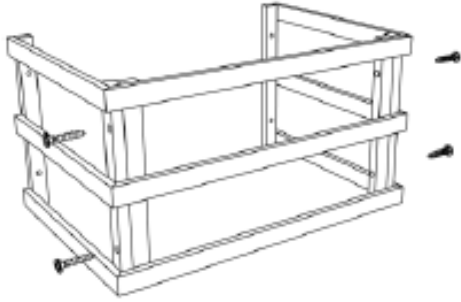


figure 14

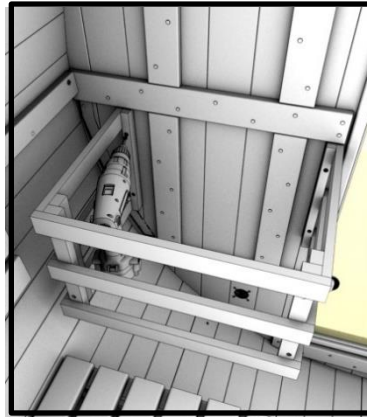


figure 14a

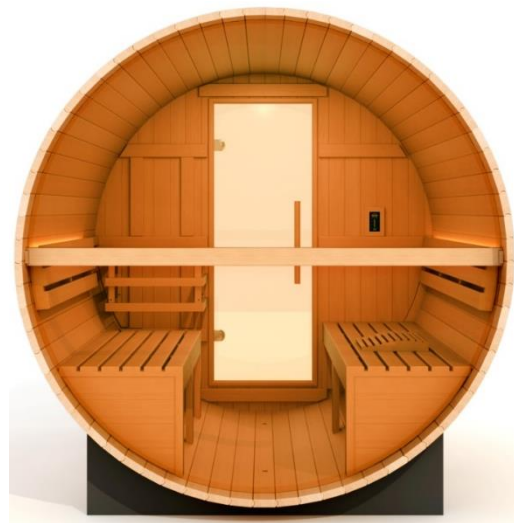
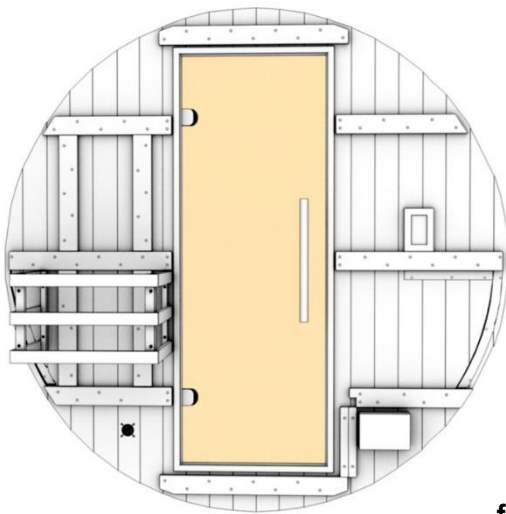


figure 14b

### 18. Install Roof Rain Cover (Optional)

You have the option of installing the barrel sauna under a covered structure or out in the open. If you install the barrel sauna under a covered structure where it will not be affected by the weather elements, then it is optional to install the rain cover. If the barrel sauna is installed in an open area leaving it exposed to the weather elements, then you may experience some moisture seeping into the cabin. This will not hurt the cabin or heater. But if you wish to not experience this, you may want to install the rain cover.

To install the rain cover, locate the rain cover. Spread the rain cover over the top of the barrel sauna. The rain cover should droop about two thirds downward on the barrel sauna. Be sure to pull the rain cover tightly around the perimeter of the barrel sauna making sure it is smooth and flat. Next and toward the edges, fold the edges of the rain cover and use the

provided (7) rain cover pushpins for each side to secure the rain cover at the front and rear of the sauna barrel. The remaining (8) rain cover pushpins are to be used to secure the horizontal edges for each side. See figure 15.

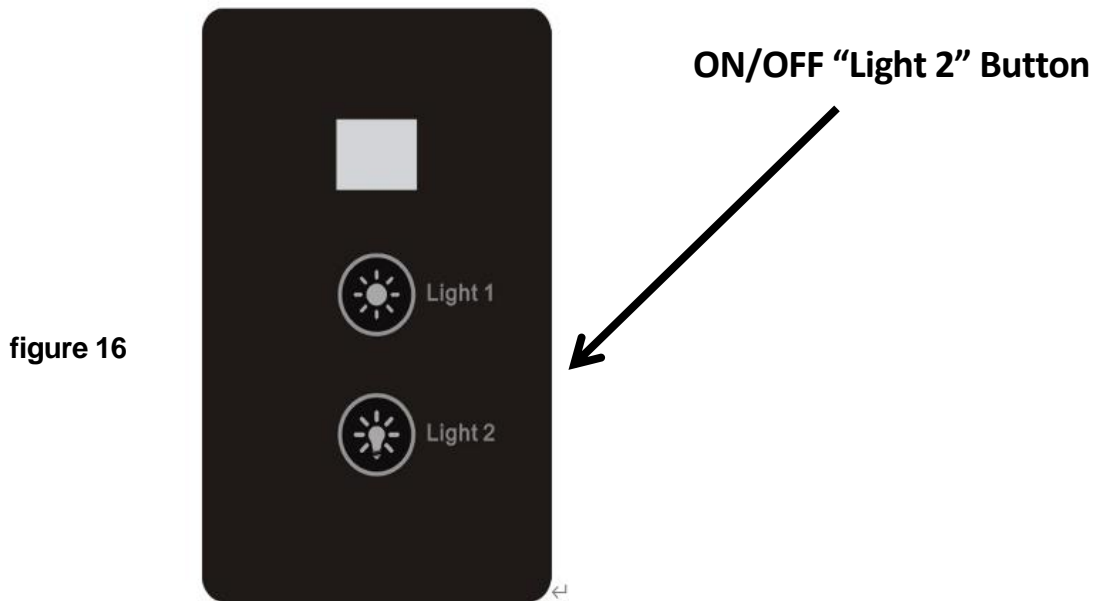


**figure 15**

**ASSEMBLY COMPLETE**

## Using the Barrel Sauna

1. When entering the sauna, you can turn ON the light by pressing the “Light 2” button. Please note that the “Light 1” button has not function on this model barrel sauna. See figure 17.
2. Set the stove to the desired temperature, usually between 150°F - 180°F. If you are a beginner, then you would want to start at the lower temperature and gradually work your way up. Follow all stove instructions for stove usage.
3. It is best to remove all clothing before taking a sauna. Swimsuits can be worn if need be. It is recommend not to wear eyeglasses, contact lenses, jewelry, etc.
4. The sauna session can be 5 minutes to 15 minutes. **Make sure to stay hydrated with plenty of water.**
5. Cool down for about 10 minutes to 20 minutes before showing.



**\*Sauna models do vary and may not be shown. Parts and accessories do vary and are subject to change.**



## Tips for using Your Sauna

- 1) If you take a hot/warm shower or bath before using your sauna, you may perspire more and experience more comfort.
- 2) Drink water prior to, during, and after your sauna session to replenish body fluids.
- 3) The ventilation vent is installed on the sauna and should never be obstructed.
- 4) You can use 2 towels during your sauna session. Fold one of the towels several times and place it on the bench. This towel will absorb some of your perspiration while adding comfort as you sit on the bench. Use a second towel to wipe perspiration from your body from time to time.
- 5) This is a non-commercial sauna. For every four hours ON, the sauna must be turned OFF for one hour to cool down.
- 6) At the first sign of a cold or flu, increasing your sauna sessions may be beneficial in boosting your immune system and decreasing the reproductive rate of viruses.
- 7) To help relieve sore and tense muscles, massage the affected areas during your sauna session.
- 8) The peaceful and relaxed state rendered by a sauna session may help you to sleep easier and deeper.
- 9) To protect the user from coming into contact with the heater, be sure to install the heater wood guard.
- 10) After the sauna session is over, do not jump into the shower or bath immediately. Because your body was heated up during the sauna session, it will continue to perspire even after you exit the sauna room. Sit in the sauna with the door open slightly and let your body cool down. Once your body has cooled down and you feel comfortable, you can exit the sauna. After about twenty minutes and when your body has completely cooled down, you can take a shower to rinse the perspiration off your body.
- 11) To avoid a hazard, do clean the sauna floor of all perspiration and debris after each sauna session.

## Safety Instructions

- 1.) Read and follow all instructions carefully before using the sauna.
- 2.) When installing and using the electrical equipment, safety precautions should always be followed.
- 3.) To reduce the risk of injury, do not allow children to use the sauna unless they are directed by a medical doctor and are closely supervised at all times by an adult.
- 4.) Do not use the sauna immediately following strenuous exercises. Wait at least 30 minutes to allow the body to cool down completely.

- 5.) Pregnant or possibly pregnant women should contact their physician prior to using the sauna. Excessive temperature has a high potential for causing fetal damage during pregnancy.
- 6.) **Hyperthermia Danger:** the normal body temperature can't rise above 39°C (103°F). Symptoms of excessive hyperthermia include dizziness, lethargy, drowsiness, and fainting. The effects of excessive hyperthermia may include failure to perceive heat, physical inability to exit sauna, unawareness of impending hazard, unconsciousness and fetal damage in pregnant women. Hyperthermia could make your body's core temperature rise. Setting desired temperature to an excessively high temperature is not recommended.
- 7.) The use of alcohol, drugs, or medications prior to or during the sauna session may lead to unconsciousness and/or other harmful physical injuries.
- 8.) Persons suffering from obesity or with a medical history of heart disease, low or high blood pressure, circulatory system problems, or diabetes should consult a physician prior to using the sauna.
- 9.) Persons using medications should consult a physician before using the sauna. Some medications may induce drowsiness while others may affect the heart rate, blood pressure, and/or blood circulation.
- 10) Exercise care before and after sauna use.
- 11) Never sleep inside the sauna.
- 12) Do not use any type of cleaning agents on the interior of the sauna. Only wipe down with a cloth and water.
- 13) Do not stack or store any object on top or inside the sauna.
- 14) If the heater cord becomes damaged, it must be replaced immediately by a certified electrician. If you find the power cord is too hot or that the electrical equipment may be experiencing technical problems, please contact the manufacturer of the heater or its agent immediately to avoid hazardous conditions.
- 15) Do not use the sauna during an electrical storm to avoid risk of shock.
- 16) Do not touch the glass door hinges during sauna use as they become very hot to the touch.
- 17) Your hands must be dry and free of moisture before plugging and unplugging cords and wiring harnesses. Never operate the sauna with wet hands or wet feet to avoid risk of electric shock. Never touch the metal prongs of the plug.
- 18) Do not attempt to make any repairs yourself without contacting the manufacturer first. If a problem occurs with the sauna, please contact seller, distributor, or the manufacturer to avoid safety risks. Unauthorized repair

attempts will void the manufacturer's warranty.

- 19) Please make sure the supplied power meets the specifications required. Failure to meet the requirements may cause safety risks.
- 20) Do not attempt to touch any electrical parts or make repairs on your own when using the sauna.
- 21) Do not bump, hit, or break the heater as it may cause an electrical short and pose a safety risk.
- 22) Do not make any modifications to the sauna, the sauna structure, or the sauna components.
- 23) Prior to each sauna session, the sauna room is to be inspected for correct operation. If for any reason your sauna room does not seem to be operating properly, discontinue use and contact the manufacturer.

## Safeguards For Your Sauna

1. Do not install the sauna near an open water source.
2. Do not use liquid cleaners or aerosol cleansers inside the sauna. Make sure the power source is off before cleaning. Use plain water and a soft cloth for cleaning.
3. The power cord should be routed so that it is not walked on or pinched by any object that may be placed against it.
4. When replacement parts are required, be sure they meet the specified requirements of the manufacturer. Unauthorized substitutes may result in fire, electric shock, or other hazardous conditions. After any repairs, please ask the service technician to perform safety checks to determine that your sauna is working properly.
5. Do not use any wall receptacle adapter or extension cords. The heater must be hardwired by a certified electrician. Make sure the electrical cord is not crushed or pinched.
6. For sauna rooms with exterior wood finishes, you will need to maintain the exterior finish. **Never use stain on the interior of the sauna as it must remain all natural.** Consult the stain manufacturer for any off-gassing concerns. Please note that the cedar wood does start turning grey after approximately 1 – 2 years if the wood is not maintained with a UV protectant.
7. To clean the interior, you can vacuum and sweep down the floors. Use water and a non-toxic cleaner with a damp cloth to wipe down the entire sauna including the benches and walls. For cleaning the heater and stones, please refer to the manufacturer's instructions. Improper use or placement of stones within the heater can result in improper performance of the heater and hazardous conditions. Please

note that the heater must be OFF and covered when cleaning the interior of the sauna so not to damage any of the components of the heater, especially if you hose down the interior of the barrel sauna.

8. Check the stainless steel bands from time-to-time as they may need to be tightened due to the wood swelling and contracting.

## Troubleshooting

### Glass Door Adjustment

1. To adjust the glass door, you will need two people and a few sheets of cardboard. One person will be on the outside of the glass door and the other person on the inside. The person on the inside will need the applicable sized Allen wrench to loosen the screws (a few turns only) on the glass door while the door is slightly opened. Next, the person on the outside of the glass door will push the glass door shut with the cardboard sheets placed vertically and horizontally between the glass door and door jamb. See the images below. Once the glass door is shut completely, the person on the inside will need to tighten the screws. Be sure the screws are tight so the glass door does not slip out of alignment again. Then you can open the door and remove the cardboard sheets. The glass door should now open and close properly.



Loosen the screws slightly



Cardboard placed vertically & horizontally between glass door and door jamb

2. For any troubleshooting issues with the stove, please contact the stove manufacturer directly.

## Limited Lifetime Warranty

**\*Limited Lifetime Warranty:** Golden Designs, Inc. warrants the sauna room against defects in material and workmanship for the life of the product from the original date of purchase. **The sauna is for indoor use or outdoor use depending on the model. When placed outdoors, a water proof cover or the sauna shingle roof may be installed to cover the sauna room for protection. Any damage due to direct exposure to outdoor weather elements such as rain, snow, sun, wind or extreme temperatures will not be covered by this warranty if your sauna was not designed to be directly in the weather elements. Any damages as a result of modifications made to the sauna or its components will void this warranty.**

**Extent of Warranty:** This limited warranty applies to products manufactured or distributed by Golden Designs, Inc. under the Golden Designs Inc. brand name, delivered in the contiguous United States or Canada and extends to the original purchaser at the original site of installation only. This warranty becomes valid at time of purchase and terminates either by specified time frame, owner transfer, or relocation. The warranty extends to the sauna room and excludes the heater as it is covered by its own manufacturer warranty. **Your sales receipt showing the date of purchase of the product is your proof of purchase.**

### Manufacturer Warranty

All Golden Designs, Inc. products are manufactured with the highest quality and are warranted to be free from defects in material and workmanship at the time of delivery. The warranty is extended through the manufacturer for the product including, but not limited to: sauna room, sauna control panel, and the connected wire harnesses. All exchanged parts and products replaced under this warranty will become the property of Golden Designs, Inc. Golden Designs, Inc. reserves the right to change for any part not covered under the existing warranty. Any parts determined to be defective must be returned to Golden Designs, Inc. at its discretion to obtain warranty service. You must prepay any shipping charges, export taxes, custom duties and taxes, or any other charges associated with the transportation of the parts. In addition, you are responsible for insuring any parts shipped or returned. You must present Golden Designs, Inc. with proof of purchase documents (including the date of purchase). Any evidence of alteration, erasing or forgery of proof of purchase documents will be cause to **VOID** this limited warranty. Products on which the serial number has been defaced or removed is not eligible for warranty service. The product warranty covers parts, but does not cover labor.

### Warranty Limitations

This warranty does not apply if the unit has been subject to full commercial use, negligence, alteration, modification, misuse, abuse, repairs by non-Golden Designs, Inc. authorized personnel, inappropriate installations, or any case beyond the control of Golden Designs, Inc. invalidating this warranty including but are not limited to:

- Improper use of lacquer or paints
- Sauna and other Golden Designs, Inc. products accessories placed on non-approved surfaces
- Outdoor applications not protected safely from outdoor weather elements, including the glass door

- Normal wear and tear or weathering
- Use of product not in accordance with instructions
- Improper use of the sauna
- Moisture or water seepage

**Surface cracks are not considered defects in material or workmanship, as they are normal characteristics of all woods. This includes minor cracks due to wood expansion and contraction. Since the wood used in construction may have been kiln dried, a certain amount of expansion and contraction occurs in the wood in a sauna environment. Please note that water seepage will not hurt the wood and is a normal tendency of outdoor application. The water will usually dry quickly due to the heated environment. If you want to keep the sauna completely dry, you will need to install the barrel sauna under a covered structure.**

### **Disclaimers**

Golden Designs, Inc. shall not be liable for loss of use of sauna or other Golden Designs, Inc. products or other secondary or incidental or consequential costs, expense or damages - which may include the removal of permanent structures or other custom fixtures or the necessity for crane removal - arising directly or indirectly out of the use or inability to use the product. Any implied warranty shall have duration equal of the applicable warranty stated above. Under no circumstances shall Golden Designs, Inc. or any of its representatives be held liable for injury to any person or damage to any property, however arising. Specifications are subject to change without notice or obligation.

### **Legal Remedies**

This limited warranty gives you specific legal rights. You may have other rights, which may vary from state to state.

### **Customer Service**

For customer service, contact your authorized dealer. If you need additional information or assistance, please email Golden Designs, Inc. at [info@goldendesignsinc.com](mailto:info@goldendesignsinc.com) or call (909) 212-5555.

\*Limited Lifetime Warranty of Sauna Products is 5 years on wood structure (when properly maintained), control panel, and applicable control panel harnesses and lights from the date of purchase. Stove/heater is covered under its manufacturer's applicable warranty.

**WARRANTY CARD**

Congratulations on your purchase from Golden Designs, Inc. Please take the time to complete the following Warranty Card and mail it back to:

**Golden Designs, Inc.  
3550 Jurupa Street, Unit B  
Ontario, CA 91761**

Please include a copy of your sales receipt showing date of purchase as this will serve as proof of purchase.

**Warranty will be VOID if the following warranty card is not mailed back within 60 days of purchase date along with proof of purchase.**

**\*\*Serial number (S/N) is located on the sauna's front panel, rear panel, or on the carton.\*\***

DETACH HERE



**WARRANTY CARD**

All fields must be completed to validate the warranty.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Purchase Date: \_\_\_\_\_

Product Name: \_\_\_\_\_

Purchase From: \_\_\_\_\_

Serial Number: \_\_\_\_\_